#### M219 Mid-Quarter Review Lectures 7 to 10 Daniel B. Ennis, Ph.D.

Magnetic Resonance Research Labs



David Geffen School of Medicine





#### **Basic Pulse Sequences II - Spin Echoes**







#### Lecture #7 Learning Objectives

- Describe four sources of off-resonance.
- Explain why off-resonance gives rise to apparent signal decay and why it is reversible.
- Be able to explain the difference between T2 and T2\*.
- Understand the free induction decay signal and possible applications.
- Be able to define an spin echo and the utility of a refocusing pulse.
- Describe how to obtain proton-density, T1-weighted, and T2-weighted images with spin echoes.





#### **Off Resonance**

# Spin Dephasing

- Intravoxel spin dephasing from:
  - Off-resonance
    - B<sub>0</sub> inhomogeneity
    - Chemical shift effects
    - Susceptibility differences (macro and micro)
      - Blood products (*iron*)
      - Blood oxygenation levels
  - Applied gradients
    - Strong gradients produce more spin dephasing
- ... leads to:
  - Loss of spin phase coherence
  - Usually within a voxel
  - Leads to a decreased echo amplitude.
- Minimized by:
  - Field shimming
  - Susceptibility manipulation
  - Refocusing pulses





# Intravoxel Spin Dephasing



David Geffen School of Medicine Signal loss from spin dephasing and  $T_2^*$ .

![](_page_5_Picture_4.jpeg)

# 

### Why echoes?

- Free Induction Decay
  - Signal decays rapidly
    - T<sub>2</sub>
- Spin-spin interaction
- Spectral (frequency) distribution
  - Micro-scale B-field heterogeneity (T<sub>2</sub>\*)
  - Macro-scale B-field heterogeneity (T2\*\*)
- Imaging requires certain "delays"
  - Slice-selective rephasing
  - Phase encoding
  - Read-out pre-phasing
- Echoes let us buy some time

![](_page_7_Picture_13.jpeg)

![](_page_7_Picture_14.jpeg)

#### What are echoes?

- Two-sided NMR signals
  - First half from re-focusing
  - Second half from de-phasing
- Radiofrequency Echoes
  - Arise from multiple RF-pulses
- Gradient Echoes
  - Arise from magnetic field gradient reversal

"it is easier to generate an echo than to ignore it in multiple-pulse MR experiments" --Liang & Lauterbur, Page 114

![](_page_8_Picture_9.jpeg)

![](_page_8_Picture_10.jpeg)

# Spin Echo Imaging

# Spin Echo

![](_page_10_Figure_1.jpeg)

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![](_page_10_Picture_2.jpeg)

## Spin Echo

![](_page_11_Figure_1.jpeg)

#### Hard Refocusing Pulses

 $\mathrm{RF}_{\theta}^{\alpha} = \begin{bmatrix} \mathrm{c}^{2}\theta + \mathrm{s}^{2}\theta\mathrm{c}\alpha & \mathrm{c}\theta\mathrm{s}\theta - \mathrm{c}\theta\mathrm{s}\theta\mathrm{c}\alpha & -\mathrm{s}\theta\mathrm{s}\alpha \\ \mathrm{c}\theta\mathrm{s}\theta - \mathrm{c}\theta\mathrm{s}\theta\mathrm{c}\alpha & \mathrm{s}^{2}\theta + \mathrm{c}^{2}\theta\mathrm{c}\alpha & \mathrm{c}\theta\mathrm{s}\alpha \\ \mathrm{s}\theta\mathrm{s}\alpha & -\mathrm{c}\theta\mathrm{s}\alpha & \mathrm{c}\alpha \end{bmatrix}$ 

Radiolog

![](_page_12_Picture_3.jpeg)

#### Spin Echo - Contrast

![](_page_13_Figure_1.jpeg)

