# Pulse Sequences: EPG and Simulations

M229 Advanced Topics in MRI Holden H. Wu, Ph.D. 2018.04.24



#### Class Business

- Homework 1 due 4/26 Thu
- Homework 2 due 5/4 Fri
- Final project
  - start thinking
  - come to office hours
  - discussion on 4/26 Thu
  - proposal due 5/11 Fri (not graded)
- New website
  - http://mrrl.ucla.edu/pages/m229

#### Outline

- Multi-Pulse Experiments
- Extended Phase Graphs (EPG)

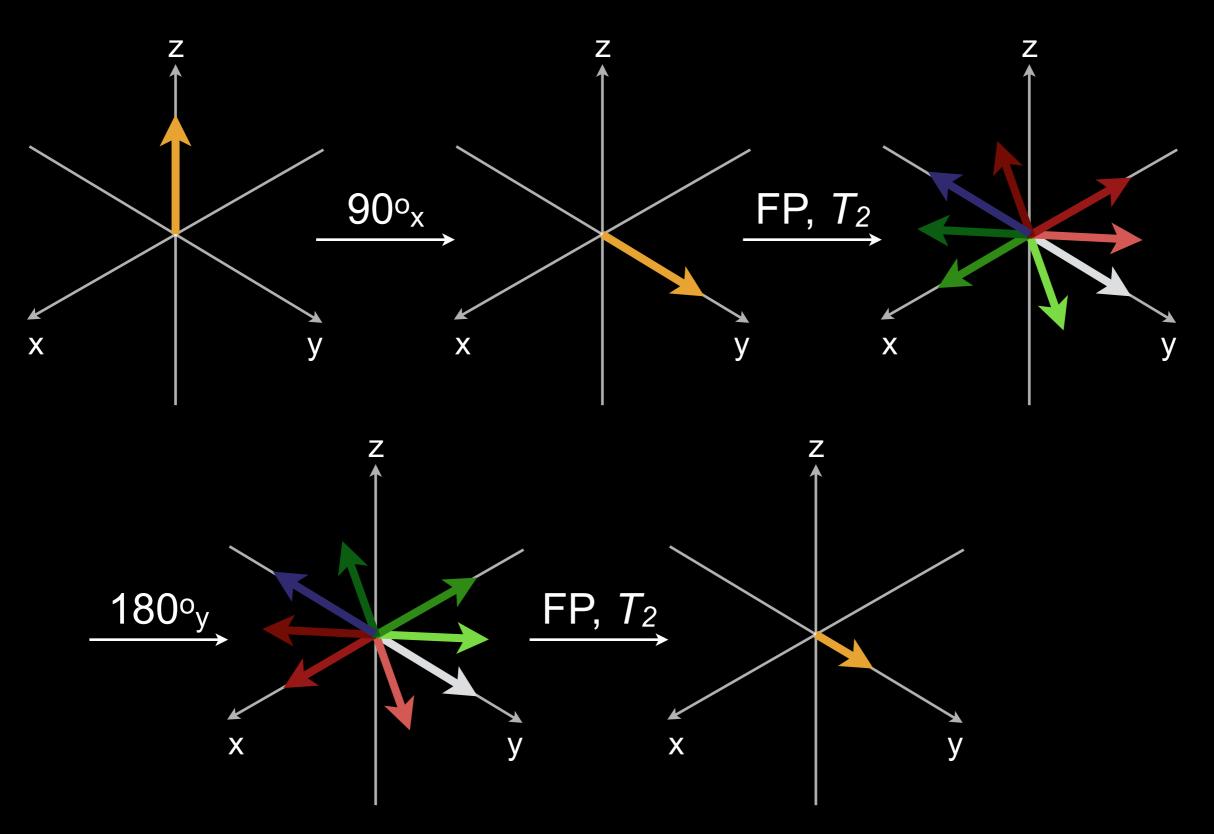
- EPG Simulations
  - Homework 2

Spin Bench Demo

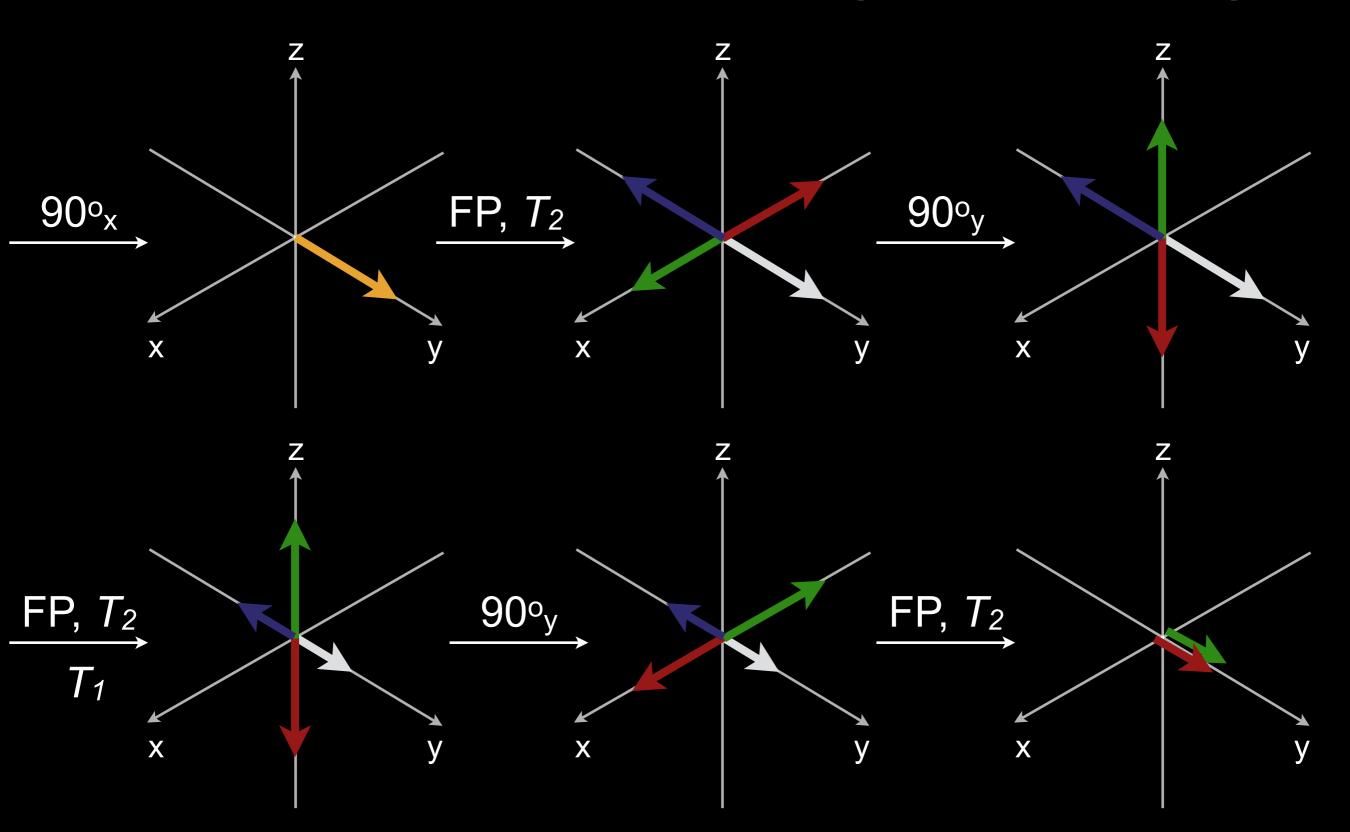
# Multi-Pulse Experiments

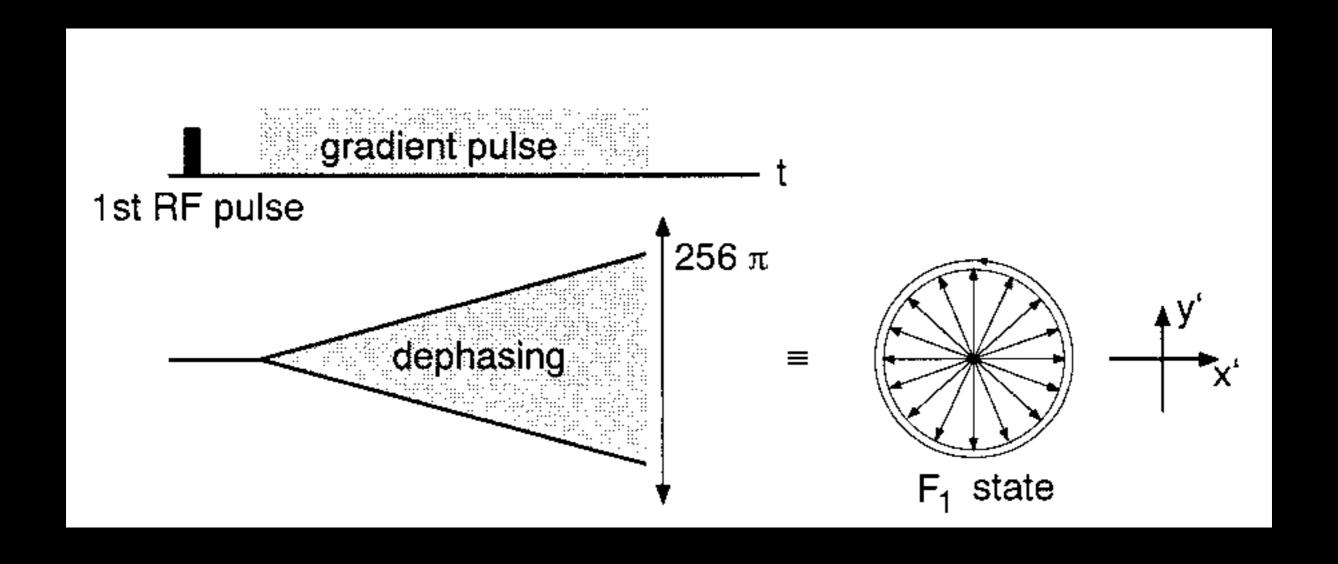
- Multiple RF pulses
  - always have echoes (many types)
  - do not need perfect 90°+180° to form SE, etc.
- Analysis
  - Bloch Equations
  - Extended Phase Graphs (EPG)

