

# MRI Systems I: B0

M219 - Principles and Applications of MRI

Kyung Sung, Ph.D.

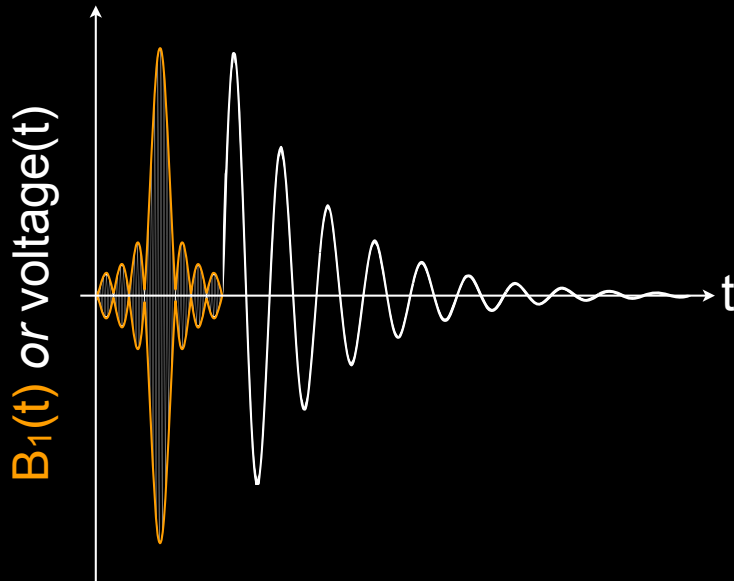
1/5/2022

# What is MRI?

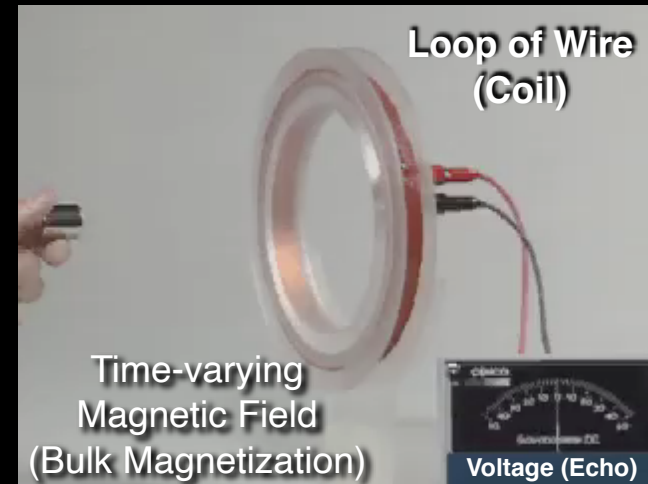
- Magnetic
  - We need a big magnet
- Resonance
  - Excitation energy has to be on-resonance
- Imaging
  - We can make pretty pictures

# What is MRI?

MRI follows a classic excitation-reception paradigm.



**Excitation**      Reception  
(RF Pulse)      (FID or Echo)



Faraday's Law of Induction

MRI encodes spatial information and image contrast in the echo.

# Requirements for MRI

- NMR Active Nuclei
  - e.g.  $^1\text{H}$  in  $\text{H}_2\text{O}$
- Magnetic Field ( $B_0$ ): Polarizer
- RF System ( $B_1$ ): Exciter
- Coil: Receiver
- Gradients ( $G_x, G_y, G_z$ ): Spatial Encoding

# MRI Hardware

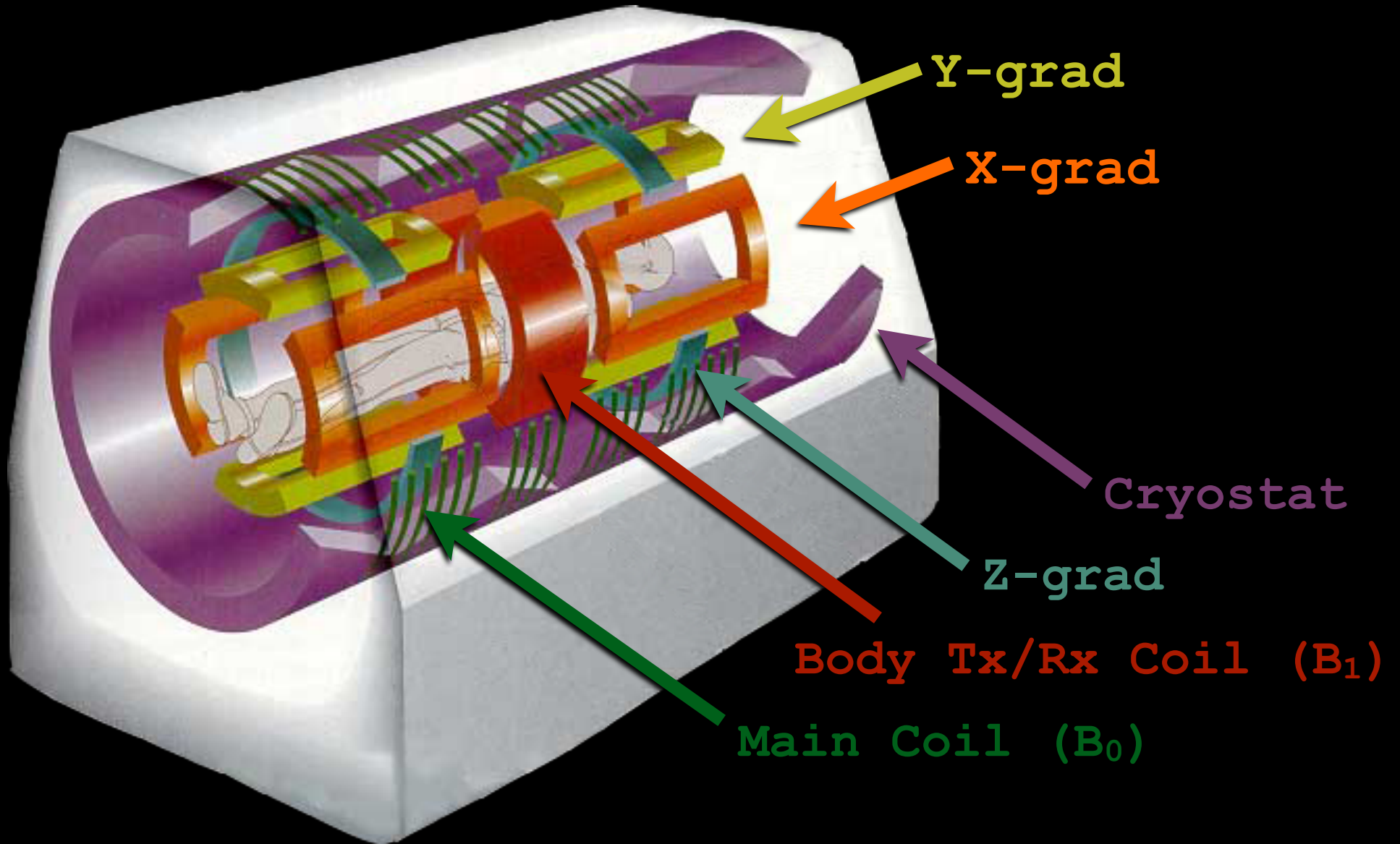
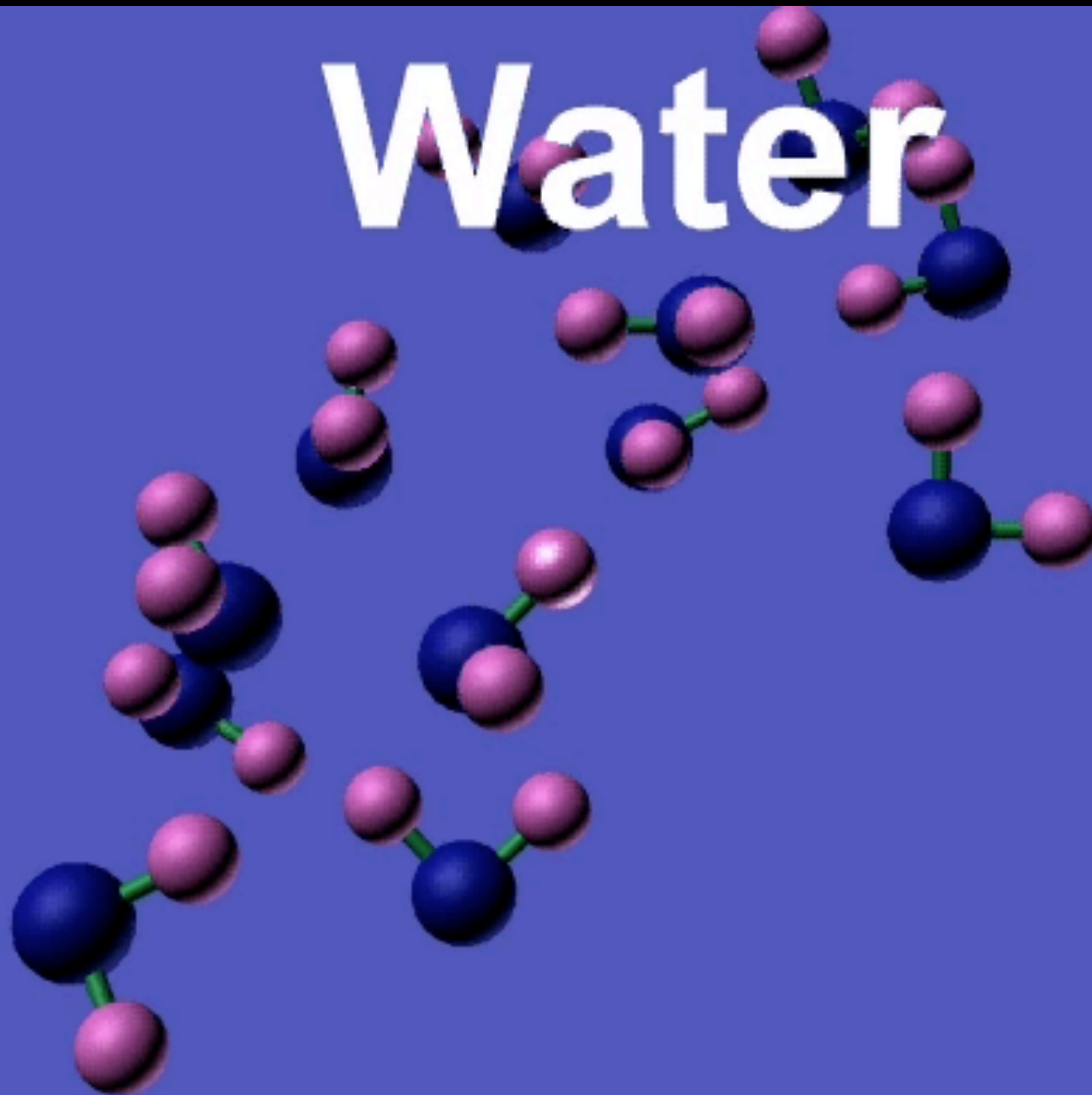