![](_page_13_Picture_2.jpeg)

http://en.wikipedia.org/wiki/File:HahnEcho\_GWM.gif

![](_page_13_Picture_4.jpeg)

![](_page_14_Figure_0.jpeg)

$$\mathcal{M}_{z'}^{(4)}(0_{-}) = \mathcal{M}_{z}^{0} \left( 1 - 2e^{-(TR - TE/2)/T_{1}} + e^{-TR/T_{1}} \right)$$

This becomes the initial condition for the subsequent TR. Eqn. 7.24

$$A_{Echo} \propto \rho \left( 1 - 2e^{-(TR - TE/2)/T_1} + e^{-TR/T_1} \right) e^{-TE/T_2}$$

This the signal at time-point #3 for the second TR. Eqn. 7.25

![](_page_14_Picture_5.jpeg)

![](_page_14_Picture_6.jpeg)

**Spin Echo**  $A_{Echo} \propto \rho \left(1 - e^{-TR/T_1}\right) e^{-TE/T_2}$ 

This the signal at time-point #3 for the second TR when TE<<TR.

![](_page_15_Figure_3.jpeg)

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#### Short TE and Long TR is proton density weighted.

![](_page_15_Picture_7.jpeg)

**Spin Echo** 
$$A_{Echo} \propto \rho \left(1 - e^{-TR/T_1}\right) e^{-TE/T_2}$$

![](_page_16_Figure_1.jpeg)

#### Delaying the 180° refocusing pulse delays the TE.

![](_page_16_Picture_3.jpeg)

![](_page_16_Picture_5.jpeg)

**Spin Echo** 
$$A_{Echo} \propto \rho \left(1 - e^{-TR/T_1}\right) e^{-TE/T_2}$$

![](_page_17_Figure_1.jpeg)

![](_page_17_Picture_2.jpeg)

![](_page_17_Picture_4.jpeg)

**Spin Echo** 
$$A_{Echo} \propto \rho \left(1 - e^{-TR/T_1}\right) e^{-TE/T_2}$$

![](_page_18_Figure_1.jpeg)

![](_page_18_Picture_2.jpeg)

![](_page_18_Picture_4.jpeg)

**Spin Echo** 
$$A_{Echo} \propto \rho \left(1 - e^{-TR/T_1}\right) e^{-TE/T_2}$$

![](_page_19_Figure_1.jpeg)

Long  $T_2$  is bright on  $T_2$ -weighted (long TE) images.

![](_page_19_Picture_3.jpeg)

![](_page_19_Picture_5.jpeg)

#### **Basic Pulse Sequences III Gradient Echoes** $\sim$ Daniel B. Ennis, Ph.D. Magnetic Resonance Research Labs

![](_page_20_Picture_1.jpeg)

![](_page_20_Picture_2.jpeg)

#### Lecture #8 Learning Objectives

- Describe the pros and cons of a GRE acquisition, especially in comparison to a spin-echo sequence.
- Understand why GRE can't acquire true T2 contrast.
- Explain why spoilers are typically used with GRE.
- Understand how to calculate scan time.
- Be able to derive the optimal flip angle for a GRE sequence, and understand why we might not use that value (contrast).
- Describe methods of fat-water separation and their utility.

![](_page_21_Picture_7.jpeg)

![](_page_21_Picture_8.jpeg)

![](_page_22_Picture_0.jpeg)

#### T<sub>2</sub> Decay

T<sub>2</sub>\* Decay

![](_page_22_Figure_3.jpeg)

**UCLA** Radiology

David Geffen School of Medicine Signal loss from spin dephasing and T<sub>2</sub>\*.

#### Gradient Echo

![](_page_23_Figure_1.jpeg)

. . . . .