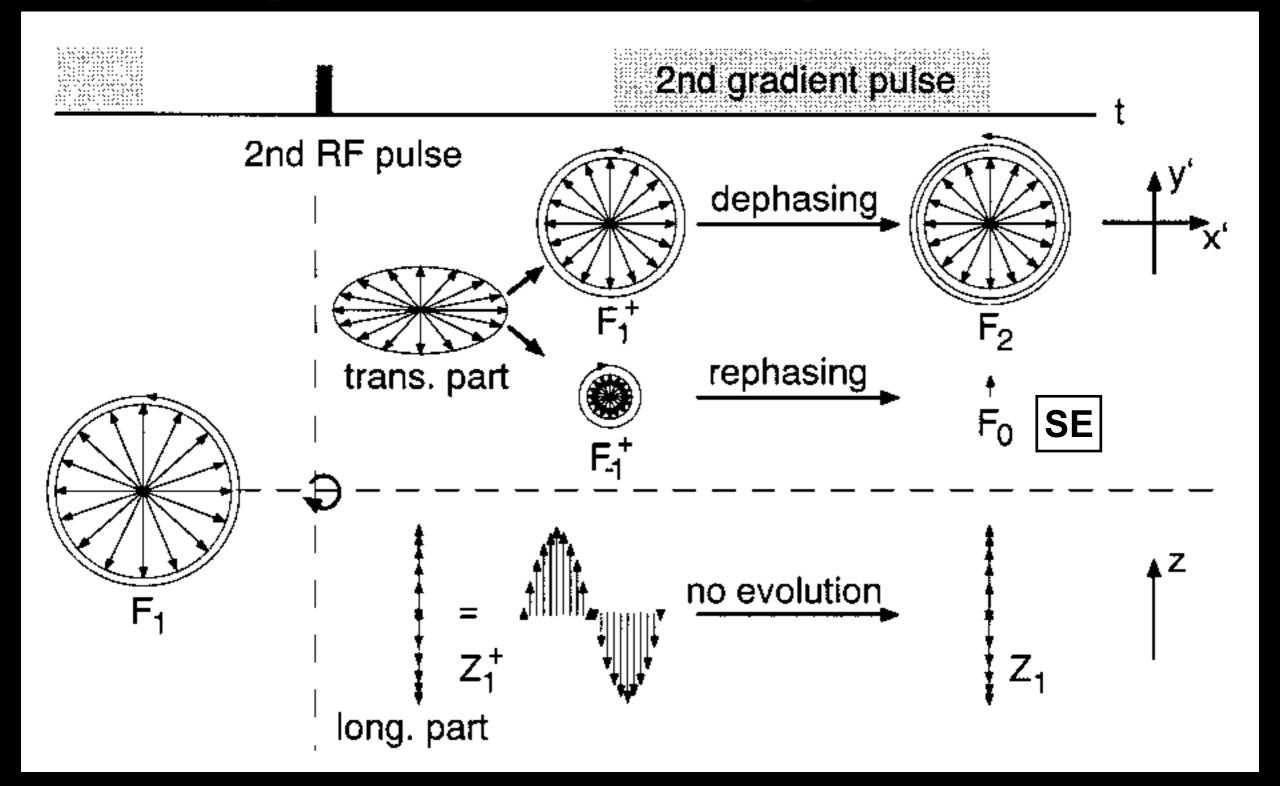
# Spin Echo (2 pulses)

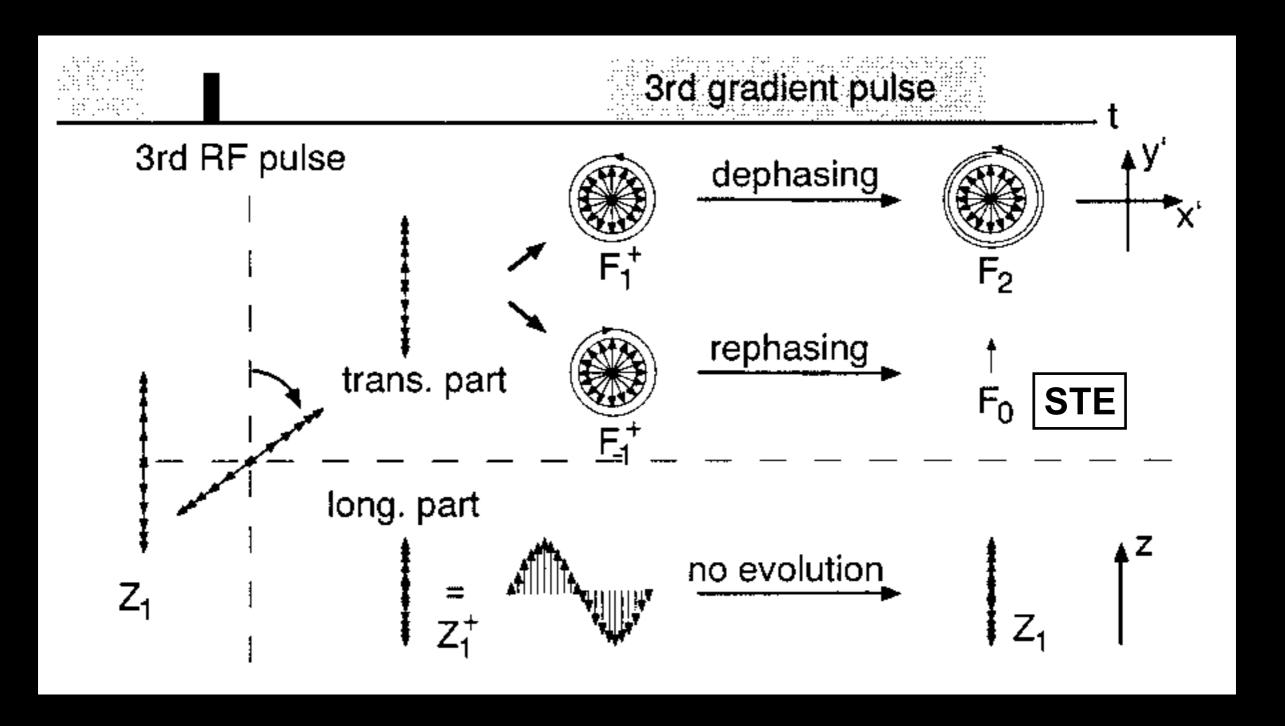


# Stimulated Echo (3 pulses)



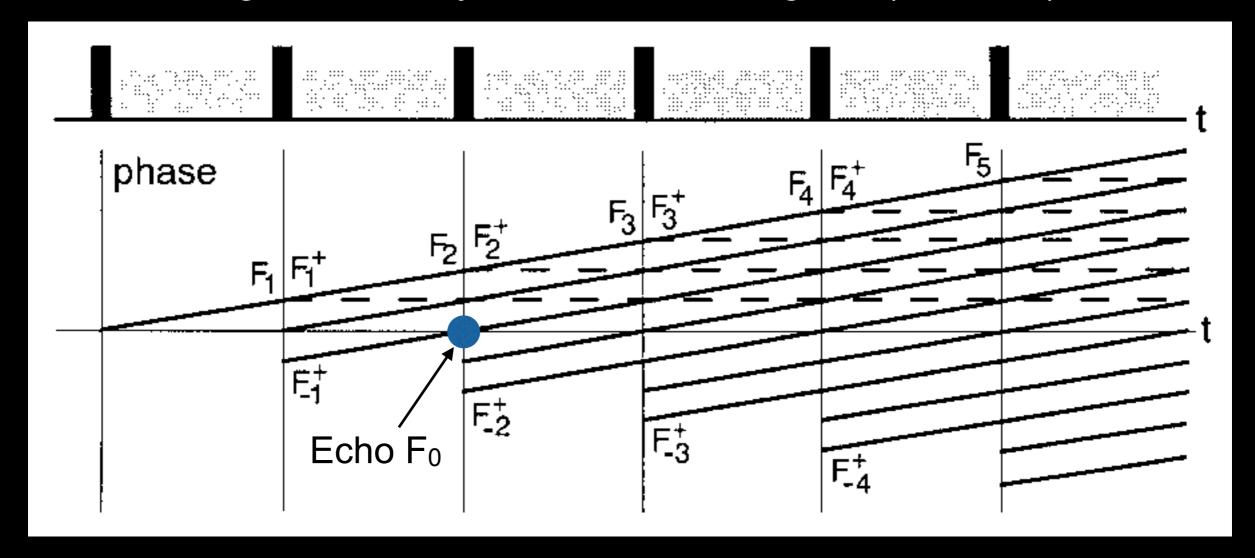






- RF pulses act on an ensemble of spins
  - $M_z$  to  $M_{xy}$
  - $M_{xy}$  to  $M_z$ ,  $M_{xy}$  and  $M_{xy}$ \*
- Transverse F states
  - $F = M_X + iM_y = F_{pos}$ ;  $F^* = M_X iM_y = F_{neg}$
- Longitudinal Z states

Signal Pathways on a Phase Diagram (i.e. EPG)



Z states appear as broken lines;  $F_0$  states are echoes

#### Extended Phase Graphs

- MR signal is a sum of all dephased spins
- Bloch equation
  - tracks evolution of magnetization for each spin
  - exact, but hard to visualize intuitively

#### EPG

- considers groups of spins under constant gradients
- decomposes the spin system into several dephased states:  $F_k$  and  $F_{-k}$ ;  $Z_k$