Image Adapted From: <http://www.ee.duke.edu/~jshorey>

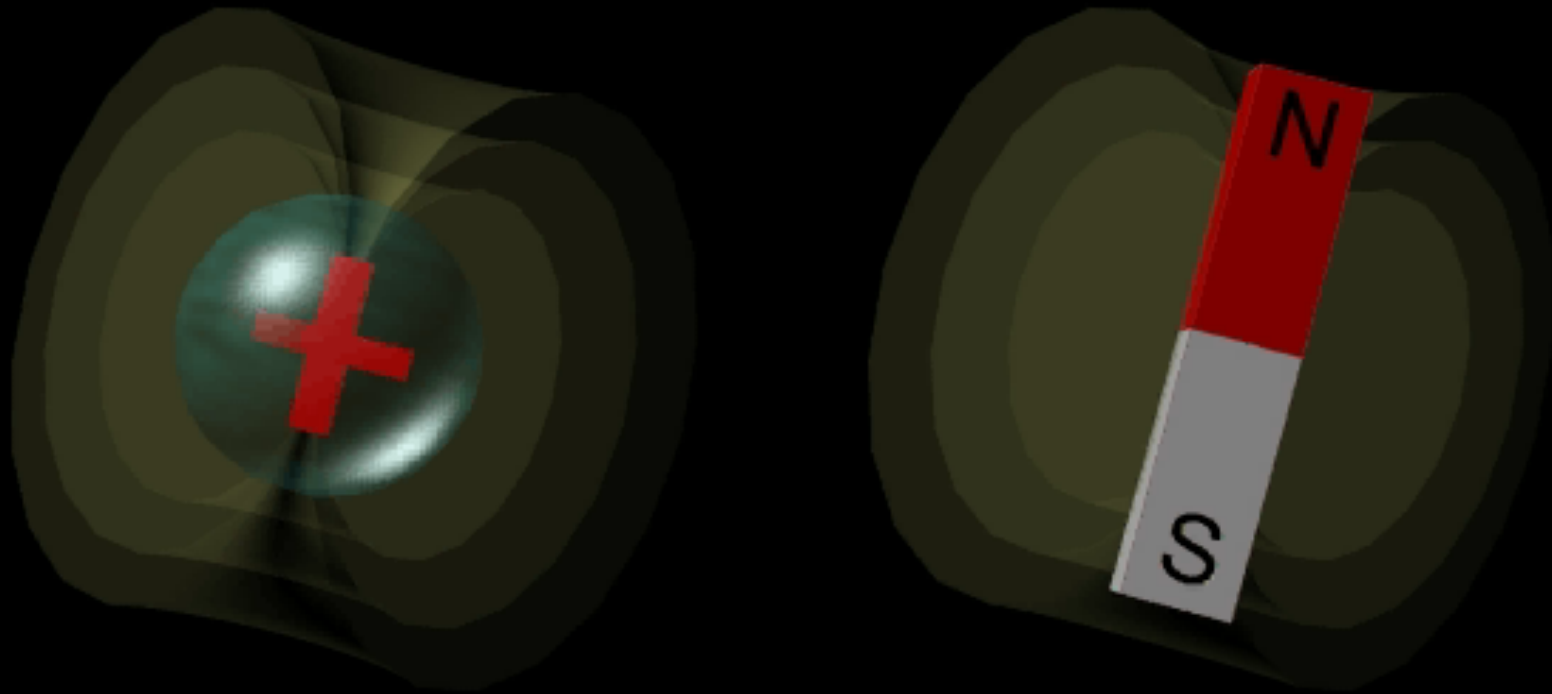
# Nuclear Magnetic Resonance

# NMR Phenomena

# Water



# Magnetic Moment

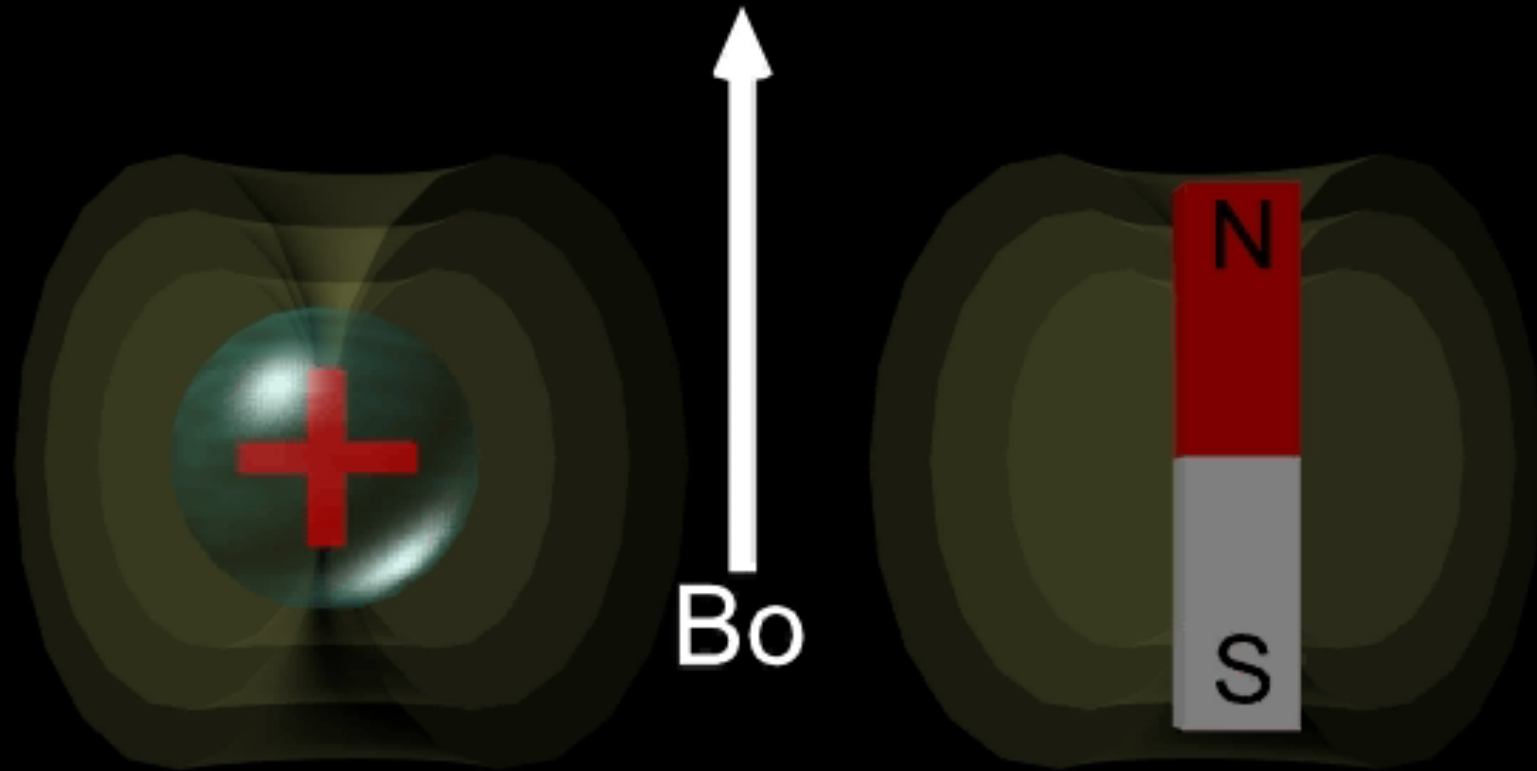


Charge }  
Spin } Magnetic  
Moment

Protons behave like small magnets because of spin and charge.



# Magnetic Moment



Charge }  
Spin } Magnetic  
Moment

Protons (small magnets) align with an external magnetic field ( $B_0$ ).

# Angular Momentum



Spin

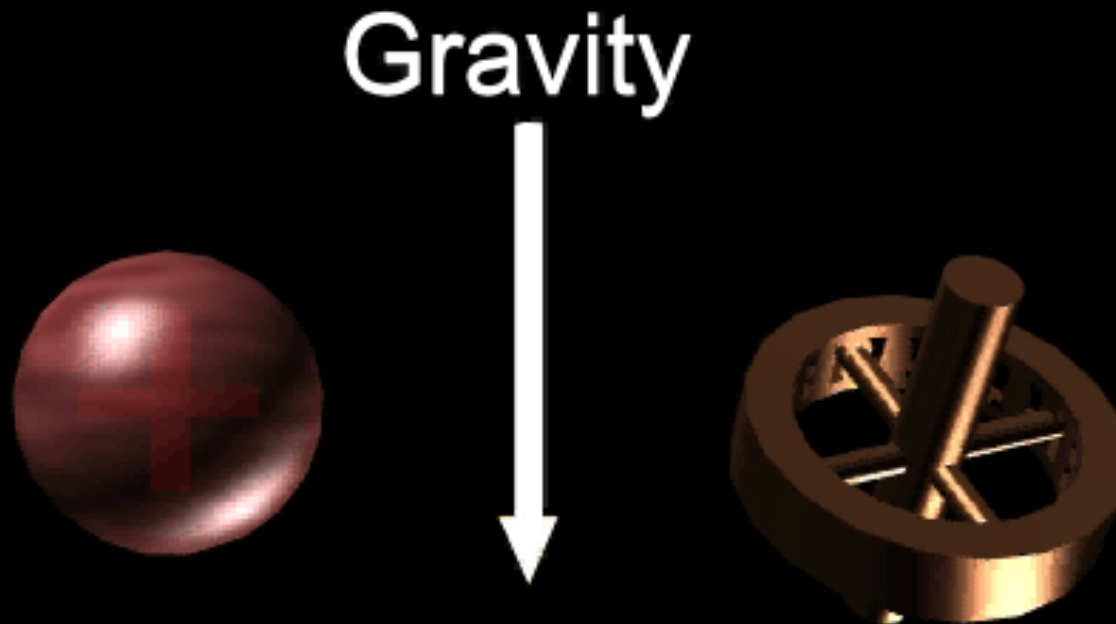
Mass



Angular  
Momentum

Protons have angular momentum because of spin and mass.

# Precession (Top Analogy)



Precession

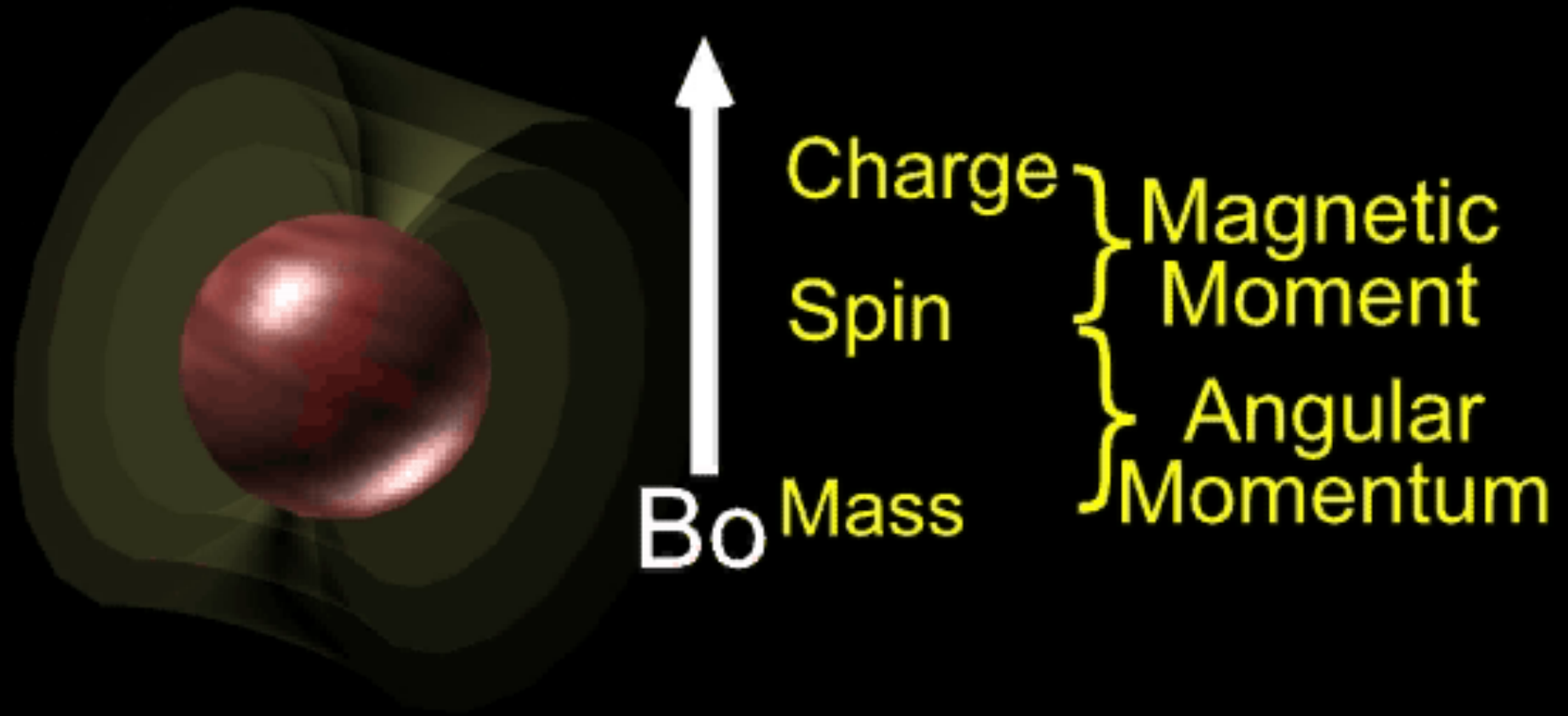
Spin

Mass

} Angular  
} Momentum

A spinning top precesses in a gravitational field.  
A spinning proton precesses in a magnetic ( $B_0$ ) field.

# Larmor Frequency

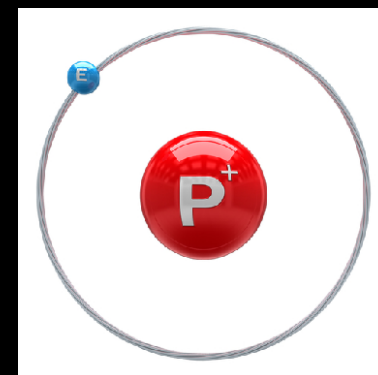


$$\text{Larmor Frequency} = \omega = \gamma B_0$$

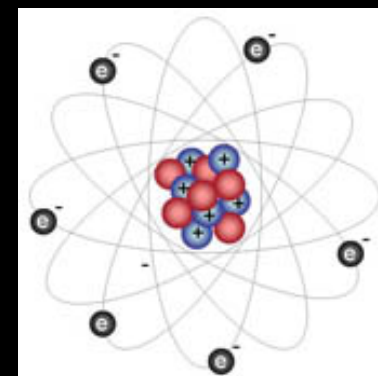
The frequency of precession is the Larmor frequency.

