Introduction to the Patient-Reported Outcomes Measurement Information System (PROMIS)

UCLA Center for East-West Medicine 2428 Santa Monica Blvd., Suite 208

Ron D. Hays, Ph.D. UCLA Department of Medicine

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http://twitter.com/RonDHays

http://gim.med.ucla.edu/FacultyPages/Hays/

PROMIS

 Patient-reported outcomes measurement information system (PROMIS) project

- Item banks measuring patient-reported outcomes
- Computer-adaptive testing (CAT) system
- <u>http://www.nihpromis.org/</u>

PROMIS Banks (454 items)

http://www.assessmentcenter.net/ac1/

- Emotional Distress [86]
 - Depression (28)
 - Anxiety (29)
 - Anger (29)
- Physical Function [124]
- Pain [80]
 - Behavior (39)
 - Impact (41)
- Fatigue [95]
- Satisfaction with Participation in Discretionary Social Activities (12)
- Satisfaction with Participation in Social Roles (14)
- Sleep Disturbance (27)
- Wake Disturbance (16)

American Psychiatric A. DSM 5

"As part of a roadmap for clinical research, the NIH began an effort to produce a Patient-Reported Outcome Measurement Information System[™] (PROMIS) that "aims to revolutionize the way patient-reported outcome tools are selected and employed . .

. . PROMIS[™] aims to develop ways to measure patient-reported symptoms across a wide variety of chronic diseases and conditions." www.nihpromis.org PROMIS[™] has developed assessments for a number of clinical domains that have been identified by the DSM-5 Task Force as areas on which quantitative ratings would be useful for this cross-cutting assessment. One advantage for using the scales developed by the PROMIS[™] initiative is that they are short. Further, the initiative has developed Computerized adaptive testing methods that can be used to establish a patient's rating by comparison to national norms with as few questions as possible. For the DSM-5 field trials, a simpler approach, using the paper and pencil fixed-item "short forms" for each PROMIS[™] domain, will be available although a computer assisted version may also be used. The short forms focus on a single domain, such as depressed mood, and use a set of questions identified using item response theory to place an individual's response along a unidimensional continuum based on population norms. Relevant short forms that could be included in DSM-5 include the scales for depressed mood, anxiety, anger, sleep problems, and perhaps fatigue and pain impact."

Reliability and SEM

- For z-scores (mean = 0 and SD = 1):
 - Reliability = 1 SEM²
 - = 0.91 (when SEM = 0.30)
 - = 0.90 (when SEM = 0.32)

- With 0.90 reliability
 - 95% Confidence Interval
 - z-score: -0.62 → 0.62
- T-score = (z-score * 10) + 50
 - T-score: $44 \rightarrow 56$

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Translational Tools for Clinical Studies of CAM Interventions

- "T1" Translation research: "apply discoveries generated during research in the laboratory, and in preclinical studies, to the development of trials and studies in humans."
- "FOA is not to be used for randomized controlled trials of efficacy or effectiveness for CAM interventions, and applications that do propose such trials will be considered nonresponsive."

RFA-AT-10-001

- National Center for Complementary and Alternative Medicine (NCCAM)
 - Dr. Partap S. Khalsa
 - Division of Extramural Research
 - Scientific/Research Contact
- Due date: 03-23-10; Start date: 12-01-10
- 8 grants, 6 million total per year
- 330k direct costs/year; 5-year duration

Example Research Topic

 Development and Early-stage Validation of CAM-relevant Patient-Reported Outcomes Measurement Information System (PROMIS) assessment tools for CAM mind-body interventions, manual therapies and/or yoga



Focus

- Item pool for evaluation of:
 - Spinal manipulation (osteopaths, physical therapists, chiropractors)
 - Massage (accupressure)
 - Acupuncture
 - Yoga
- NHIS indicates that1/3 of CAMS use for treatment of chronic pain disorders (back pain largest component)

Steps

- Review literature
- Focus groups
- Draft items
- Cognitive interviews
- Revise item pool
- Field test
- Finalize item pool for future studies

Example PROMIS Publications

- Arthritis Res Ther. 2009;11(6):R191. Epub 2009 Dec 16. Better assessment of physical function: item improvement is neglected but essential.
- Qual Life Res. 2010 Feb;19(1):125-36. Epub 2009 Nov 26.
 Efficiency of static and computer adaptive short forms compared to full-length measures of depressive symptoms.
- Pain. 2009 Nov;146(1-2):158-69. Epub 2009 Aug 15. Development and psychometric analysis of the PROMIS pain behavior item bank.
- Qual Life Res. 2009 Sep;18(7):873-80. Epub 2009 Jun 19.
 Development of physical and mental health summary scores from the patient-reported outcomes measurement information system (PROMIS) global items.

Thank you!