#### Extended Phase Graphs

Based on Fourier space coordinate k

$$k_n(t) = \gamma \int_{t'=0}^t G_n(t')dt' = \int_{t'=0}^t g_n(t')dt',$$

Magnetization represented by Fourier transforms

$$F_{+}(\mathbf{k}) = \int_{V} \{M_{x}(\mathbf{r}) + iM_{y}(\mathbf{r})\} \exp(-i\mathbf{k}\mathbf{r})d^{3}r,$$

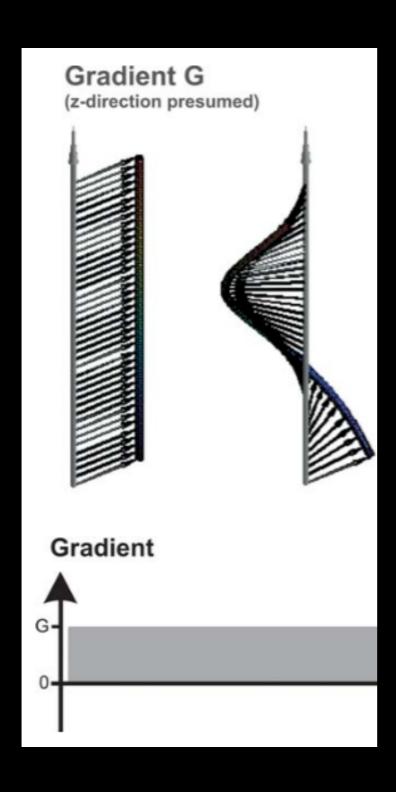
$$F_{-}(\mathbf{k}) = \int_{V} \{M_{x}(\mathbf{r}) - iM_{y}(\mathbf{r})\} \exp(-i\mathbf{k}\mathbf{r})d^{3}r,$$

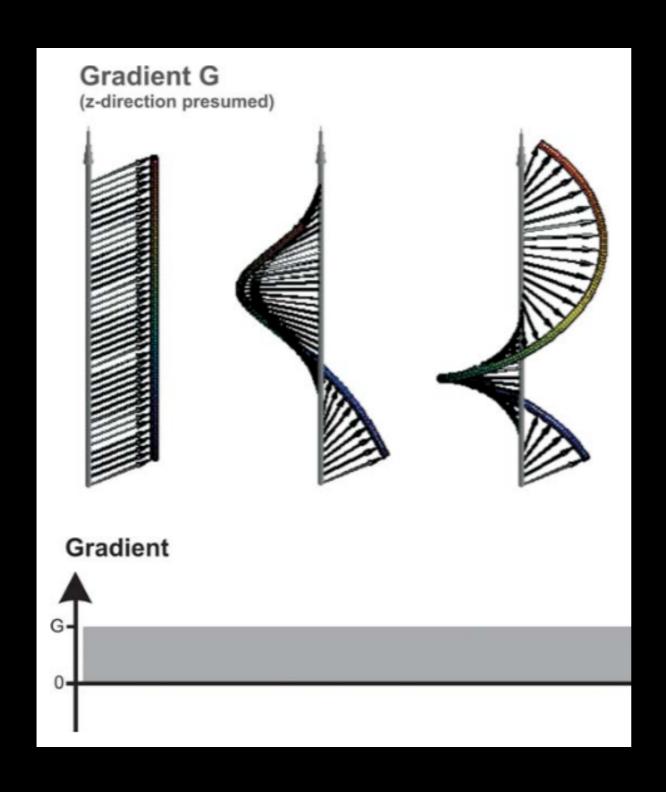
$$Z(\mathbf{k}) = \int_{V} M_{z}(\mathbf{r}) \exp(-i\mathbf{k}\mathbf{r})d^{3}r,$$

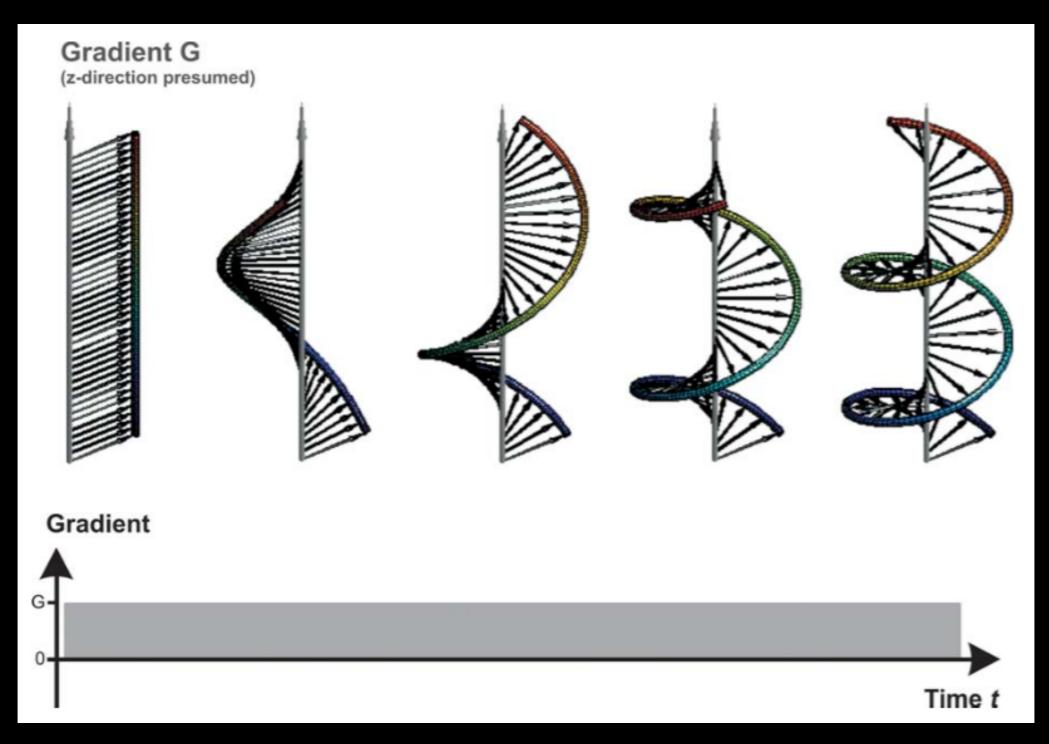
 Complete magnetization is described by vector F of various EPG partitions states with different k

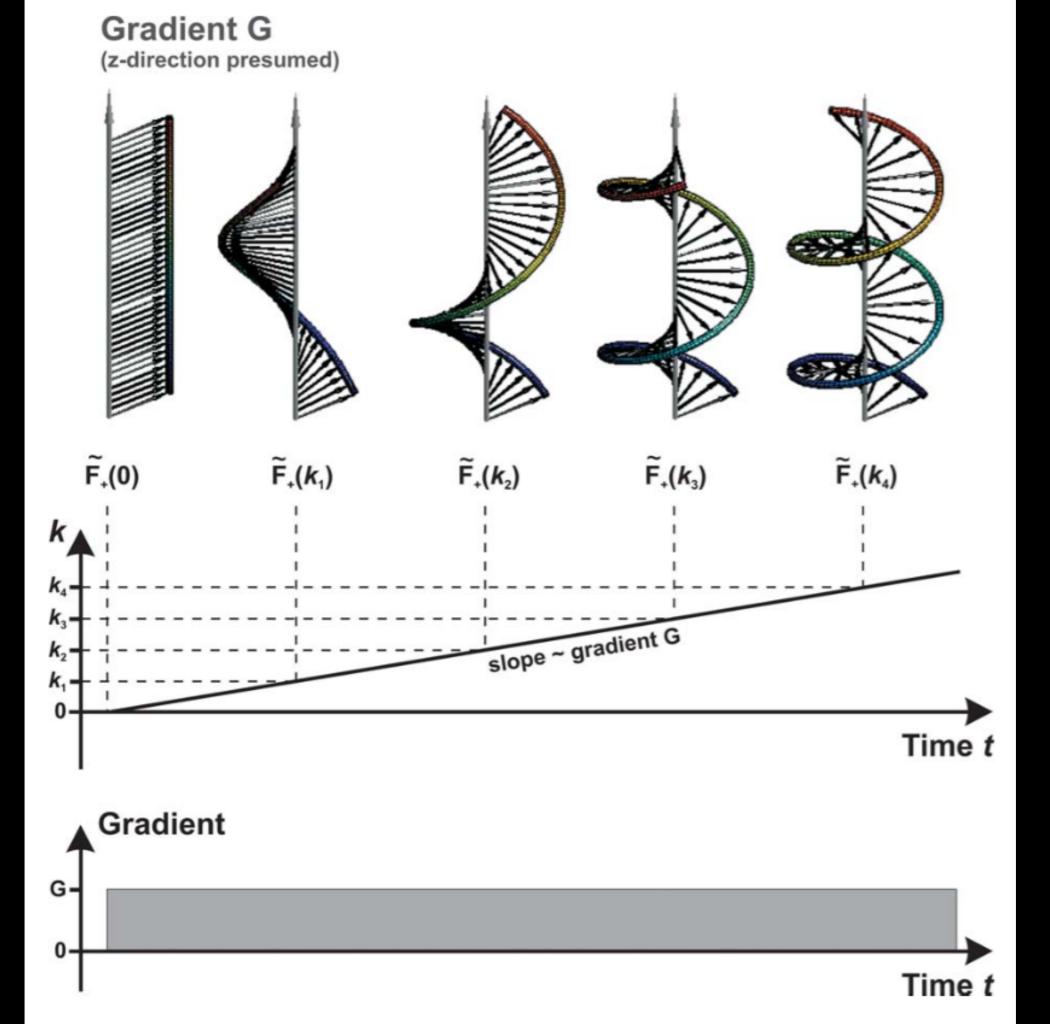
$$\mathbf{F} = (F_0 Z_0 F_1 F_{-1} Z_1 F_2 F_{-2} Z_2 \cdots F_{+k} F_{-k} Z_k)^{\mathrm{T}}.$$