# NMR Active Nuclei

- Spin + Charge + Mass  $\implies$  NMR Active
  - Spin? *Intrinsic* form of angular momentum.
- Nuclei have spin angular momentum if:
  - Odd atomic mass (# protons+neutrons)  
**And/Or**
  - Odd atomic number (# of protons)
- Spin angular momentum
  - Leads to precession
  - Spin  $\neq$  precession (a top spins *and* precesses)
- Frequency of precession (**Larmor Frequency**)
  - Gyromagnetic Ratio ( $\gamma$ )
    - Physical constant
    - Unique for each NMR active nuclei



Hydrogen



Carbon-13

**What is so special about  $^1\text{H}$ ? Spin, charge, and mass!**

# Larmor Equation

- Spin≠Precession
  - Protons *intrinsically* have spin
  - Protons *precess* in the presence of a B-field
- Larmor frequency increases with:
  - Larger  $B_0$
  - Higher gyromagnetic ratio
  - Higher frequencies produce stronger signals...

$$\omega = \gamma B_0$$

# NMR Active Nuclei

Isotope	Spin [I]	Gyromagnetic Ratio [MHz/T]	Relative Sensitivity	Natural Abundance	Absolute Sensitivity
<b><math>^1\text{H}</math></b>	<b><math>1/2</math></b>	<b>42.57</b>	<b>1</b>	<b>0.9980</b>	<b><math>9.98\text{E-}01</math></b>
$^2\text{H}$	1	6.54	$9.65\text{E-}06$	0.0002	$1.93\text{E-}09$
$^{12}\text{C}$	0	---	---	0.9890	---
$^{13}\text{C}$	$1/2$	10.71	0.016	0.0110	$1.76\text{E-}04$
$^{14}\text{N}$	1	3.08	0.001	0.9960	$9.96\text{E-}04$
$^{15}\text{N}$	$1/2$	-4.32	0.001	0.0040	$4.00\text{E-}06$
$^{16}\text{O}$	0	---	---	0.9890	---
$^{17}\text{O}$	$5/2$	-5.77	0.029	0.0004	$1.16\text{E-}05$
$^{19}\text{F}$	$1/2$	40.05	0.83	1.0000	$8.30\text{E-}01$
$^{23}\text{Na}$	$3/2$	11.26	0.093	1.0000	$9.30\text{E-}02$
$^{31}\text{P}$	$1/2$	17.24	0.066	1.0000	$6.60\text{E-}02$

The **relative sensitivity** is at constant magnetic field and equal number of nuclei  
The **absolute sensitivity** is the relative sensitivity multiplied by natural abundance

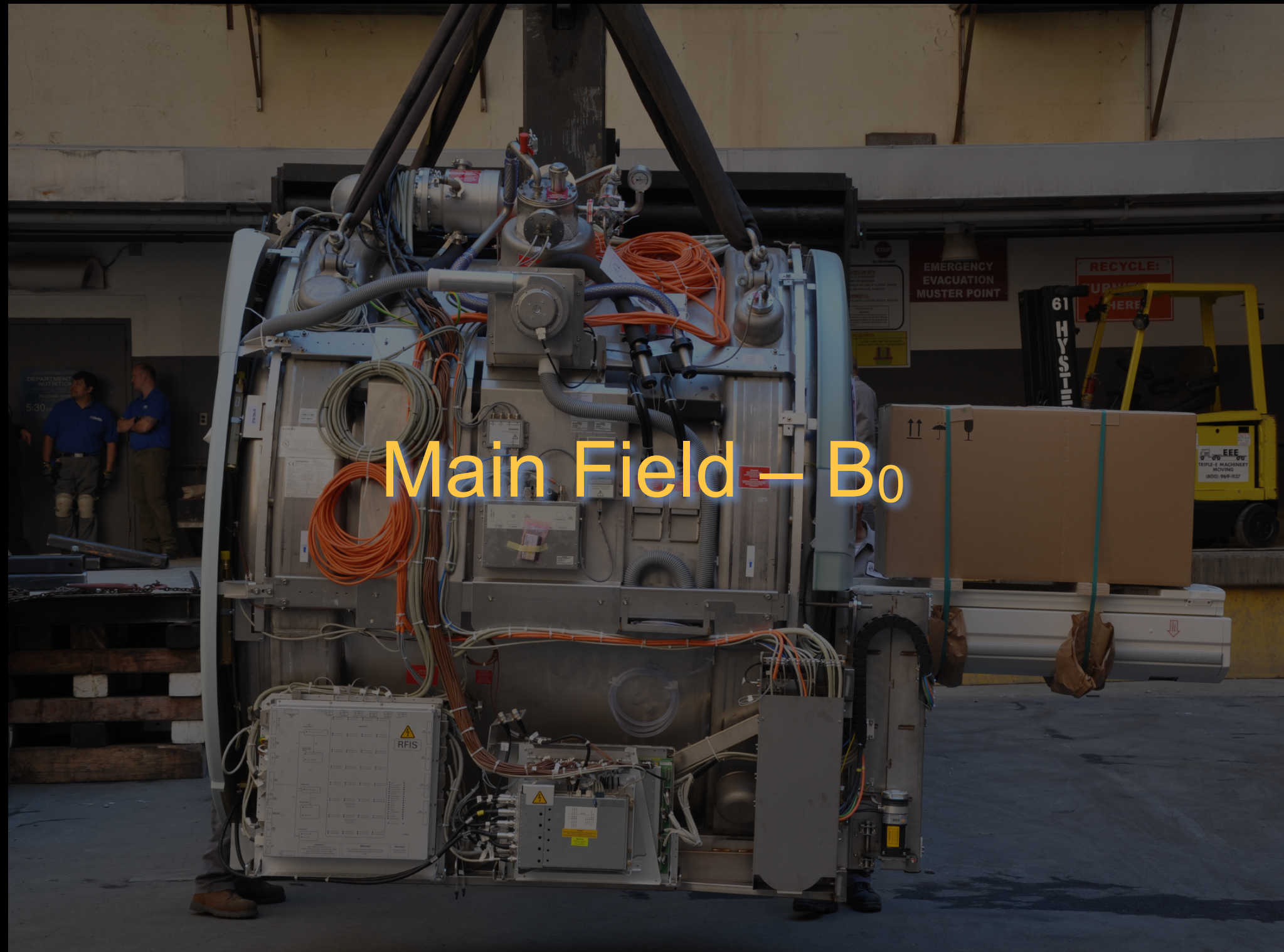
# MRI Signal

- **Signal from:**
  - Soft tissues
    - Muscle, organs, fat, etc.
  - Fluids
    - CSF, Blood, Synovial, etc.
- **Signal *not* from:**
  - Hard Tissues
    - Cortical Bone
    - Ligament/Tendon
    - Teeth
  - Gases
    - Lung air space
    - Sinuses
    - Bowel

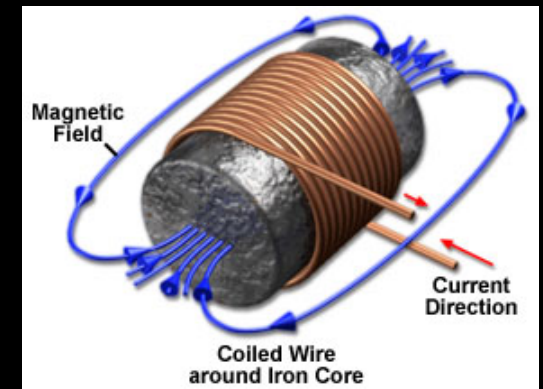
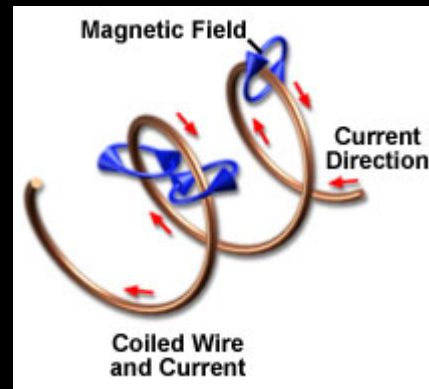
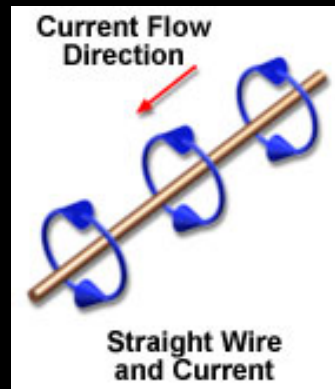




# Main Field — $B_0$



# Currents & Magnetic Fields

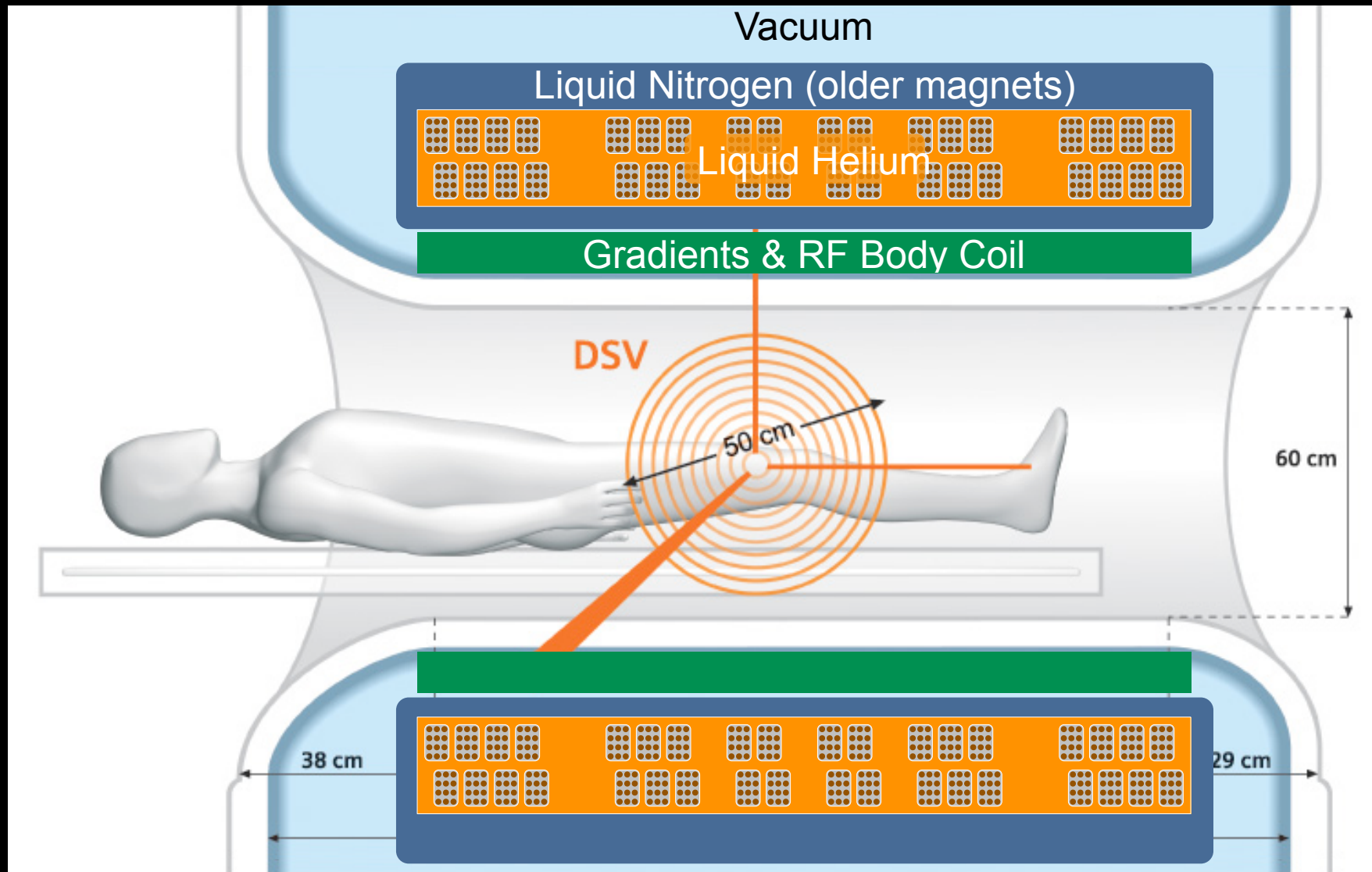


Left-hand Rule

**Electromagnet – A current in a wire generates a magnetic field.**

<http://www.magnet.fsu.edu/education/tutorials/magnetacademy/>

# Superconducting Electromagnet



**MRI scanners are superconducting electromagnets.**

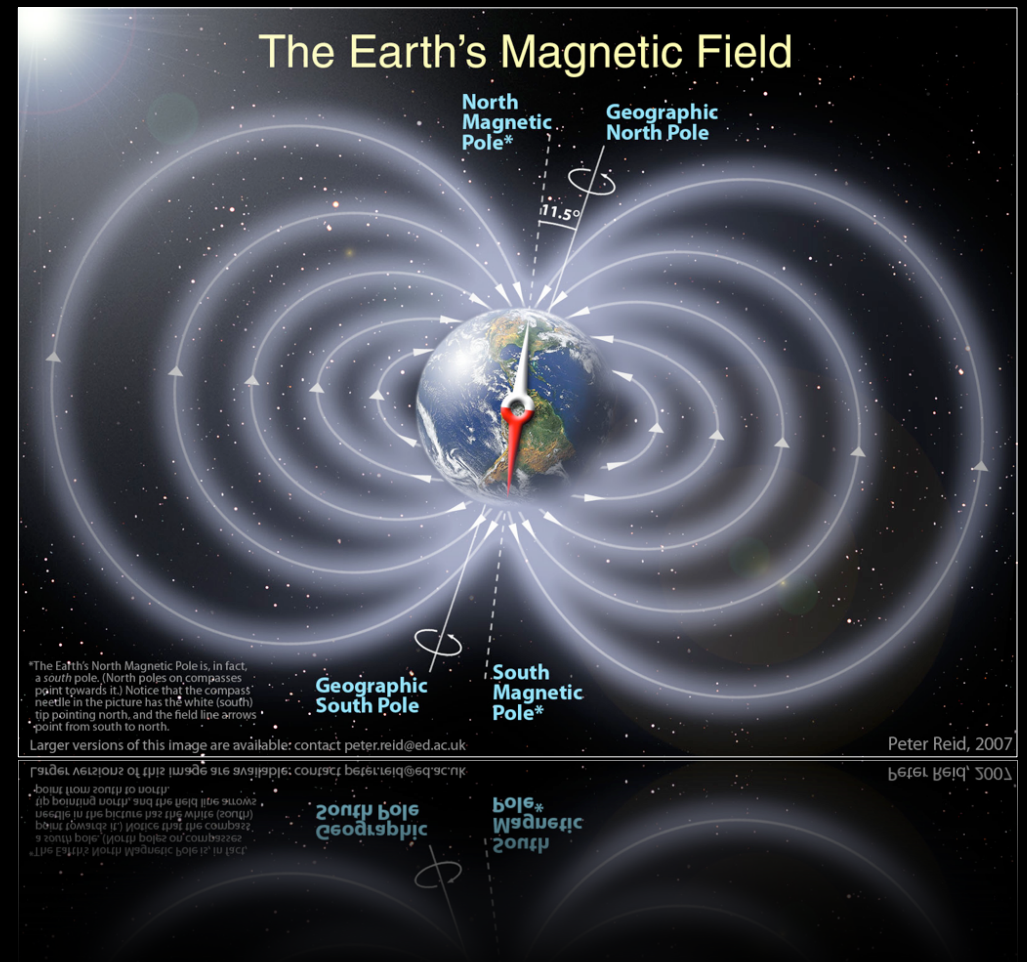
# B<sub>0</sub> Field

- B<sub>0</sub> field is:
  - Spatially uniform (over a volume of interest)
    - ~50cm @ isocenter
  - Temporally stable
    - $B_0(t) = B_0(t=0)e^{-(R/L)/t}$
    - Decays <1ppm/hour
  - Oriented along the z-axis ( $\vec{k}$ )
    - Long axis of the scanner.