![](_page_23_Picture_3.jpeg)

![](_page_23_Picture_4.jpeg)

#### **Spoiled Gradient Echo Contrast**

$$M_z^{ss} = \frac{M_0 \left(1 - e^{-TR/T_1}\right)}{1 - \cos \alpha e^{-TR/T_1}}$$

$$A_{echo} \propto \frac{\rho \left(1 - e^{-TR/T_1}\right)}{1 - \cos \alpha e^{-TR/T_1}} \sin \alpha e^{-TE/T_2^*}$$

#### Contrast adjusted by changing flip angle, TE and TR.

![](_page_24_Picture_4.jpeg)

![](_page_24_Picture_5.jpeg)

![](_page_25_Figure_0.jpeg)

#### Spin Echo Contrast

$$A_{Echo} \propto \rho \left( 1 - 2e^{-(TR - TE/2)/T_1} + e^{-TR/T_1} \right) e^{-TE/T_2}$$

#### If $TE \ll TR$ , then

$$A_{Echo} \propto \rho \left( 1 - e^{-TR/T_1} \right) e^{-TE/T_2}$$

#### **Gradient Echo Contrast**

$$A_{echo} \propto \frac{\rho \left(1 - e^{-TR/T_1}\right)}{1 - \cos \alpha e^{-TR/T_1}} \sin \alpha e^{-TE/T_2^*}$$

RF pulse and gradient timing encode image contrast in the echo  $(M_{xy})$ . A major challenge in MRI is encoding spatial information in the echo.

![](_page_26_Picture_7.jpeg)

![](_page_26_Picture_8.jpeg)

## Spin vs. Gradient Echo Contrast

#### **Gradient Echo Parameters**

Type of Contrast	TE	TR	Flip Angle
Spin Density	Short	Long	Small
T <sub>1</sub> -Weighted	Short	Intermediate	Large
T <sub>2</sub> *-Weighted	Intermediate	Long	Small

	Spin Echo Pa	rameters
Spin Density	Short	Long
T <sub>1</sub> -Weighted	Short	Intermediate
T <sub>2</sub> -Weighted	Intermediate	Long

![](_page_27_Picture_4.jpeg)

![](_page_27_Picture_5.jpeg)

## Spin vs. Gradient Echo Contrast

#### **Gradient Echo Parameters**

Type of Contrast	TE	TR	Flip Angle
Spin Density	<5ms	>100ms	<10°
T <sub>1</sub> -Weighted	<5ms	<50ms	>30°
T <sub>2</sub> *-Weighted	>20ms	>100ms	<10°

	Spin Echo Pa	rameters
Spin Density	10-30ms	>2000ms
T <sub>1</sub> -Weighted	10-30ms	450-850ms
T <sub>2</sub> -Weighted	>60ms	>2000ms

![](_page_28_Picture_4.jpeg)

![](_page_28_Picture_5.jpeg)

## **GRE and Fat/Water Phase**

- Pixels are frequently a mixture of fat and water
- Pixel intensity is the vector sum of fat and water

![](_page_29_Figure_3.jpeg)

The TE controls the phase between fat and water.

![](_page_29_Picture_5.jpeg)

![](_page_29_Picture_6.jpeg)

#### Which image is the in-phase image?

![](_page_30_Picture_1.jpeg)

![](_page_30_Picture_2.jpeg)

#### In-Phase

#### **Opposed-Phase**

![](_page_30_Picture_5.jpeg)

Images Courtesy of Scott Reeder

![](_page_30_Picture_7.jpeg)

#### **GRE & Fat/Water Separation - How?**

![](_page_31_Figure_1.jpeg)

#### Gradient Echoes & Fat/Water Separation

![](_page_32_Picture_1.jpeg)

**Imperfect Fat Sat** 

![](_page_32_Picture_3.jpeg)

**IDEAL** water image

![](_page_32_Picture_5.jpeg)

![](_page_32_Picture_6.jpeg)

**IDEAL** fat image

![](_page_32_Picture_8.jpeg)

opposed-phase

![](_page_32_Picture_10.jpeg)