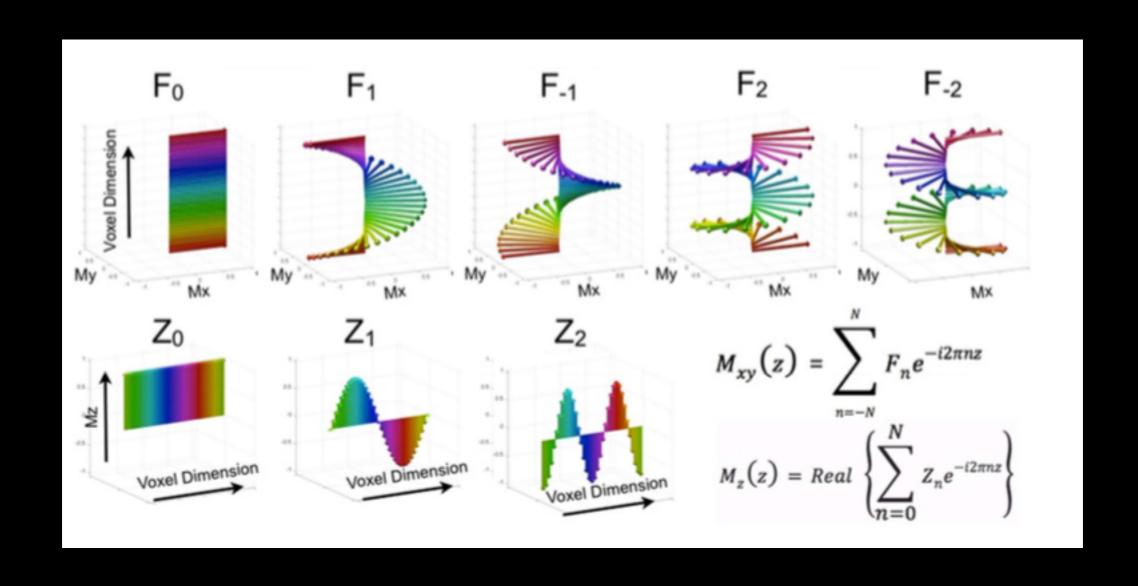






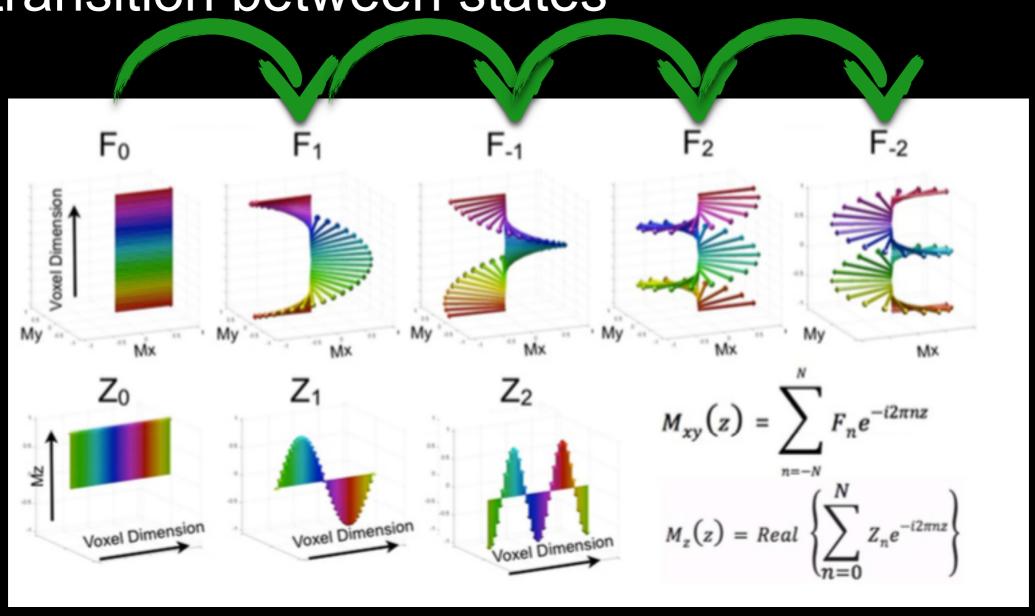






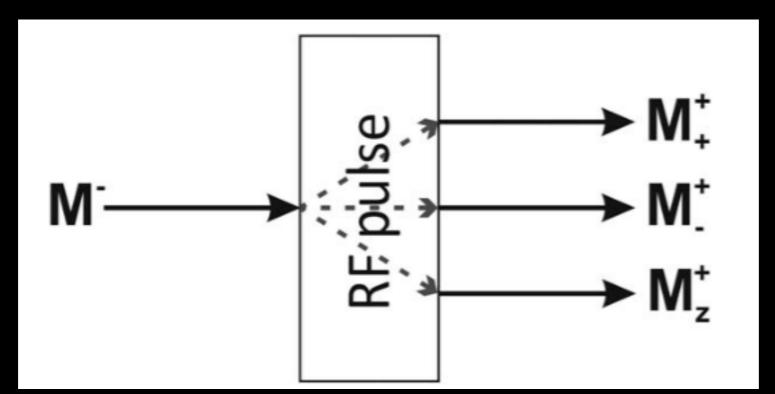
#### "Discrete" Gradient Dephasing

transition between states



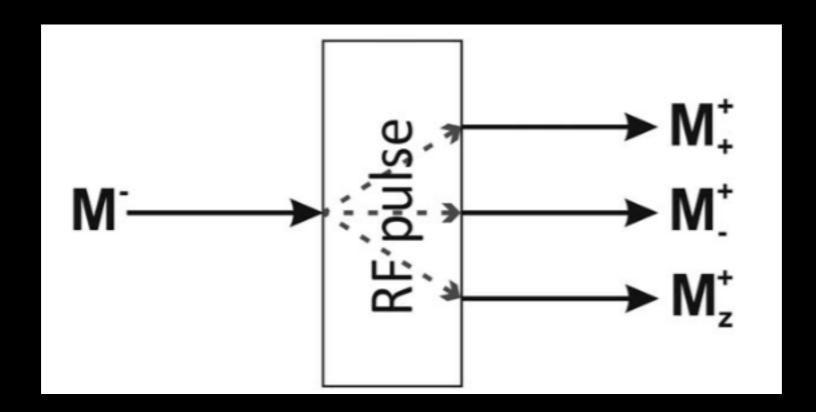
k is the number of twists/cycles across a voxel

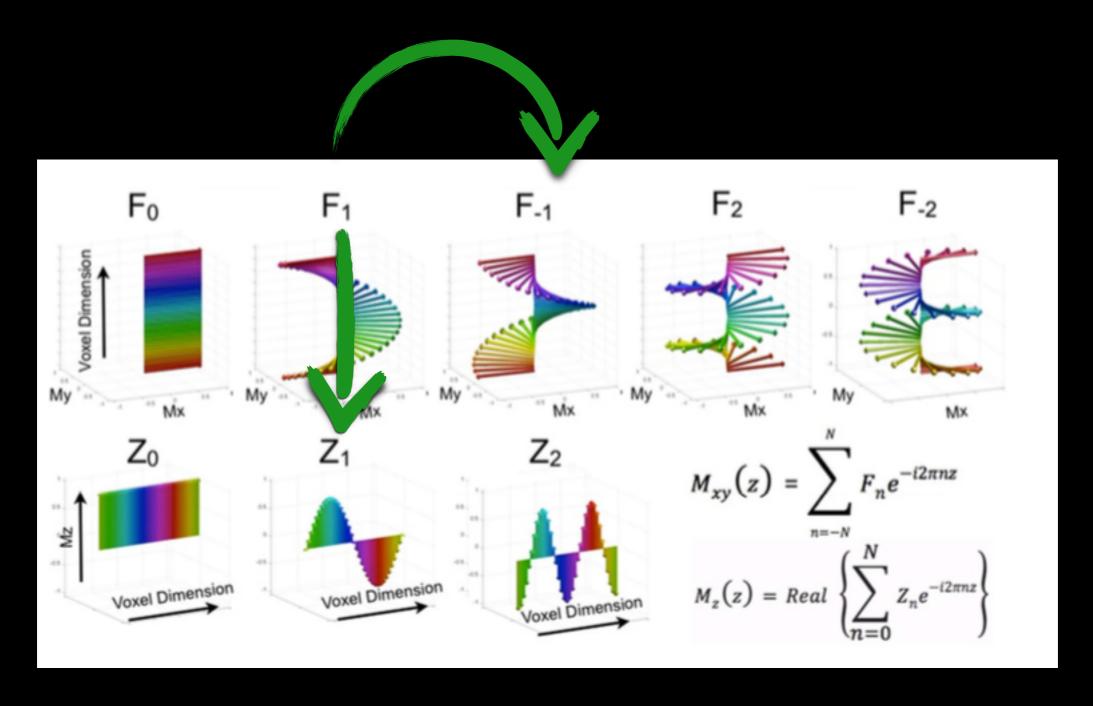
- Woessner Decomposition magnetization after an RF pulse can be regarded as a composition of 3 components:
  - transversal component that is unaffected (0°-pulse)
  - transversal component that is refocused (180°-pulse)
  - a longitudinal component