$$\vec{B}_0 = B_0 \vec{k}$$

# Main Field ( $B_0$ ) – Strength

- Earth's magnetic field
  - 0.5 Gauss
- Refrigerator magnet
  - 10-100 Gauss
- $B_0$  Field
  - 0.5T = 5000 Gauss
  - 1.5T = 15000 Gauss
  - 3.0T = 30000 Gauss



# $B_0$ Strength - Advantages

- $\uparrow B_0 \implies \uparrow$  Polarization ( $|\vec{M}|$ ) =  $\uparrow$  SNR
  - $\uparrow$  Polarization, therefore more  $\vec{M}$  for imaging.
  - $\text{SNR} \propto B_0^{7/4}$  ( $\uparrow$  Polarization +  $\uparrow$  Larmor Frequency)
    - $\uparrow$  Spatial resolution
    - $\uparrow$  Temporal resolution
    - $\downarrow$  Scan time

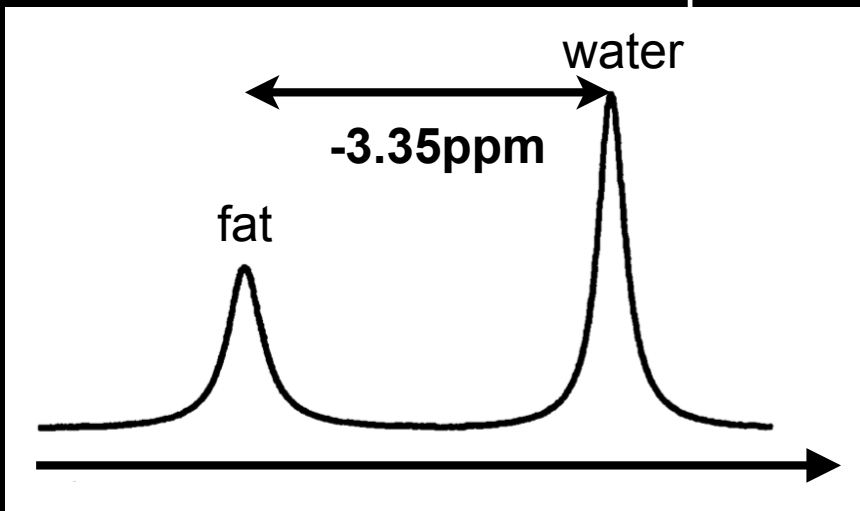
# $B_0$ Strength - Disadvantages

- $\uparrow B_0 \implies \uparrow$  Specific Absorption Ratio (SAR)
  - Energy absorbed by body [W/kg]
  - $SAR \propto B_0^2$
- $\uparrow B_0 \implies \uparrow$  Cost
  - ~\$1,000,000 per Tesla
  - More shielding

**Higher  $B_0$  leads to higher SAR for patients and higher costs.**

# B<sub>0</sub> Strength - Disadvantages

- ↑ B<sub>0</sub> ⇒ ↑ Chemical shift (Δf)
  - ↑ Δf between fat and water
    - Fat and water have different Larmor frequencies
      - ~220Hz different at 1.5T
      - ~440Hz different at 3.0T
    - Fat is more spatially mis-registered @ 3T
      - Good for spectroscopy...



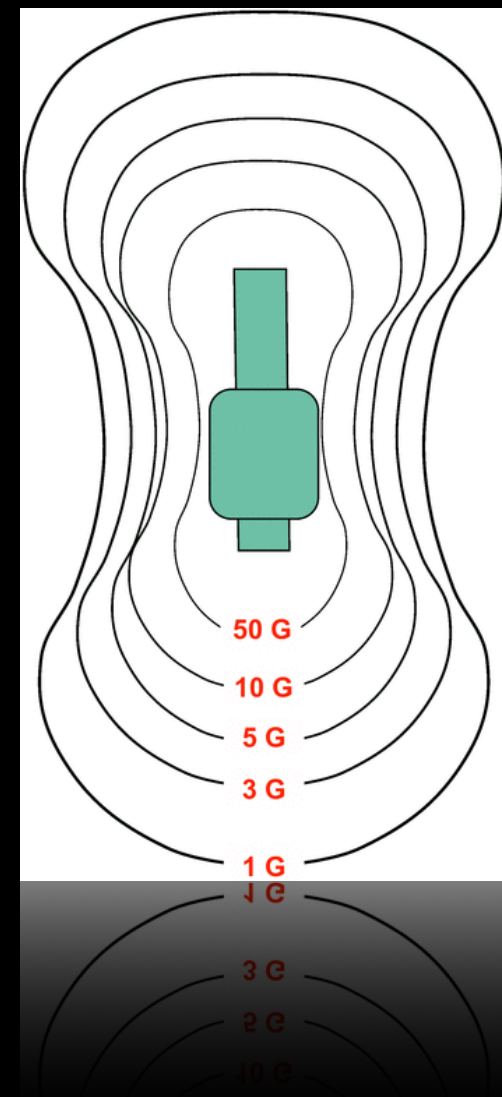
$$B = B_0 (1 - \delta)$$
$$\delta_{-\text{CH}_2} = 3.35\text{ppm}$$

Chemical Shift – Fat (–CH<sub>2</sub>) is ~220Hz lower at 1.5T



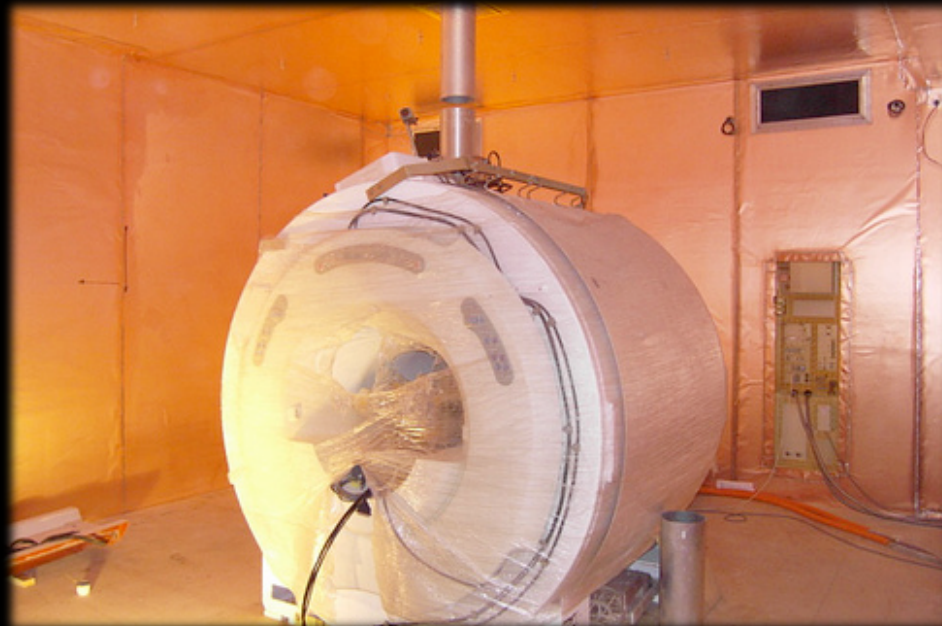
# Main Field ( $B_0$ ) – Shielding

- **Problem**: The  $B_0$  field extends well beyond the scanner.
- **Shielding** reduces  $B_0$  foot print
  - Reduces install cost
  - Reduces interference
- **Passive Shielding**
  - Iron room shielding
  - Heavy, not cheap
- **Active Shielding**
  - Super-conducting coils that oppose (shield)  $B_0$  fringe field
- **“Five Gauss Line”**
  - Threshold beyond which ferromagnetic objects are strictly prohibited
  - $5\text{G}=0.5\text{mT}$

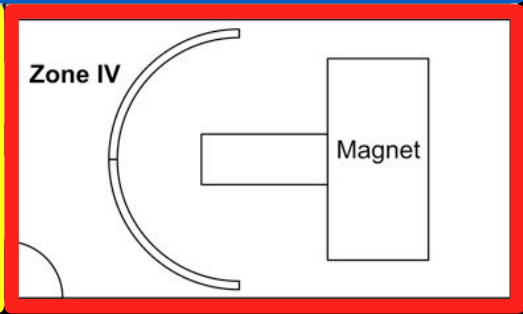
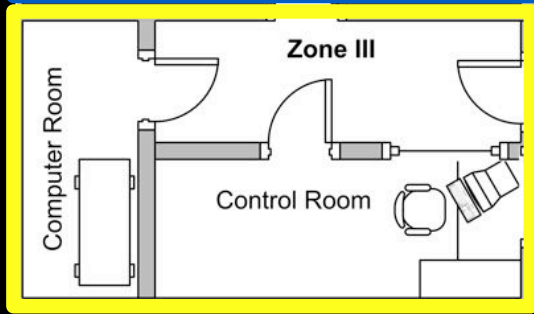
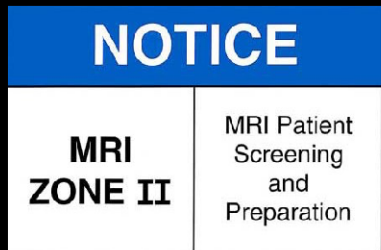
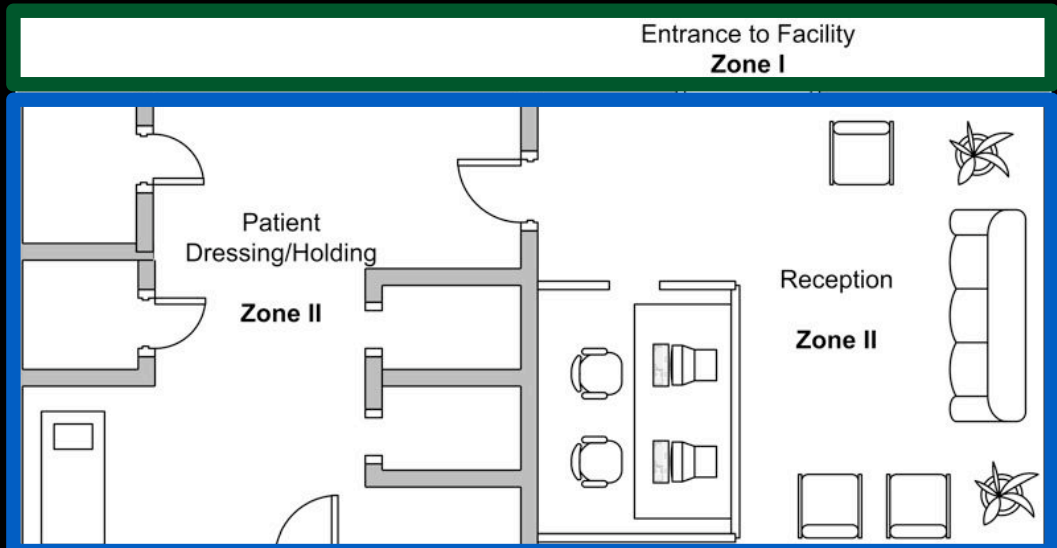
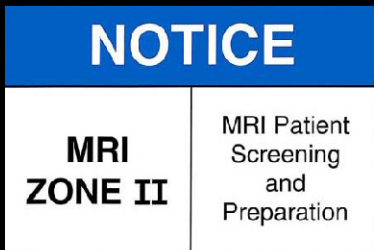


# RF Shielding

- RF fields are close to FM radio
  - $^1\text{H}$  @ 1.5T  $\Rightarrow$  63.85 MHz
  - $^1\text{H}$  @ 3.0T  $\Rightarrow$  127.71 MHz
  - KROQ  $\Rightarrow$  106.7 MHz
- Need to shield local sources from interfering
- Copper room shielding required



# MRI Zones



# B<sub>0</sub> Hardware Anatomy



# Superconducting Electromagnets

- MRI scanners are **superconducting electromagnets**
  - B-field is generated by flowing electricity
  - Permanent magnet MRI are uncommon