**Images Courtesy of Dr. Scott Reeder** 

in-phase

![](_page_32_Picture_12.jpeg)

# The MRI Signal Equation

#### Daniel B. Ennis, Ph.D.

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![](_page_33_Picture_3.jpeg)

![](_page_33_Picture_4.jpeg)

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![](_page_33_Picture_6.jpeg)

#### Lecture #9 Learning Objectives

- Understand that SE and GRE control image contrast at the echo time.
- Appreciate that gradients move us through kspace.
- Describe how to calculate scan time.
- Explain the concept of "coil sensitivity."
- Explain why MRI is not directly sensitive to M<sub>z</sub>.
- Understand the role of phase sensitive detection.
- Describe the importance of quadrature detection.
- Be able to define the MRI signal equation and each term.

![](_page_34_Picture_9.jpeg)

![](_page_34_Picture_10.jpeg)

# **Dipoles to Images**

![](_page_35_Figure_1.jpeg)

![](_page_35_Picture_2.jpeg)

![](_page_35_Picture_3.jpeg)
### The MRI Signal Equation



#### MRI acquires point-wise the Fourier Transform of the object.





### What is k-space?





#### Gradients move us through k-space.





### **Spoiled Gradient Echo**







### **Spoiled Gradient Echo**





#### Gradients move us through k-space!



### **Spoiled Gradient Echo**





Gradients move us through k-space!



# $\begin{aligned} & \text{MRI is slow...} \\ & T_{Scan} = TR \cdot N_{PE} \cdot N_{Avg} \end{aligned}$

- One phase encode step per TR.
  - Each phase encode step acquires one echo.
- ~128 echoes (N<sub>ky</sub>=# phase encodes) per image.
- T<sub>Scan</sub>=TR•N<sub>ky</sub>

- T<sub>Scan</sub>=2500ms•128=5:20 (MM:SS)





## Where does the MRI signal equation come from?

### Signals in MRI



Lots of trigonometry and algebra...

 $V(t) = \int_{object} \omega(\vec{r}) |B_{r,xy}(\vec{r})| |M_{xy}(\vec{r},0)| e^{-\frac{t}{T_2(\vec{r})}} \cos\left(-\omega(\vec{r})t + \phi_e(\vec{r}) - \phi_r(\vec{r}) + \frac{\pi}{2}\right) d\vec{r}$ 

High frequency voltage signal.









### **4-Channel Cardiac Coil**

Each coil element has a unique sensitivity profile.





adiology





### What is k-space?

- *k*-space is the raw data collected by the scanner.
  - A point in k-space tells us about the presence/absence of a spatial frequency (pattern) in the acquired image.
  - Each echo measures *many* of the spatial frequencies that comprise the object.
  - k-space has units of cm<sup>-1</sup> or mm<sup>-1</sup>
    - Audio signals have units of Hertz (s<sup>-1</sup>)
- Gradients
  - Help extract spatial frequency information
  - Move us around in k-space
- A line of *k*-space is filled by an echo









### k-space spikes

#### k-space

#### image space



#### A *k*-space spike creates a banding artifact.







```
%% Define and display some Fourier sampling functions...
gamma bar=4257.7480;
                         % Gyromagnetic ratio, [Hz/G]
                         % [Gauss/cm]
Gx=1;
                         % [Gauss/cm]
Gy=1;
dt=1.0e-3;
                          % [S]
kx=gamma bar*Gx*dt;
                      % Kx-space component
ky=gamma bar*Gy*dt; % Ky-space component
[X,Y]=ndgrid(-1:0.01:1,-1:0.01:1); % Define some positions in space [cm]
F=exp(-li*2*pi*(kx*X+ky*Y)); % Fourier sampling functions
%% Display the sampling function
figure; hold on;
subplot(2,2,1);
  imagesc(real(F));
  title('real(F)'); axis image xy;
subplot(2,2,3);
  imagesc(imag(F));
  title('imag(F)'); axis image xy;
subplot(2,2,2);
  imagesc(abs(F));
  title('abs(F)'); axis image xy;
subplot(2,2,4);
  imagesc(angle(F));
  title('angle(F)'); axis image xy;
```