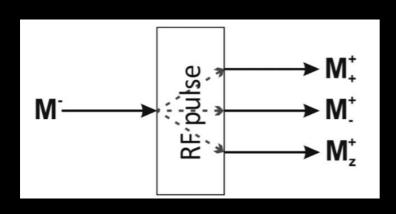
rephasing
dephasing
longitudinal

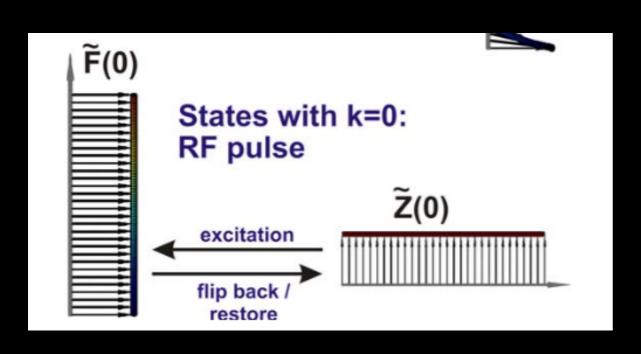
- The RF pulse operator splits any given EPG state with dephasing order *k* into 3 different new states:
  - a transversal state with identical k
  - a transversal state with inverted k
  - a longitudinal state with identical k

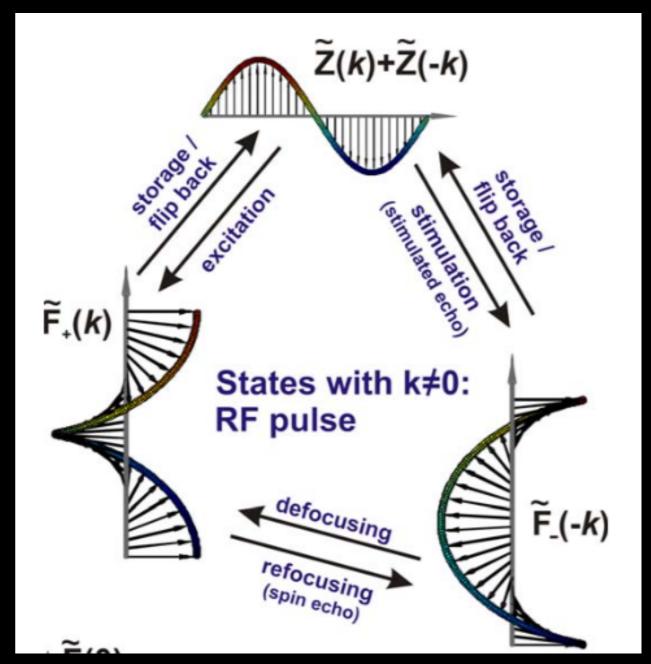




mixes *F* and *Z* states!



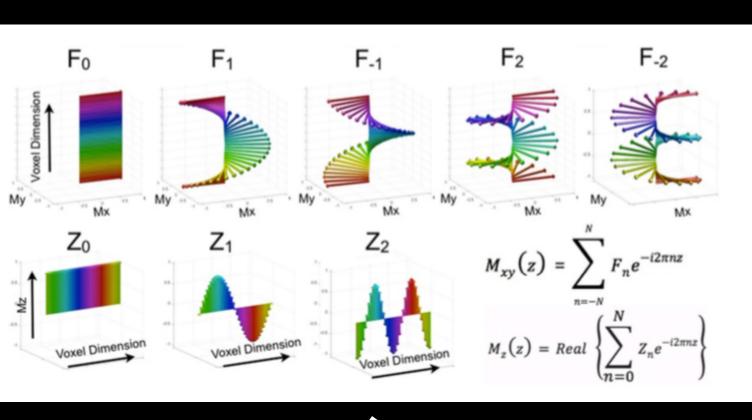


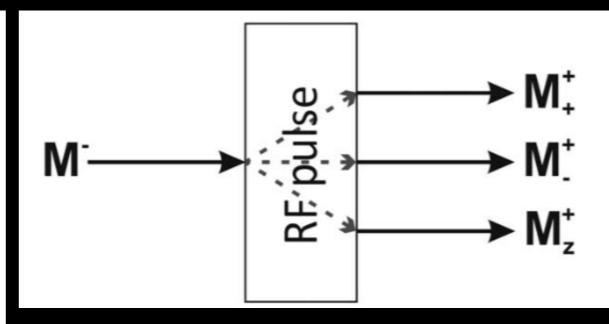


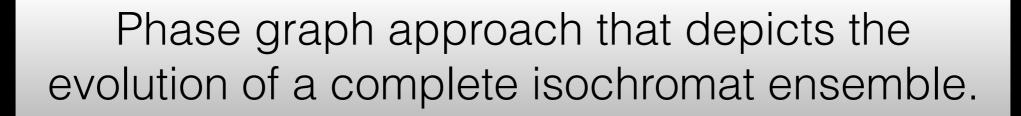
# EPG Concept Summary

Fourier based configuration states

RF pulse partitioning



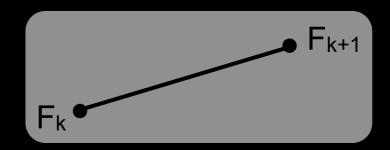




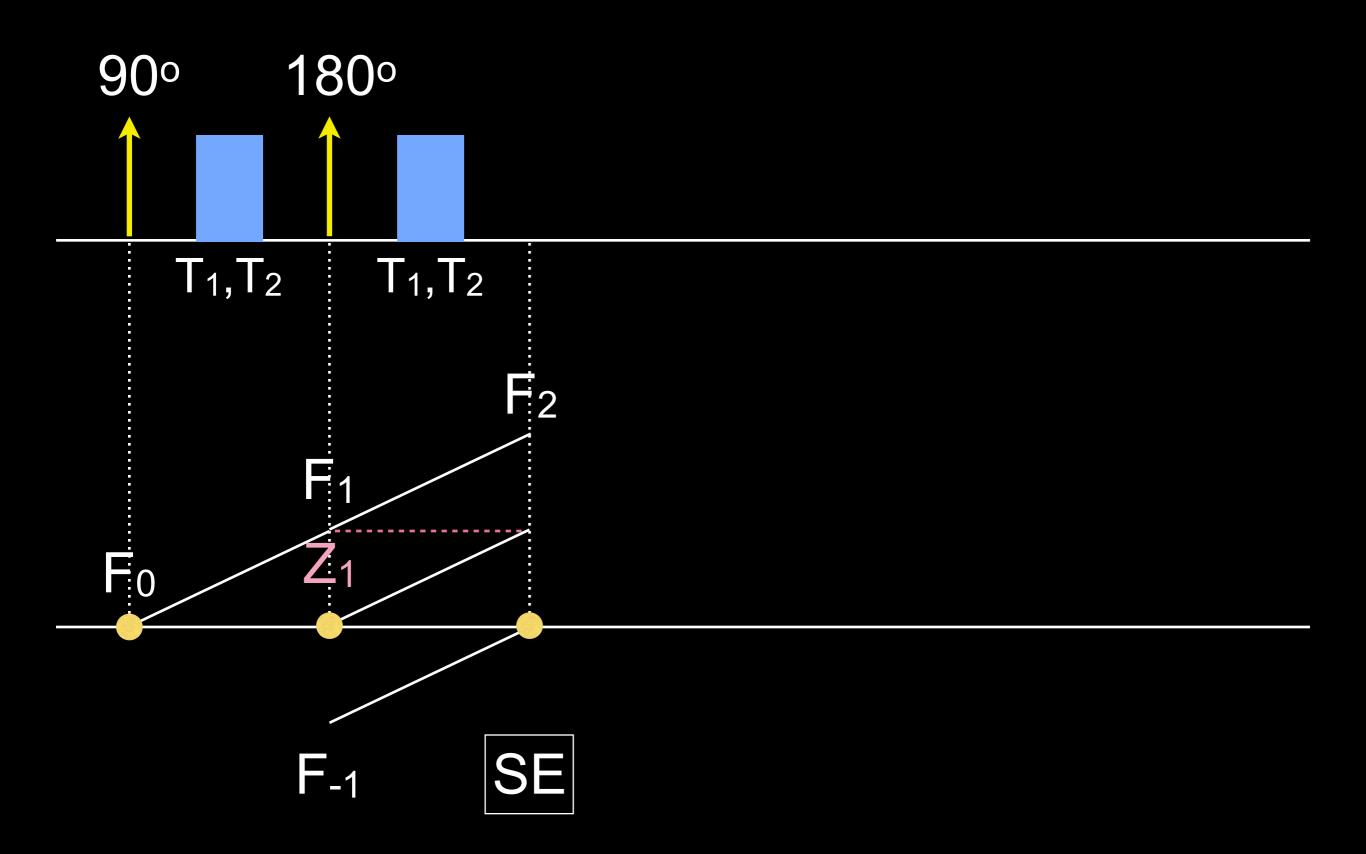
#### EPG "Calculus"

- RF pulse for state k:
  - Produces signal in longitudinal state *k* and transverse states *k* and -*k*