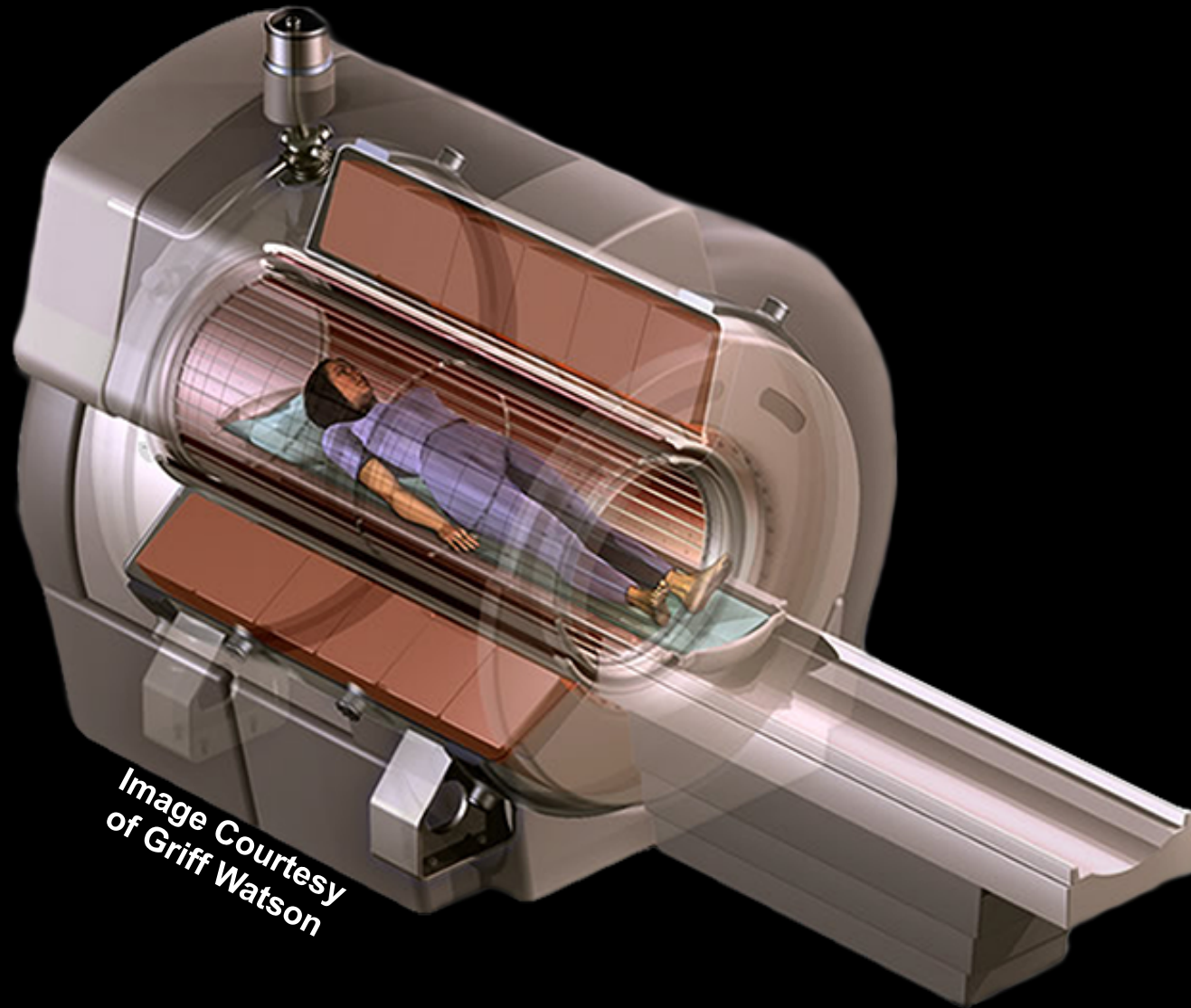
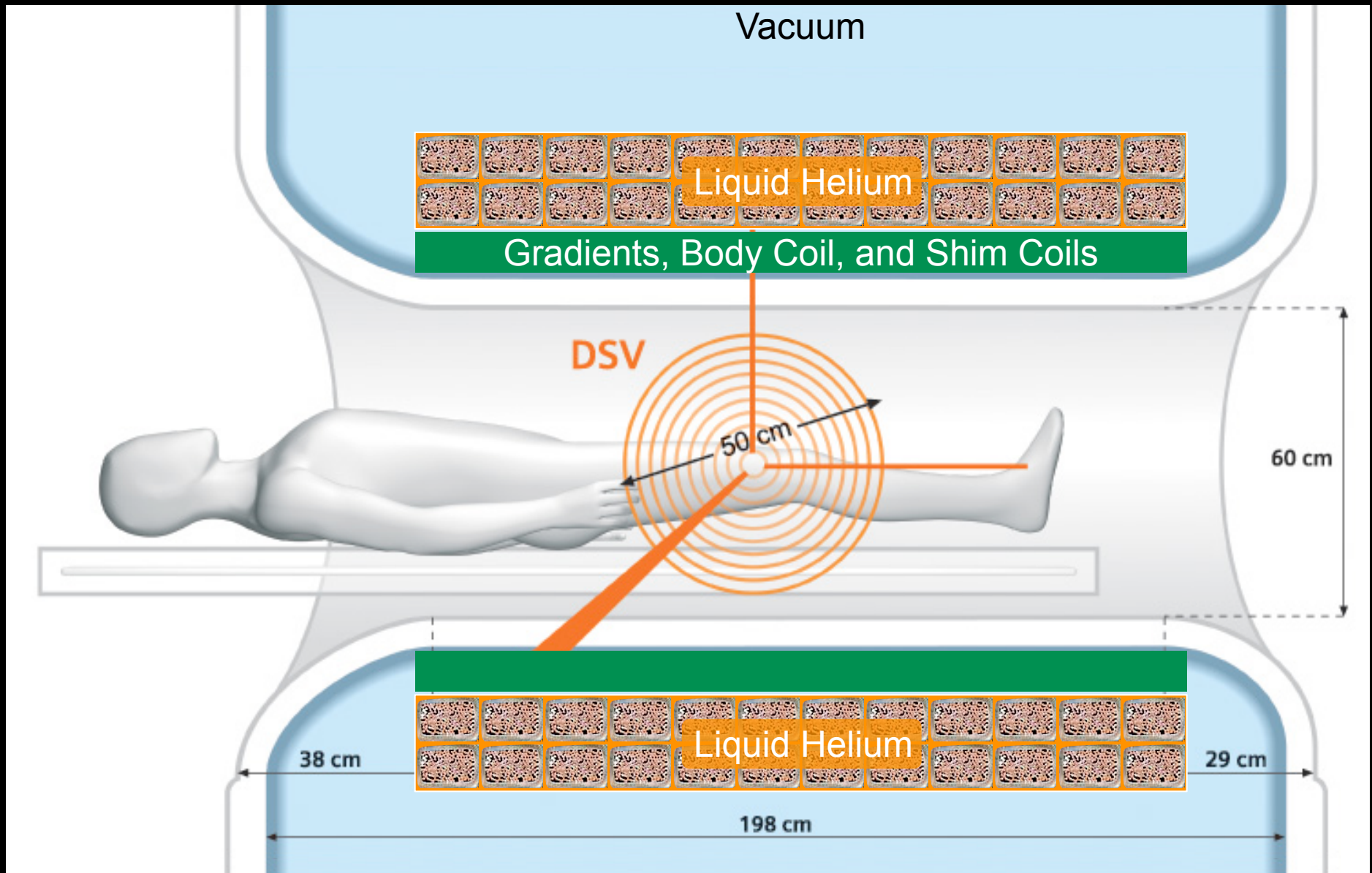
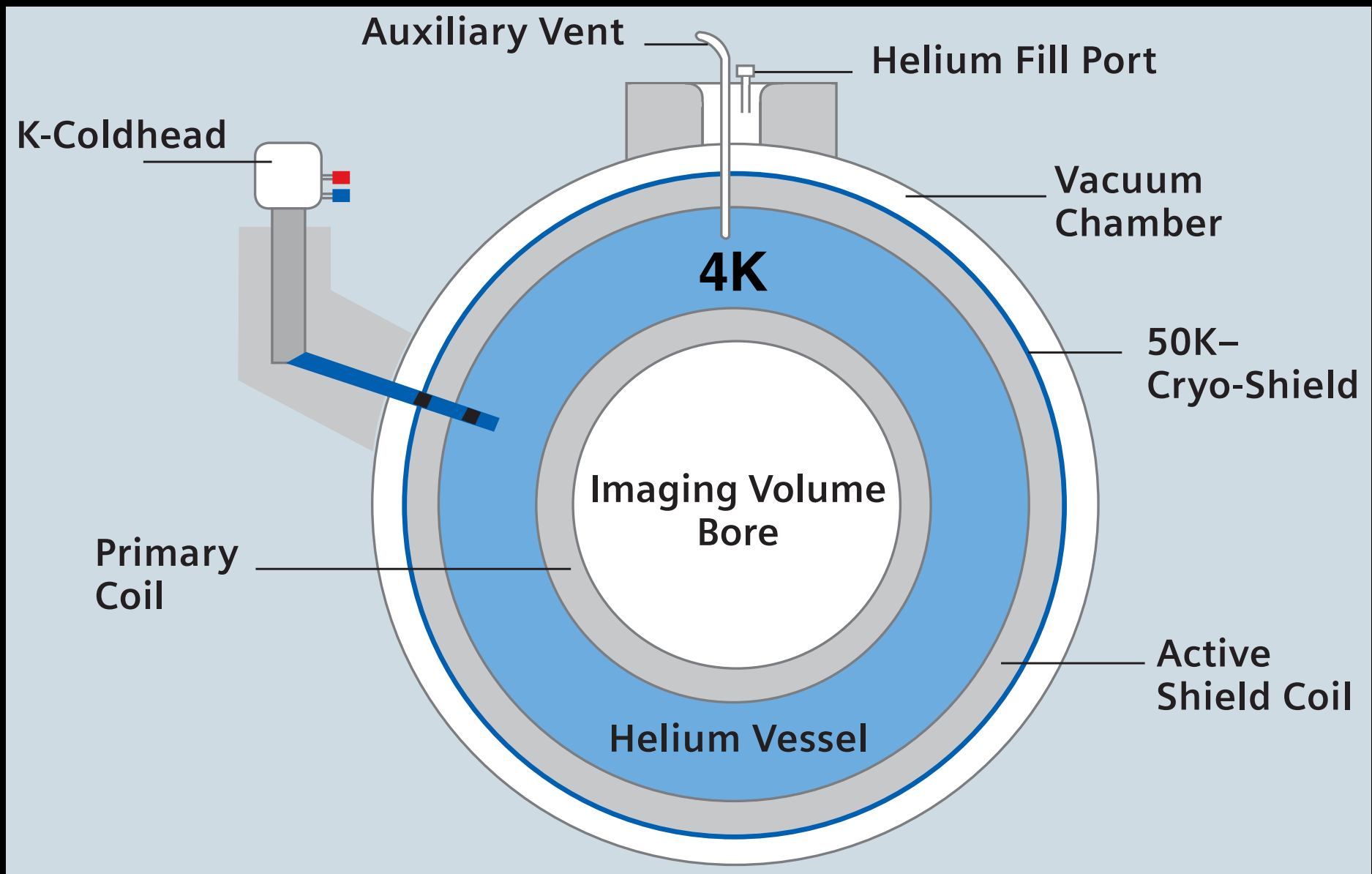