### k-space













### Spatial Localization - I

#### Daniel B. Ennis, Ph.D. Magnetic Resonance Research Labs







### Lecture #10 - Learning Objectives

- Describe the three steps required for spatial localization.
- Be able to explain the role of RF and gradients during slice selection.
- Learn to define B<sub>eff</sub> for various combinations of Bfields (B<sub>0</sub>, gradients, and RF).
- Identify the complexity of the Bloch equations for forced precession in the presence of a gradient field.
- Understand the small tip angle approximation.
- Appreciate that the small tip angle approximation works for intermediate flip angles!
- Understand what truncation artifacts are and one way to reduce them.





### **Spatial Localization**

### **Spatial Encoding**

- Three key steps:
  - Slice selection
    - You have to pick slice!
  - Phase Encoding
    - You have to encode 1 of 2 dimensions within the slice.
  - Frequency Encoding (aka readout)
    - You have to encode the other dimension within the slice.





### **Slice Selection**

- Consists of:
  - 1. RF (B<sub>1</sub>) Pulse
    - Contains frequencies matched to slice of interest

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- 2. Slice selection gradient
  - Constant magnitude
- 3.Slice-select re-phasing gradient
  - Increases SNR
  - Re-phases spins within slice
  - AKA "slice refocusing gradient"







### **Z-Gradients is ON**





 $\overline{B_0} + \delta \overline{B_0}$  $B_0$  $B_0 - \delta B_0$ 

 $\omega = \gamma \left( B_0 + G_z \cdot z \right)$ This frequency excites a slice at position z when Gz is turned on.



### Slice Selection & Rephasing







### **Excitation Pulses**

### Sinc Envelope Function





SINC functions are used to excite a narrow band of frequencies.

Radiolog



t,

### **Sinc Envelope Function**



### How to determine α?



Rules: 1) Specify α [radians] 2) Use B<sub>1,max</sub> if we can 3) Shortest duration pulse





### Slice Selective Excitation

**Slice Selective Excitation** 





Slice selection requires a simultaneous RF pulse and gradient.



### **B**<sub>0</sub> and Gradients

$$B_{G,z}\vec{k} = (G_xx + G_yy + G_zz)\vec{k}$$
$$= (\vec{G}\cdot\vec{r})\vec{k}$$

Total applied gradient field.

$$\vec{B}(\vec{r},t) = (B_0 + B_{G,z})\vec{k}$$
$$= (B_0 + \vec{G}(t)\cdot\vec{r})\vec{k}$$

Total applied magnetic field.





### Gradients

- Gradients produce a spatial distribution of frequencies
- $\vec{B}(z) = (B_0 + G_z \cdot z)\hat{k} \qquad \vec{\omega}(z) = -\gamma \vec{B}(z) = -\gamma (B_0 + G_z \cdot z)\hat{k}$



Gradients create a direct correspondence between frequency and spatial position.





### **Slice Selective Excitation**



Slice-A

Slice-B

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How do you move the slice along  $\pm z$ ? Compare  $\Delta \omega$  and  $\omega_{RF}$  for Slice-A and Slice-B. Do we usually acquire  $\omega_{RF} > \omega_0$ ?



### Slice Selective Excitation - Example



### **Selective Excitation**

• What factors control slice selection?