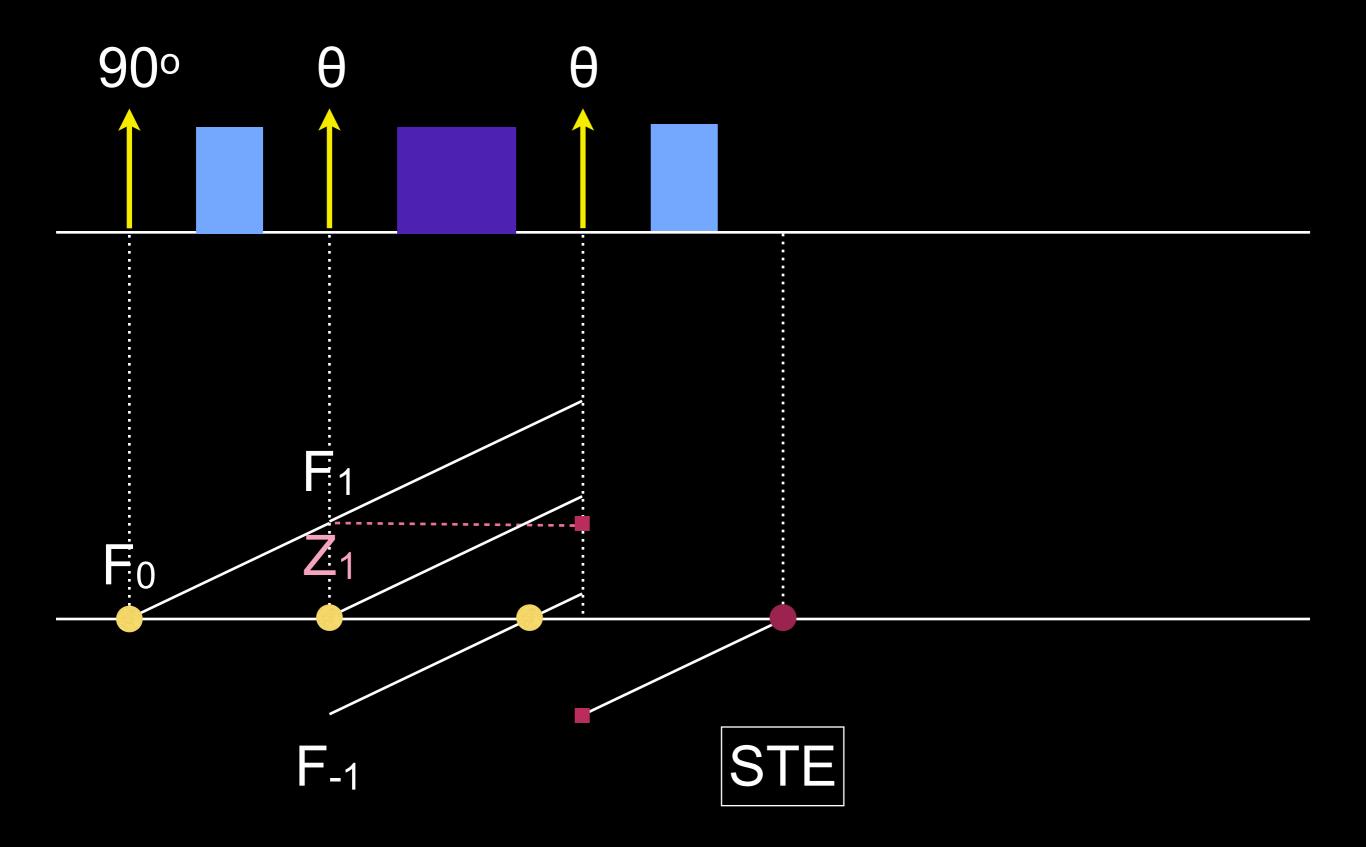
- Gradient dephaser for state *k*:
  - Moves transverse magnetization to k+1
  - Does not affect longitudinal magnetization