Image Courtesy  
of Griff Watson

# Superconducting Magnet

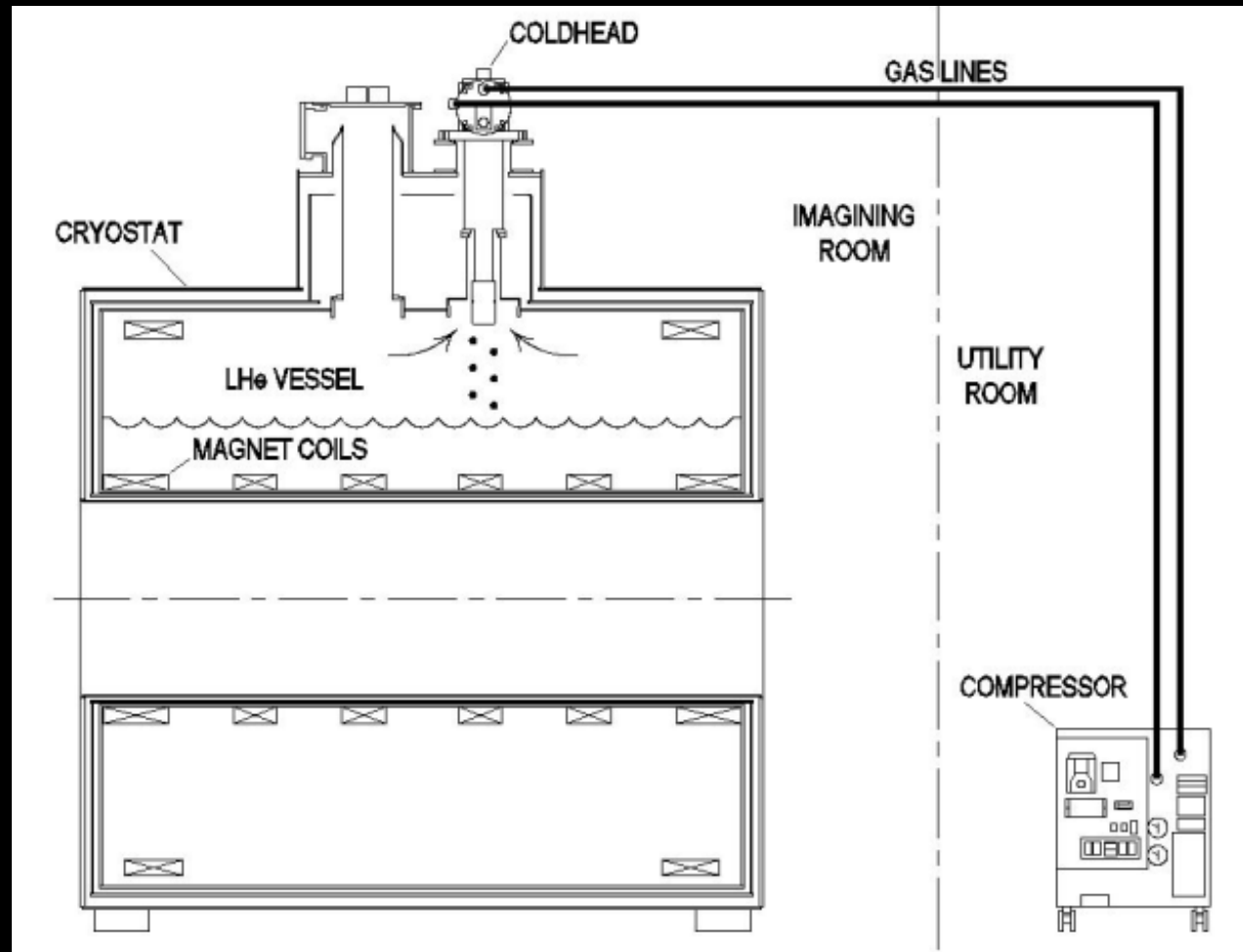


# Superconducting Electromagnets



[www.siemens.com/magnetom-world](http://www.siemens.com/magnetom-world) (Magnetom Flash 2/2008)

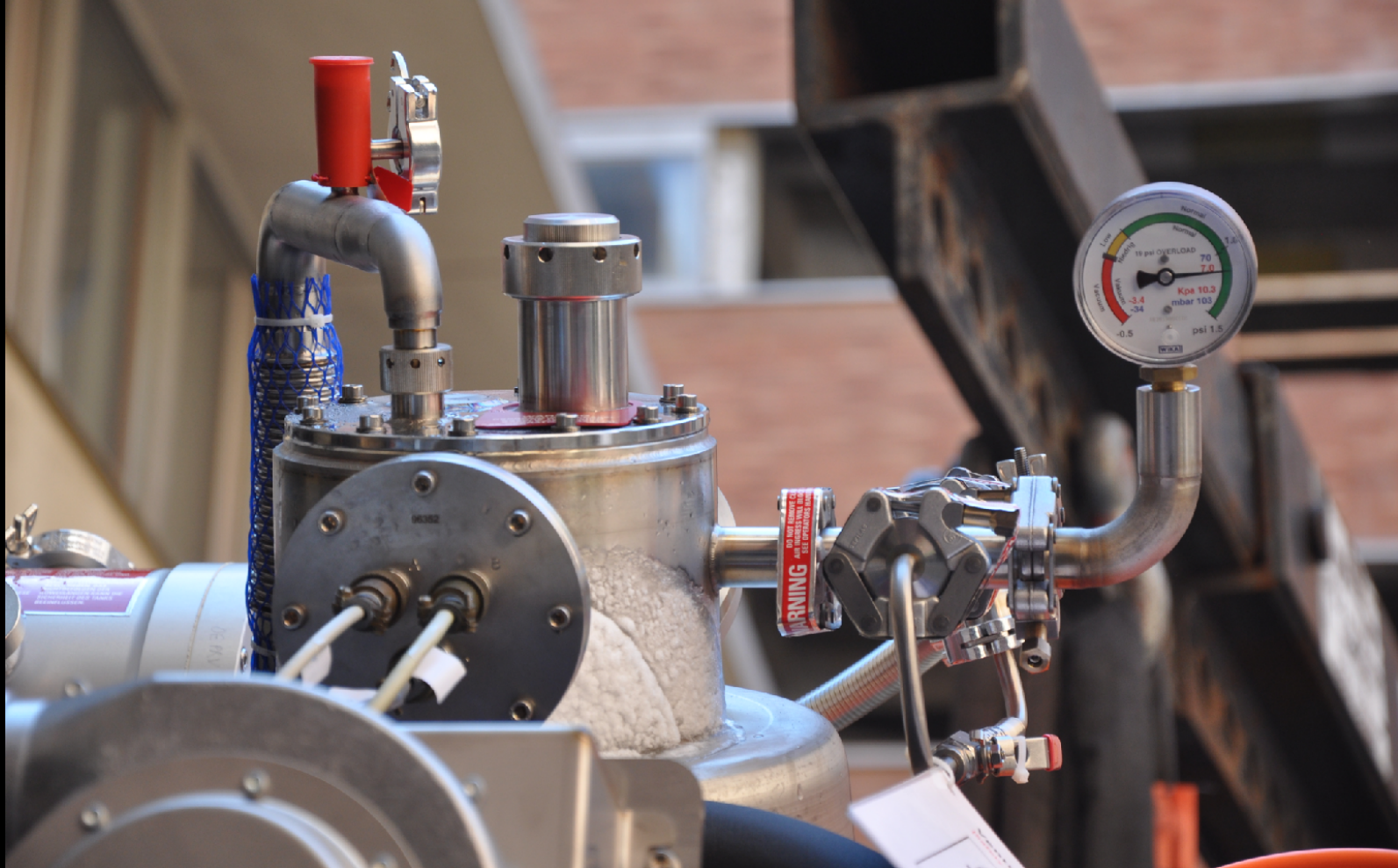
# Coldhead (Cryocooler)



Re-condenses helium vapor and returns liquid helium to vessel.



# Helium Fill Port



Helium boils off at 0 to 0.03 L/hour.  
\$10-\$25 per liter of liquid Helium.

Zero Boil-off and Low Volume (~20L vs 2000L) systems are emerging.

# Liquid Helium

- **Where does helium come from?**
  - Extracted from natural gas
  - Strategic helium reserve
  - **Helium that escapes to atmosphere is lost forever.**
- **Zero boil-off design**
  - Captures and re-compresses cryogen
  - Saves 700-1300L per year

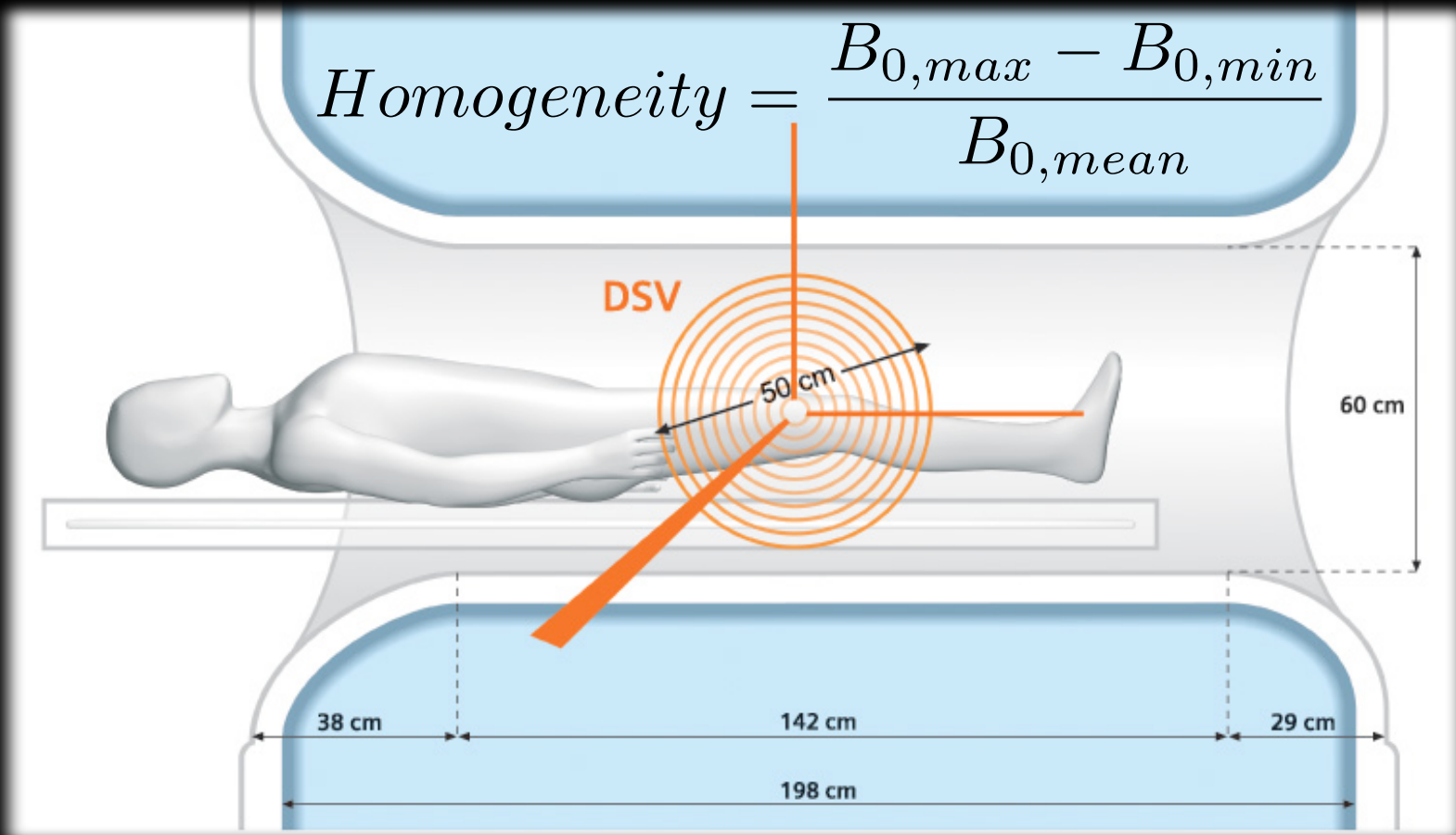


# $B_0$ Field Inhomogeneity

# B<sub>0</sub> Field Inhomogeneity

- **Problem:** Magnets aren't perfect
  - 100s ppm for best bare magnets
- B<sub>0</sub> field inhomogeneity induces image and phase artifacts
  - geometric distortion, image shifts, decreased SNR, and off-resonance errors
- B<sub>0</sub> Homogeneity improved by:
  - **Passive Shimming**
    - Placement of ferromagnetic structures within the bore to improve field uniformity
  - **Active Shimming**
    - Small “always on” currents in the gradient coils improve the field
    - Fine-tuned during pre-scan