 $\begin{array}{ll}B_{1}^{e}\left(t\right) & \begin{array}{l} \text{Pulse envelope function}\\ \text{(e.g. B}_{1,\text{max}} \text{ and }\Delta\omega)\end{array}\\ & \\ \omega_{RF} & \begin{array}{l} \text{Excitation carrier frequency}\end{array}\\ & \\ \hline \end{array}$ 

**Gradient amplitude** 

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#### Forced Precession with a Gradient

$$\frac{d\vec{M}_{rot}}{dt} = \vec{M}_{rot} \times \gamma \vec{B}_{eff}$$

$$\vec{B}_{eff}(z,t) = \begin{bmatrix} B_1(t) \\ 0 \\ B_0 + G_z \cdot z & \frac{\omega_{RF}}{\gamma} \end{bmatrix}$$

#### Effective B-Field in the Rotating Frame



Coupled system of differential equations!



#### **Slice Selective Excitation**

- What is the ideal slice profile?
- Changing the shape (envelope function) of the pulse affects the excitation bandwidth.
- How do we know which shape to use?
  - Small Tip Angle Approximation
    - ➡ Slice profile depends on the FT of the shape.







# **Small Tip Angle Approximation**

#### **Small Tip Approximation**

$\frac{dM_x}{dt}$		$\hat{i}$	$\hat{j}$	$\hat{k}$
$\frac{dM_y}{dt}$	=	$M_x$	$M_y$	$M_z$
$\frac{dt}{dM_z}$		$\omega_{1}\left(t ight)$	0	$\omega\left(z ight)$
dt				

$$\frac{d\vec{M}}{dt} = \begin{pmatrix} 0 & \omega(z) & 0\\ -\omega(z) & 0 & \omega_1(t)\\ 0 & -\omega_1(t) & 0 \end{pmatrix} \vec{M}$$

 $M_z \approx M_0$  small tip-angle approximation

Solving a first order linear differential equation:

$$M_{xy}(t,z) = i\gamma M_0 \int_0^t B_1(s) e^{-i\omega(z)(t-s)} ds$$

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#### To the board ...

## **Summary for Small Tip**

Assuming carrier frequency = resonance frequency

 $\omega_{\rm RF} = \omega_0$ 

$$\frac{d\vec{M}}{dt} = \begin{pmatrix} 0 & \omega(z) & 0\\ -\omega(z) & 0 & \omega_1(t)\\ 0 & -\omega_1(t) & 0 \end{pmatrix}$$

 $M_z \approx M_0$  small tip-angle approximation

$$M_{r}(\tau, z) = i M_{0} e^{-i\omega(z)\tau/2} \cdot \mathcal{FT}_{1D} \{ \omega_{1}(t + \frac{\tau}{2}) \} |_{f = -(\gamma/2\pi)G_{z}z}$$





# **Small Tip Approximation**

- 1. The excitation profile, within the small angle approximation, is just the Fourier transform of the pulse.
- 2. Remember that the Bloch equations are nonlinear and thus cannot be expected to behave linearly.
- 3. The approximation works surprisingly well even for flip angles up to 90°!





## **Shaped Pulses**



Pauly, J. J. Magn. Reson. 81 43-56 (1989)

The small flip angle approximation still works reasonably well for flip angles that aren't necessarily "small".





#### **Truncation Artifacts**

In MRI we want pulses to be as short as possible:1) To avoid relaxation effects.2) To improve scan efficiency.

The *sinc* function is defined over all time, which is impractical in any experiment.

The *sinc* pulse needs to be truncated to be appropriate for clinical scans.





#### **Truncation Artifacts**

#### What happens when we truncate our pulses?



Deviations from the ideal slice profile are known as truncation artifacts.





## **Reducing Truncation Artifacts**

**Alternative Pulse Shapes** 

$$B_x(t) = A \exp\left[-a(t-\tau/2)^2\right]$$
 Gaussian

#### Reduced side-lobes, but not as flat of a slice profile.





## Thanks



DANIEL B. ENNIS, PH.D. ENNIS@UCLA.EDU 310.206.0713 (OFFICE) HTTP://ENNIS.BOL.UCLA.EDU

PETER V. UEBERROTH BLDG. SUITE 1417, ROOM C 10945 LE CONTE AVENUE