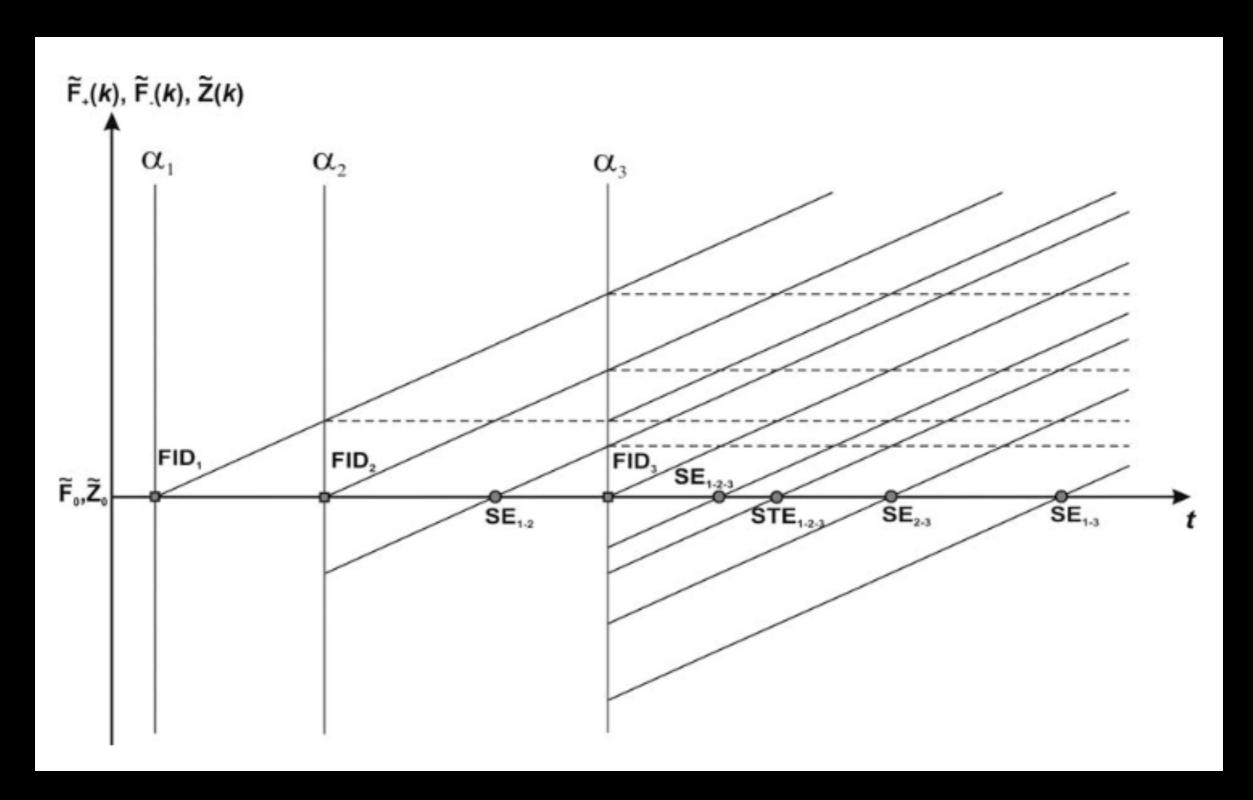
# EPG: Spin Echo



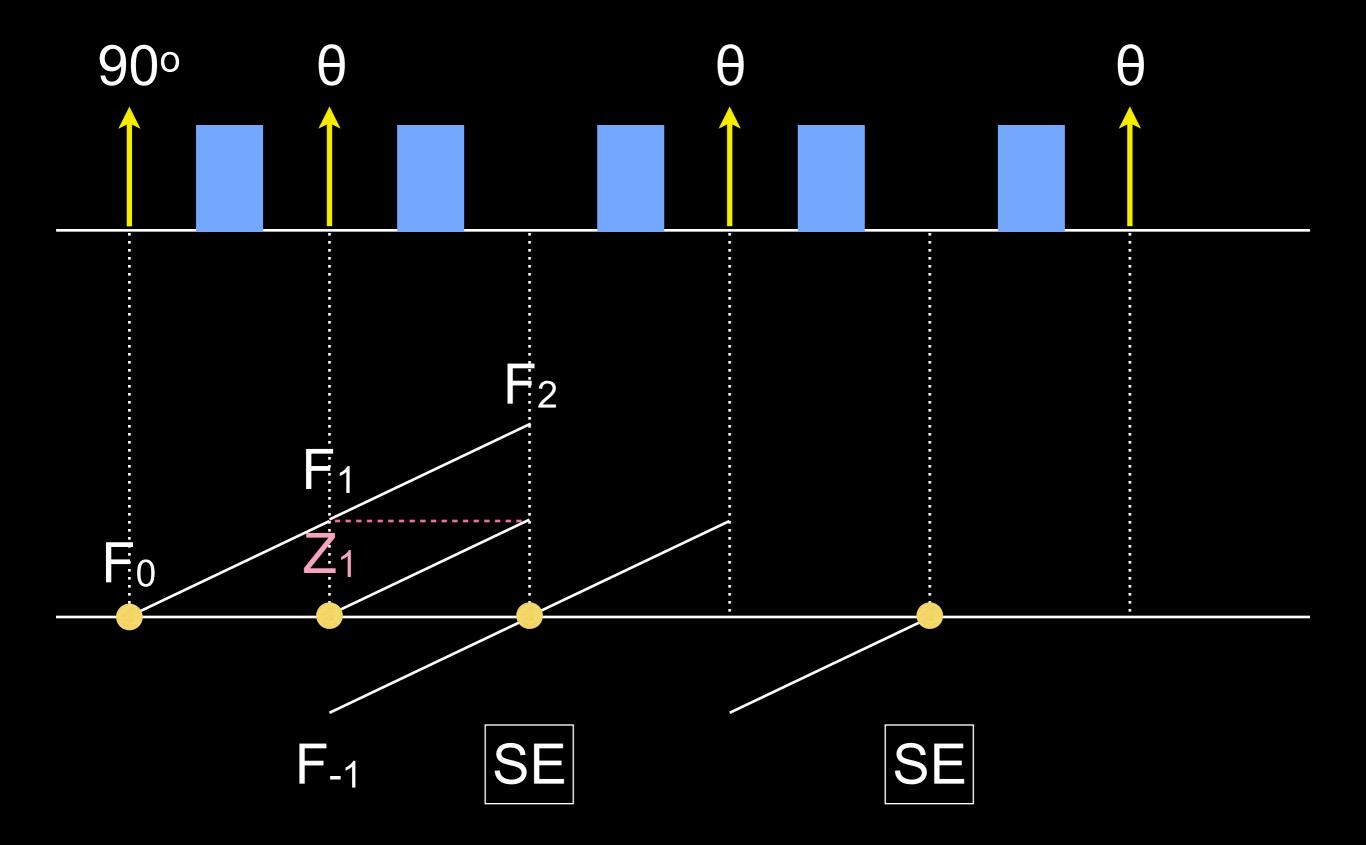
# EPG: Stimulated Echo



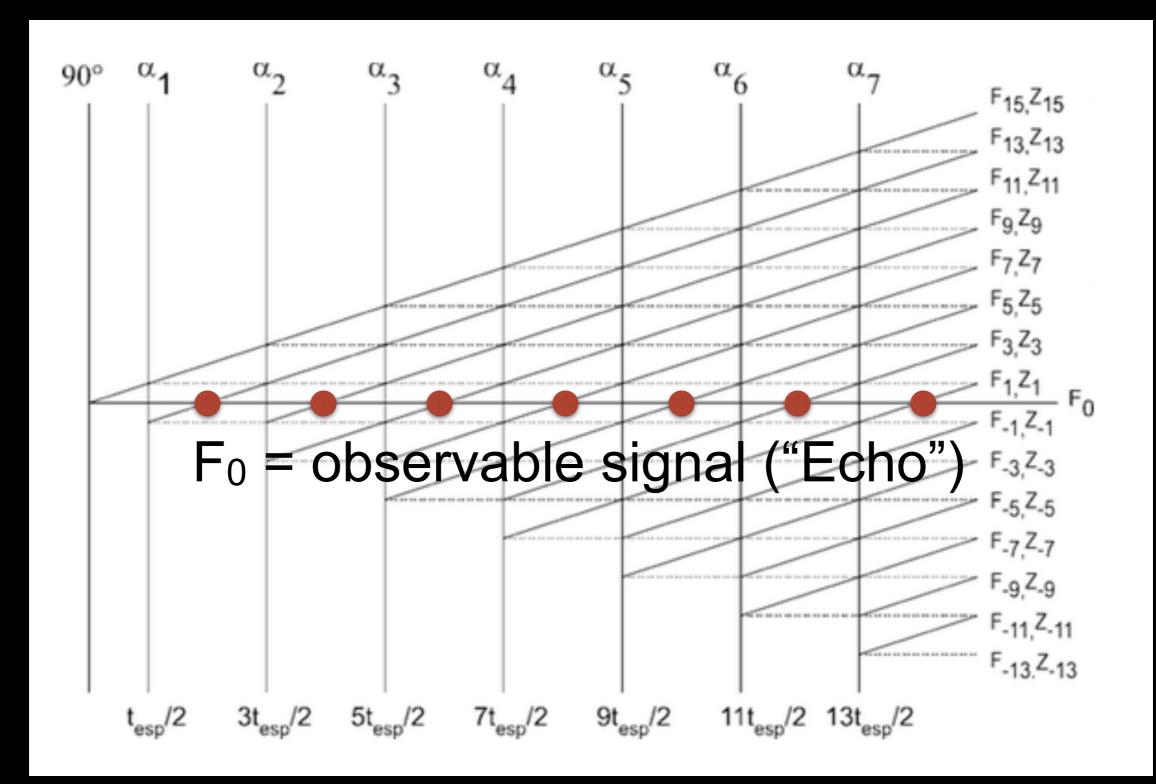
#### EPG: 3-Pulse Experiment



# EPG: Train of Spin Echo



#### EPG: CPMG



- Phase states
  - Can represent as a matrix:

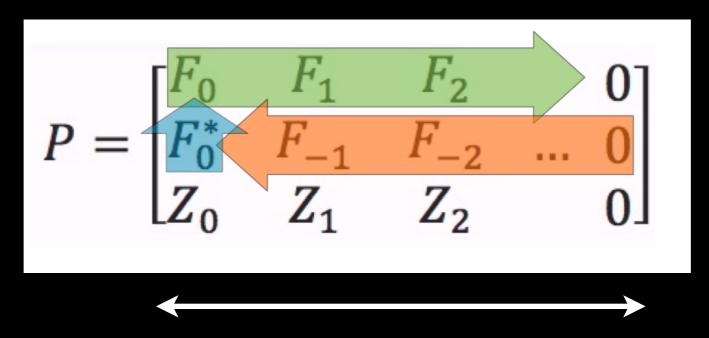
$$P = \begin{bmatrix} F_0 & F_1 & F_2 \\ F_0^* & F_{-1} & F_{-2} & \dots \\ Z_0 & Z_1 & Z_2 \end{bmatrix}$$

- RF pulses
  - invert state (e.g.,  $F_3$  to  $F_{-3}$ ) or can transfer between F and Z states
  - Simple pre-multiplication P' = RP, where R is

$$\begin{pmatrix} \cos^2 \frac{\alpha}{2} & e^{2i\phi} \sin^2 \frac{\alpha}{2} & -ie^{i\phi} \sin \alpha \\ e^{-2i\phi} \sin^2 \frac{\alpha}{2} & \cos^2 \frac{\alpha}{2} & ie^{-i\phi} \sin \alpha \\ -\frac{i}{2}e^{-i\phi} \sin \alpha & \frac{i}{2}e^{i\phi} \sin \alpha & \cos \alpha \end{pmatrix}$$

for an RF pulse with flip angle  $\alpha$  and phase  $\phi$ 

- Gradients (in discretized units)
  - Increase number of states by 1
  - Replace all  $F_k$  states with  $F_{k-1}$  (e.g.,  $F_0$  becomes  $F_1$ )
  - Replace  $F_0$  using  $F_0$ \*
  - Do not change Z states



# phase states grow linearly w.r.t. TSE ETL

- Relaxation
  - Transverse: All F states attenuated by  $E_2 = \exp(-T/T_2)$
  - Longitudinal: All Z states attenuated by  $E_1 = \exp(-T/T_1)$  $Z_0$  state only has recovery of  $M_0(1-E_1)$

#### EPG: Extensions

- Non-ideal slice profiles
- Variable RF flip angle and phase
- Motion / flow effects
- Diffusion effects
  - Weigel M, et al., JMR 2010; 205: 276-285

- Phase state propagation
  - RF pulse
  - $T_1$ ,  $T_2$  decay
  - free precession
  - gradient pulse

Phase states:

$$P = \begin{bmatrix} F_0 & F_1 & F_2 & \dots \\ F_0 * & F_{-1} & F_{-2} & \dots \\ Z_0 & Z_1 & Z_2 & \dots \end{bmatrix}$$

RF pulse  $(\theta, \phi)$ , P+ = RP:

$$R_{\{\theta,\phi\}} = \begin{bmatrix} \cos^2\frac{\theta}{2} & e^{2i\phi}\sin^2\frac{\theta}{2} & -ie^{i\phi}\sin\theta \\ e^{-2i\phi}\sin^2\frac{\theta}{2} & \cos^2\frac{\theta}{2} & ie^{-i\phi}\sin\theta \\ -\frac{i}{2}e^{-i\phi}\sin\theta & \frac{i}{2}e^{i\phi}\sin\theta & \cos\theta \end{bmatrix}$$

#### Gradients:

$$P = \begin{bmatrix} F_0 & F_1 & F_2 & \dots \\ F_{0*} & F_{-1} & F_{-2} & \dots \\ Z_0 & Z_1 & Z_2 & \dots \end{bmatrix}$$

#### Relaxation:

$$F_k \rightarrow E_2 F_k$$

$$Z_k \rightarrow E_1 Z_k \qquad (k>0)$$

$$Z_0 \rightarrow E_1 Z_0 + M_0(1 - E_1)$$

- Transient state; steady state
- Different seq/tissue params

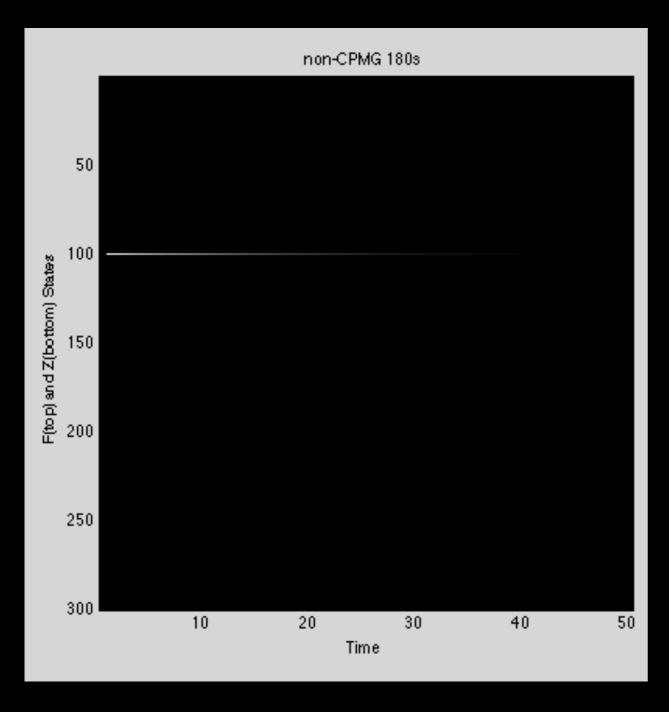
- Brian's MATLAB EPG sim code
  - will be emailed to class mailing list

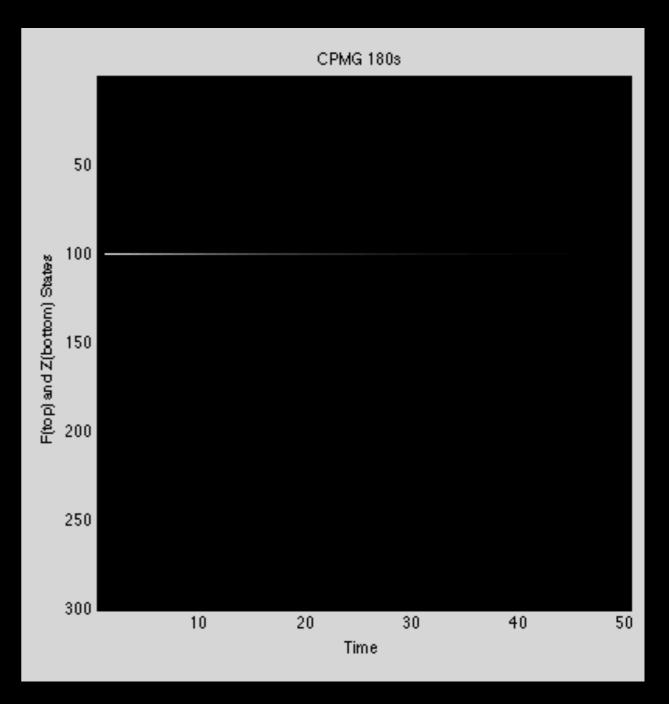
- Example: Turbo Spin Echo
  - epg\_rf.m
  - epg\_grelax.m, epg\_grad.m, epg\_mgrad.m
  - epg\_cpmg\_hhw.m
  - EPGSim\_CPMG\_hhw.m
  - can look at different refocusing RF trains