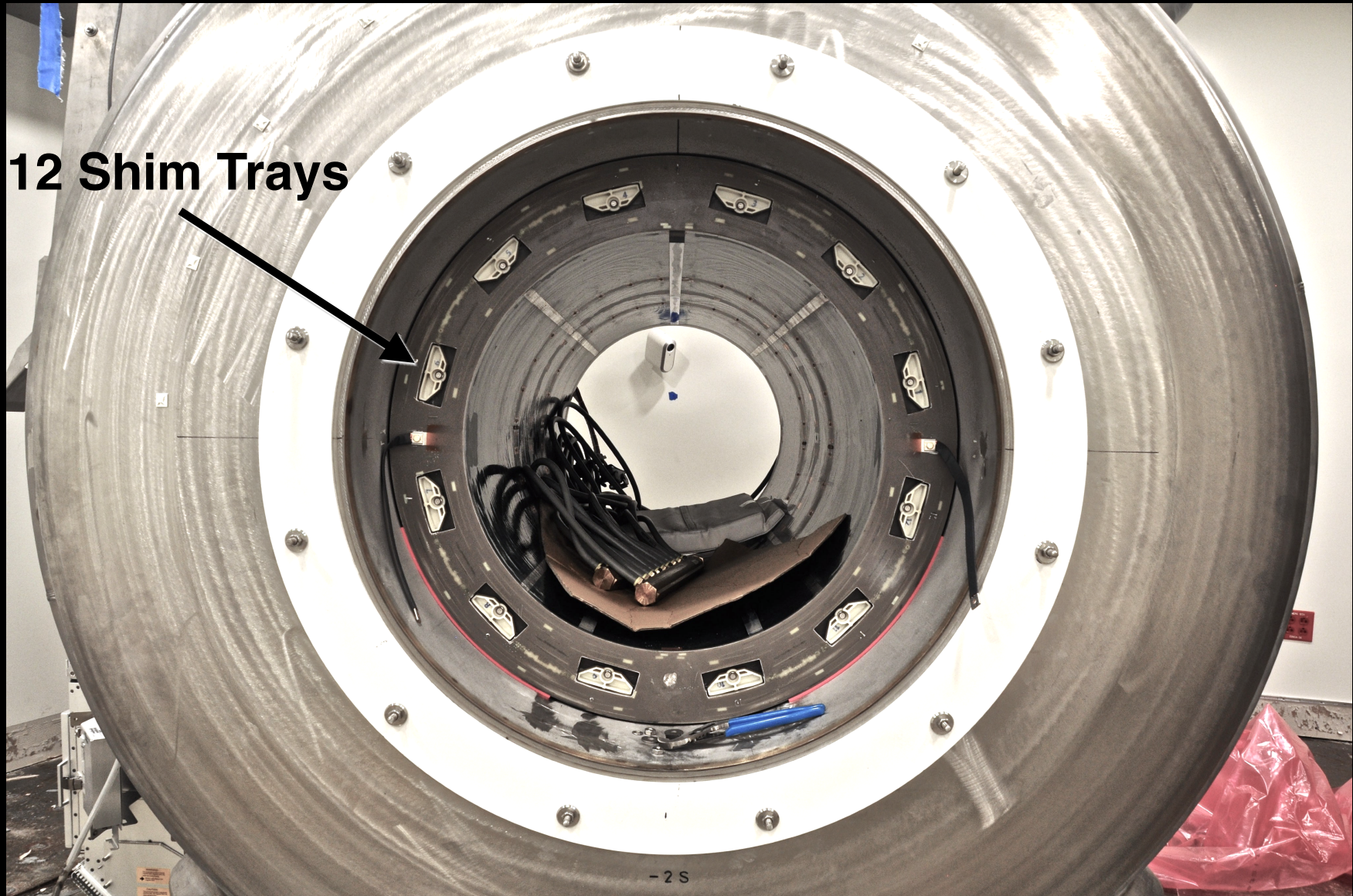
# B<sub>0</sub> Field Inhomogeneity



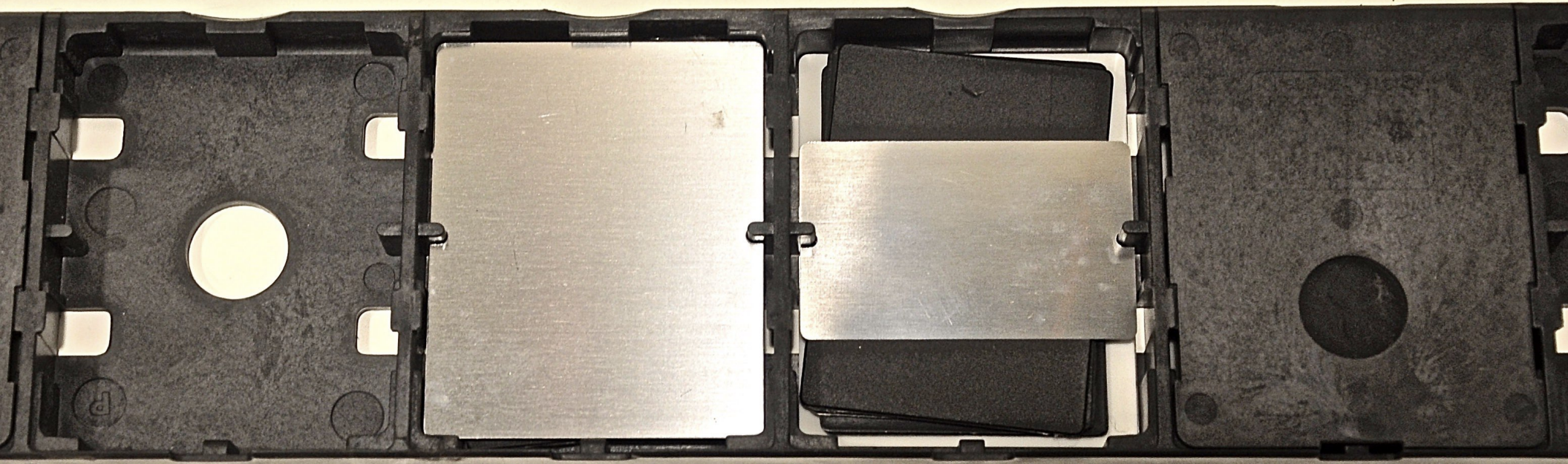
## Homogeneity

- 0.25 ppm VRMS\* for a 40 cm (16 inch) DSV†
- 1.00 ppm VRMS for a 50 cm (20 inch) DSV
  - <4ppm peak-peak variation

# Passive $B_0$ Field Shims



# Passive Shim Tray



No Shim Card

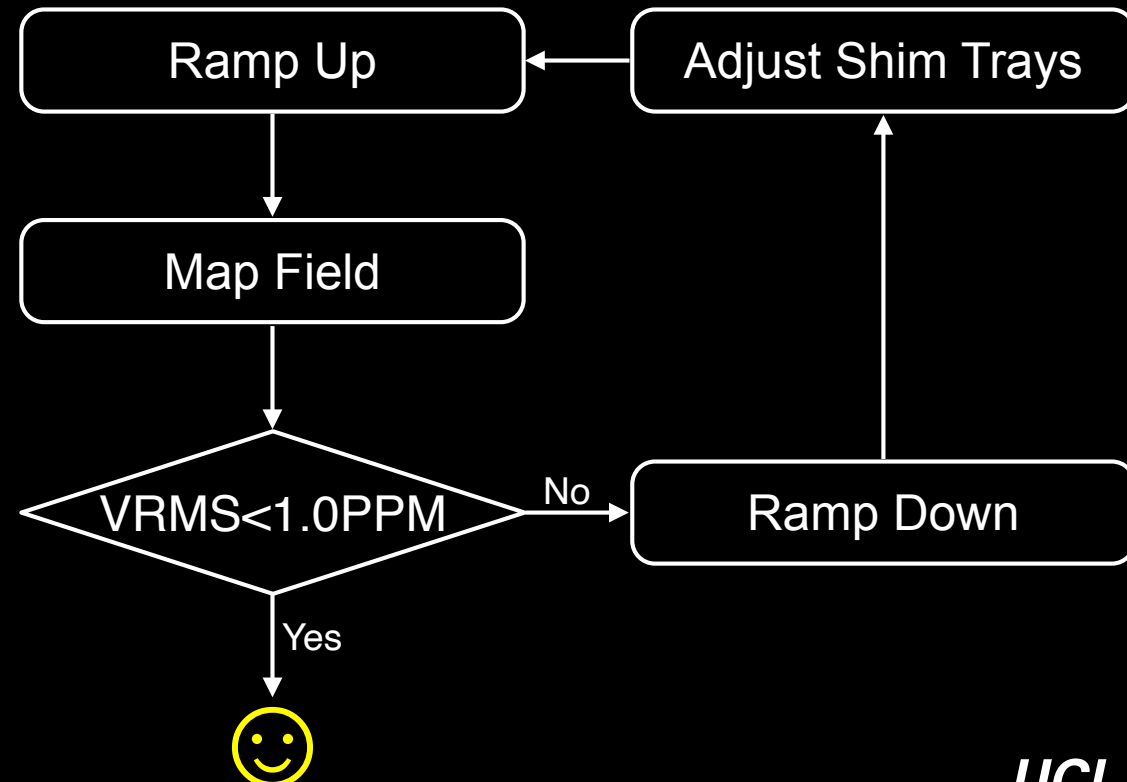
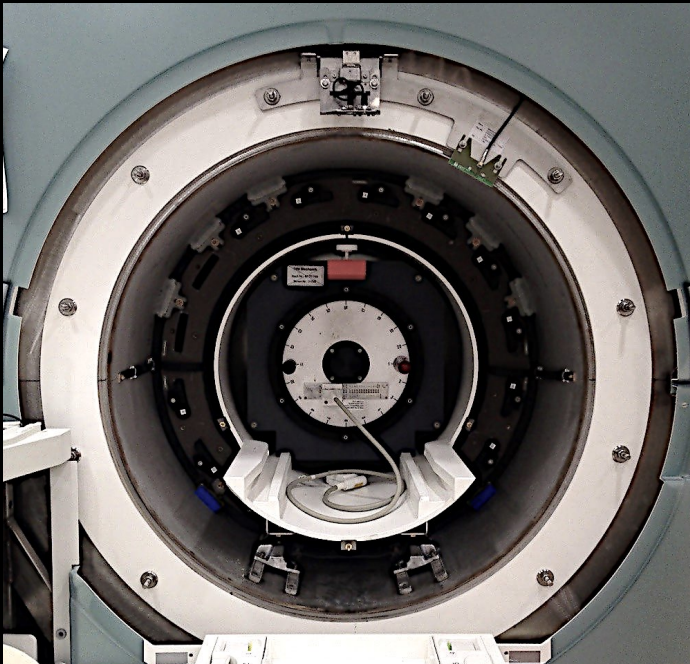
Large Shim Card

Small Shim Card

Sealed Shim Deck

# Passive B<sub>0</sub> Field Shims

- Small ferromagnetic cards are slotted into trays to shape the magnetic field and off-set field inhomogeneities.
- First order compensation for:
  - Manufacturer tolerances
  - Local conditions



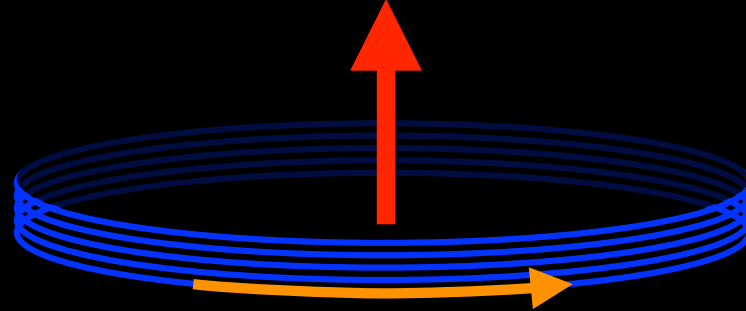


# Active B<sub>0</sub> Field Shims

- Several **active shim coils** within the magnet
  - Small constant +/- currents tune the shim.
  - The small magnetic fields compensate for inhomogeneities.
- Second order compensation for
  - Coil effects
  - Patient effects
- Passive+Active shimming still results in an imperfect magnetic field.

# Z-Axis Active Shim

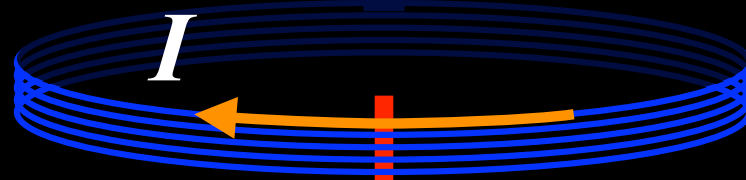
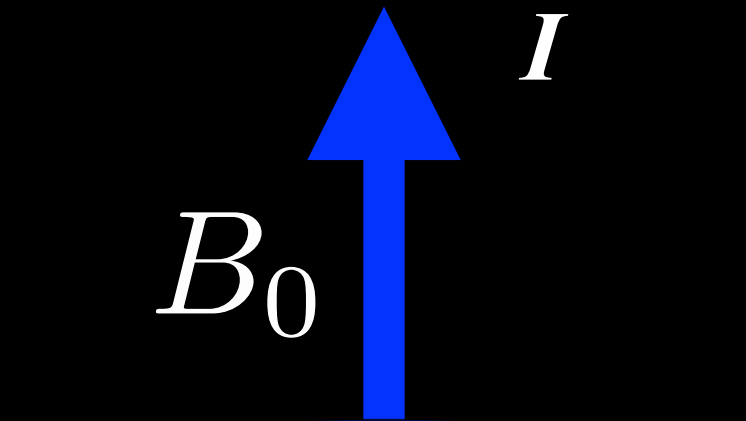
$$B_0 + \delta B_0$$