- non-CPMG 180s: 90x-180x-180x-...
- CPMG 180s: 90x-180y-180y-...
- non-CPMG 120s: 90x-120x-120x-...
- CPMG 120s: 90x-120y-120y-...
- CPMG 120s +prep: 90x-150y-120y-...

non-CPMG 180s

CPMG 180s

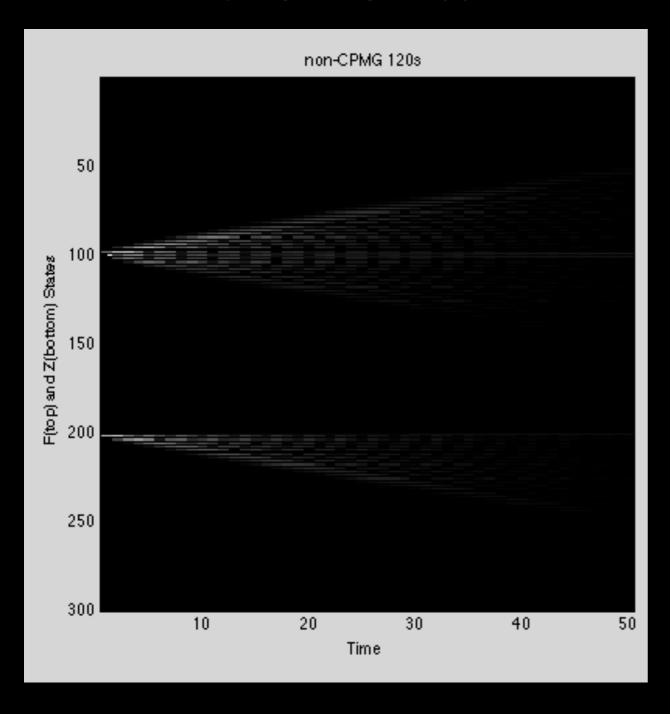


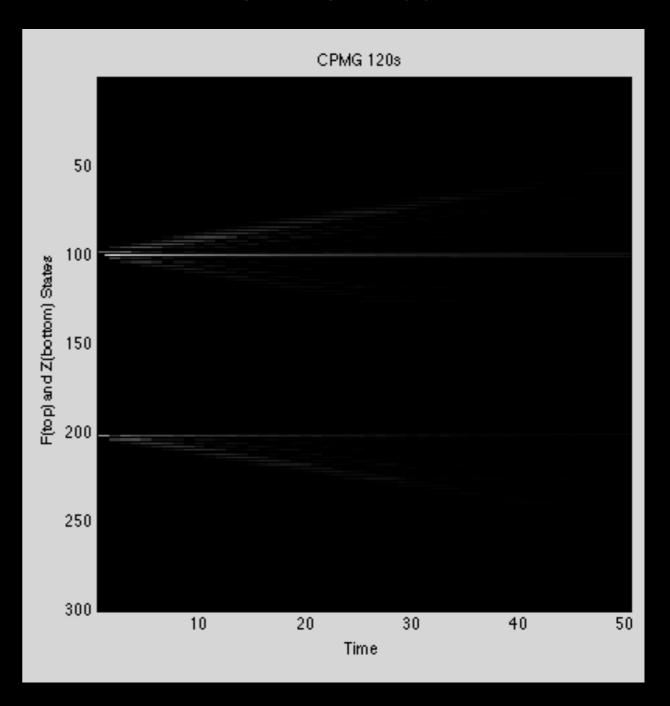


 $T_1$  = 1000 ms,  $T_2$  = 100 ms, ETL = 50, ESP = 10 ms

non-CPMG 120s

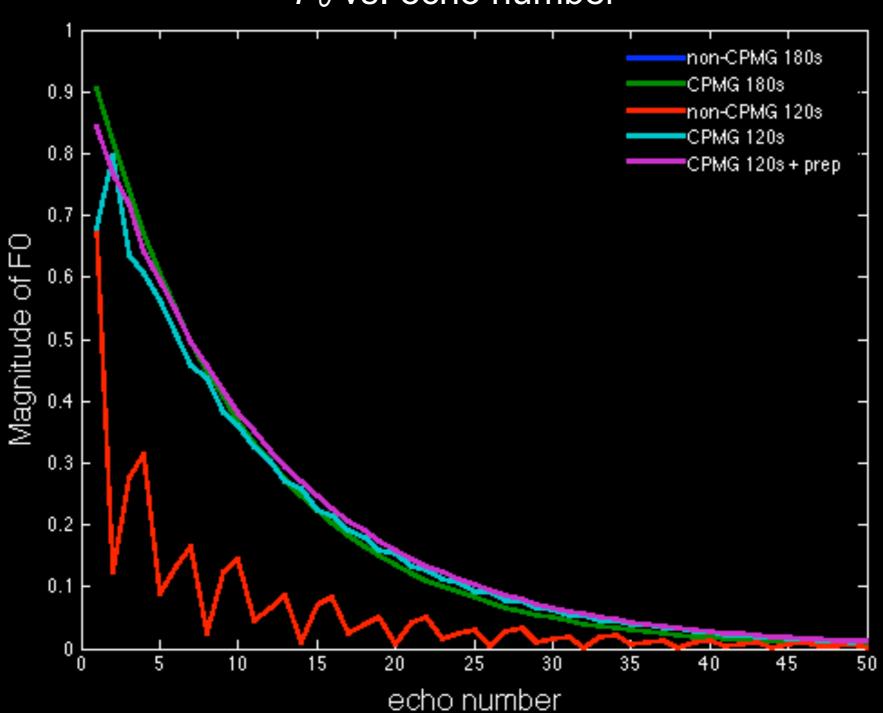
CPMG 120s





 $T_1$  = 1000 ms,  $T_2$  = 100 ms, ETL = 50, ESP = 10 ms

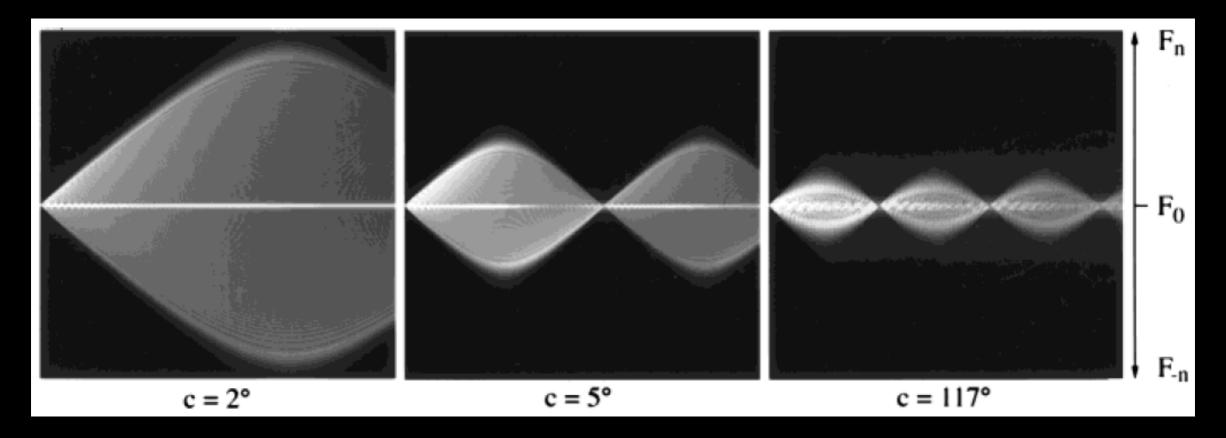




 $T_1$  = 1000 ms,  $T_2$  = 100 ms, ETL = 50, ESP = 10 ms

- Homework 2, part 2A
  - Gradient-spoiled GRE (SSFP-FID)

- Homework 2, part 2B
  - RF-spoiled GRE



#### Homework 2

- Pulse Sequence Simulations
  - 1. Bloch: Steady state comparison,
     bSSFP transient state and catalyzation
  - 2. EPG: SSFP-FID, RF-spoiled GRE
- Due 5 pm, Fri, 5/4 by email
  - PDF and MATLAB code

# Summary

- Multiple RF pulses -> multiple echoes
- EPG analysis
  - consider groups of spins
  - explicit treatment of pathways and echoes
  - flexible and powerful
  - you can do it!

# Spin Bench Demo

- bSSFP and other examples
  - phase cycling, ...

#### Thanks!

- Web resources
  - ISMRM 2010 Edu: Miller, Weigel
  - ISMRM 2011 Edu: Miller, Weigel
- Further reading
  - Bernstein et al., Handbook of MRI Sequences
  - Haacke et al., Magnetic Resonance Imaging
  - Scheffler, Concepts in MR 1999; 11:291-304
  - Hennig, JMR 1988; 78:397-407
  - Weigel, JMRI 2015; 41:266-295

#### Thanks!

- Acknowledgments
  - Brian Hargreaves's EPG slides and code
  - Kyung Sung's EPG slides
  - Isabel Dregely's EPG slides

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http://mrrl.ucla.edu/wulab