$$B = \mu I N L^{-1}$$

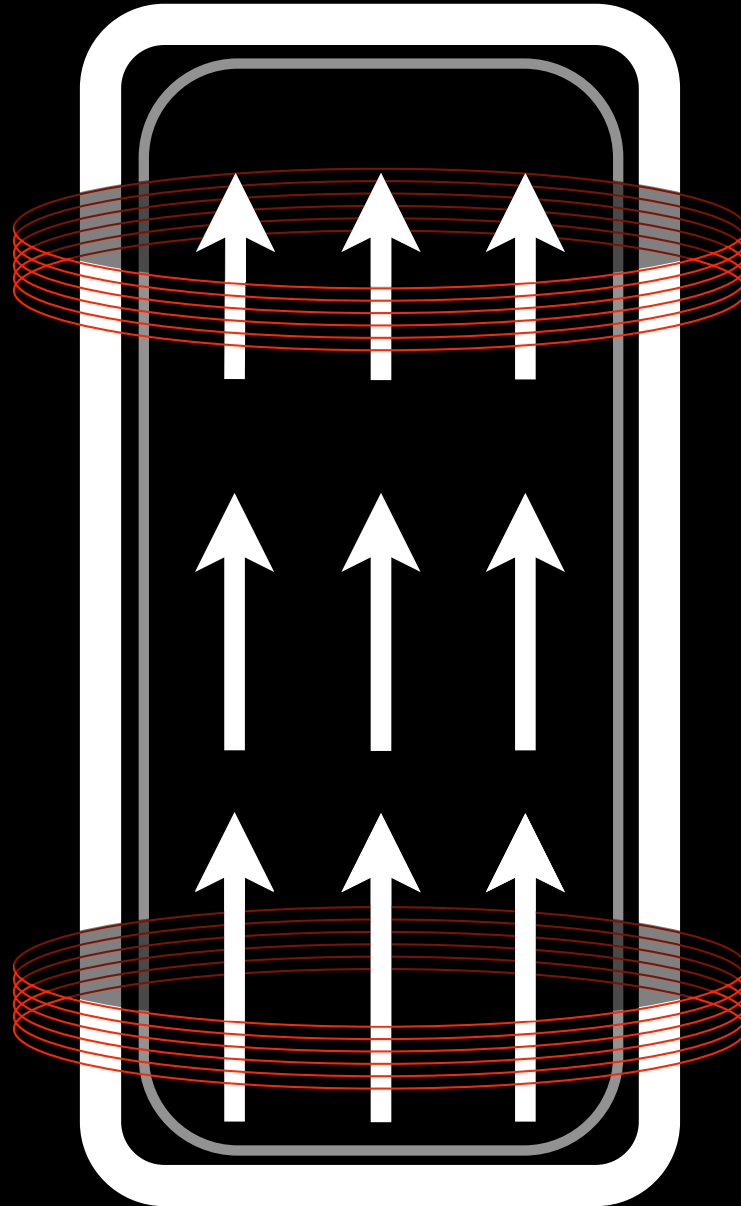
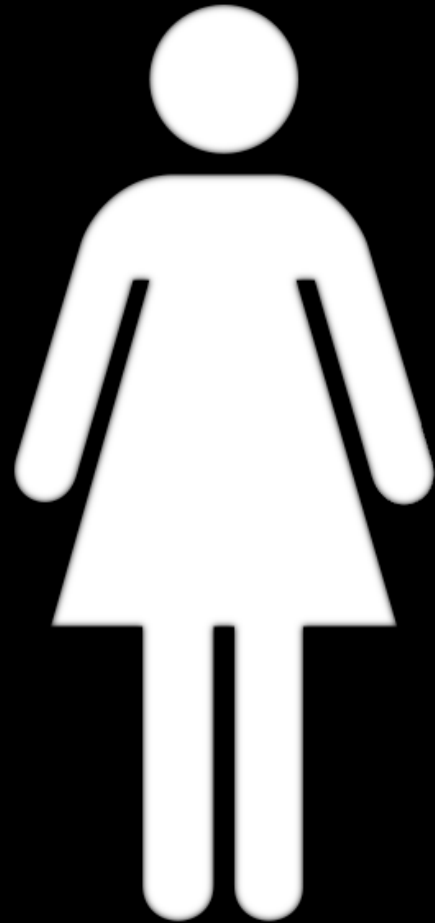
**Maxwell  
Pair Coil**

$$B_0$$



$$B_0 - \delta B_0$$

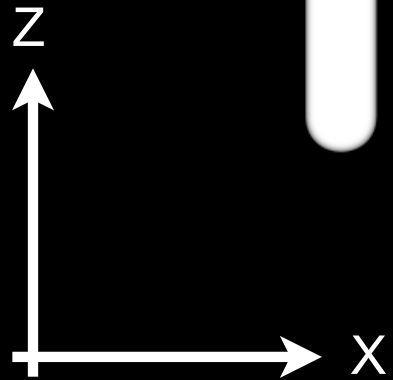
# Z-Axis Active Shim - Off



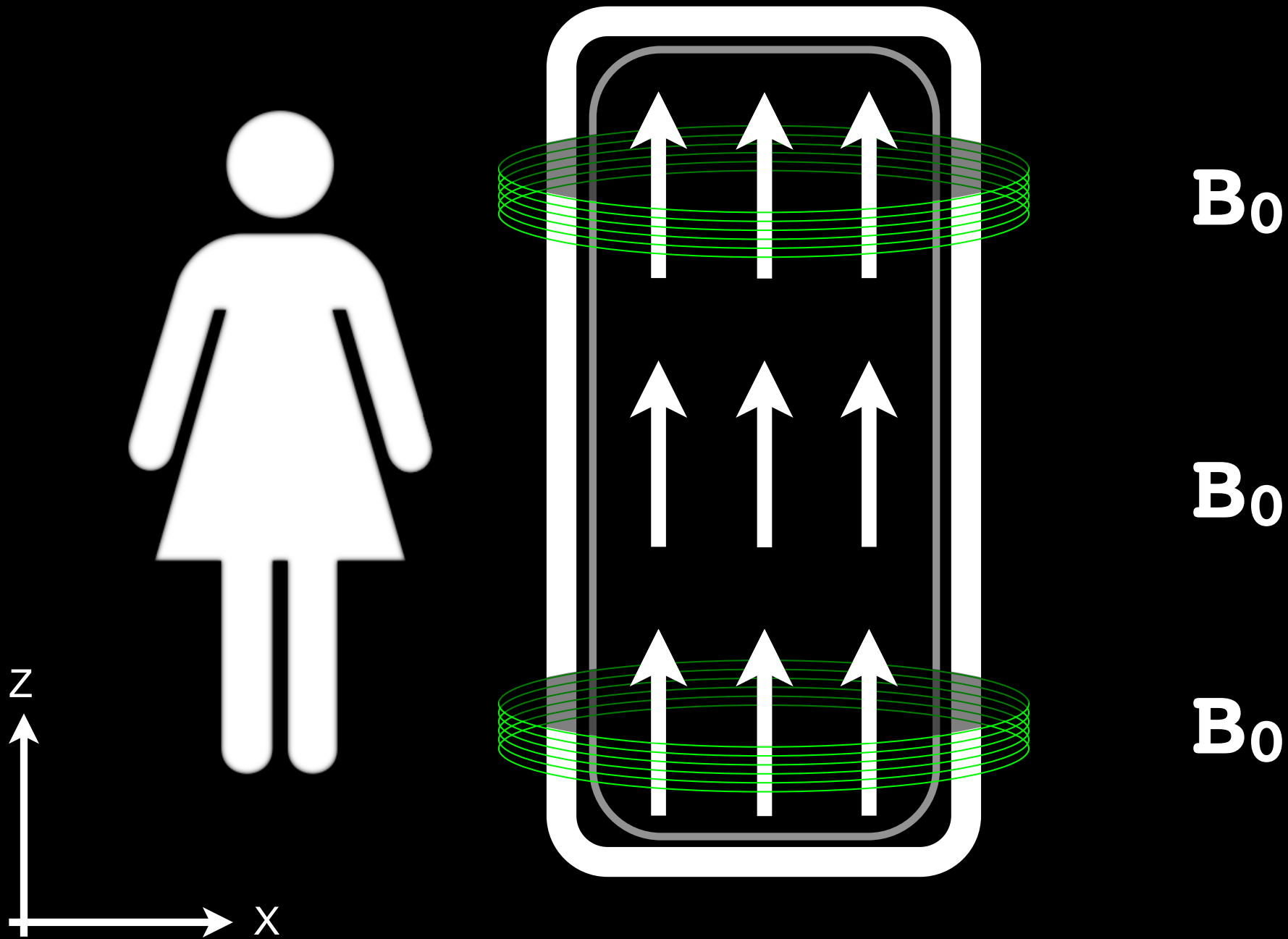
$B_0 - \Delta B$

$B_0$

$B_0 + \Delta B$



# Z-Axis Active Shim - On

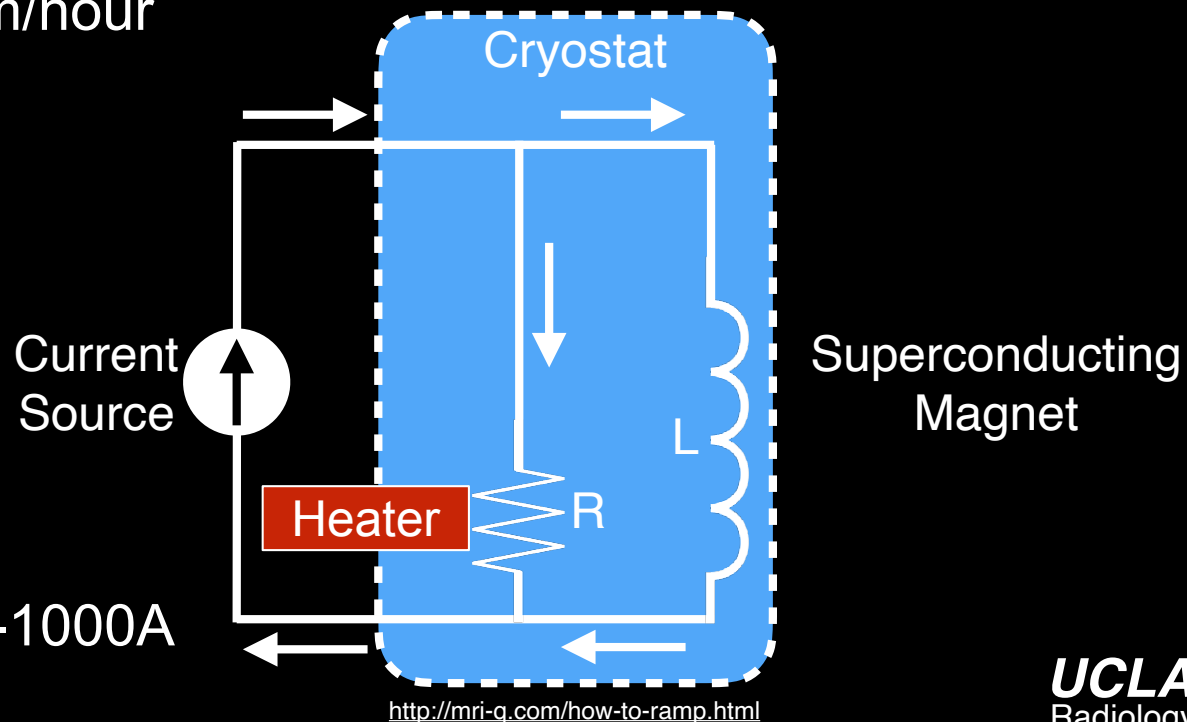
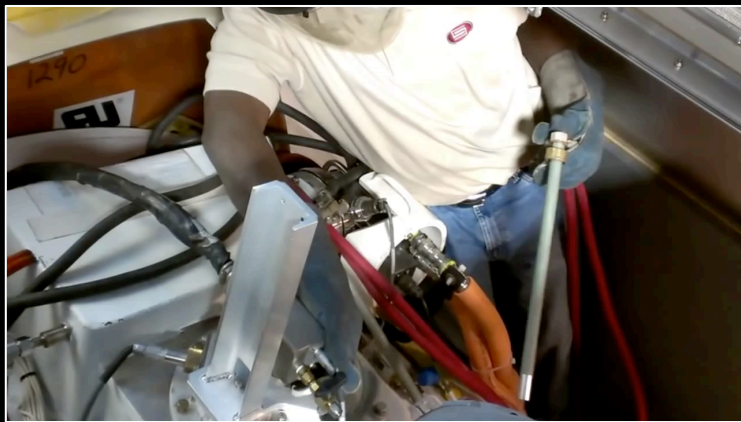


$B_0$  is more homogeneous with the active shim coil turned on.

# $B_0$ Ramping & Quenching

# Ramping Up the Field

- Pumping in current energizes the field
  - Requires some resistive wires
- Short circuit main windings with superconductor
  - “*persistent switch*”
- Turn off power supply
- Magnet now in **Persistent Mode**
  - Magnetic field stability persists for many months
  - $B = B_0 e^{-(R/L)/t}$  or  $< 1 \text{ ppm/hour}$



– steady state current 500-1000A

# Ramping Up the Field

Siemens Magnet Technology Ltd  
Wharf Road, Eynsham, WITNEY,  
Oxford, OX29 4BP England

3600 PORTABLE POWER SUPPLY  
612963  
VA07 I

(1P) MODEL NO. 08366613  
(S) SERIAL NO. 36000255 636- 000T

**FUSE RATINGS**      **WEIGHT - 85kg**

F1: 3.15AT  
F2: 3.15AT  
F3: 3.15AT (500V)  
F4: 3.15AT (500V)

**RATING WITH 171-144 3600AUTOTX**

**INPUT RATINGS**

X1 { VOLTAGE: 400V 3~  
FREQ: 50/60Hz  
CURRENT: 14.45A  
POWER: 10kW

**OUTPUT RATINGS**

X3 { VOLTAGE: 12V ===  
CURRENT: 725A  
POWER: 8.0kW

X4 { VOLTAGE: 110V ~  
CURRENT: 2A  
POWER: 220VA

**RATING DIRECT MAINS POWER**

**INPUT RATINGS**

X1 { VOLTAGE: 400V 3~  
FREQ: 50/60Hz  
CURRENT: 16A  
POWER: 11kW

**OUTPUT RATINGS**

X3 { VOLTAGE: 12V ===  
CURRENT: 725A  
POWER: 8.7kW

X4 { VOLTAGE: 110V ~  
CURRENT: 2A  
POWER: 220VA

CLASSIFIED  
C UL US  
MEDICAL ELECTRICAL EQUIPMENT WITH  
RESPECT TO ELECTRICAL SHOCK, FIRE,  
MECHANICAL HAZARDS ONLY IN ACCORDANCE  
WITH UL 2601-1 AND CAN/CSA C22.2 NO. 601.1  
94RA

CE

⚠



# Quenching the Field

- Only performed under life threatening circumstances
  - May occur spontaneously (e.g. unmonitored cryogen leak)
- Loss of superconductivity is positive-feedback cycle
- Huge energy dissipation (MJ)
  - Loud bang
  - Electrical arcing (kV)
  - Cryogen boil-off



Quench Button



Cryogen Vent



Active Quench & Cryogen Venting





# MRI Quench



# Cost of a Quench

- Hardware replacement if damaged
- ~2000 L of Helium @ \$10/liter
- 2-4 days of down time
- Engineer's time
- Cost of electricity to ramp field



# MRI Advantages

# Soft Tissue Contrast



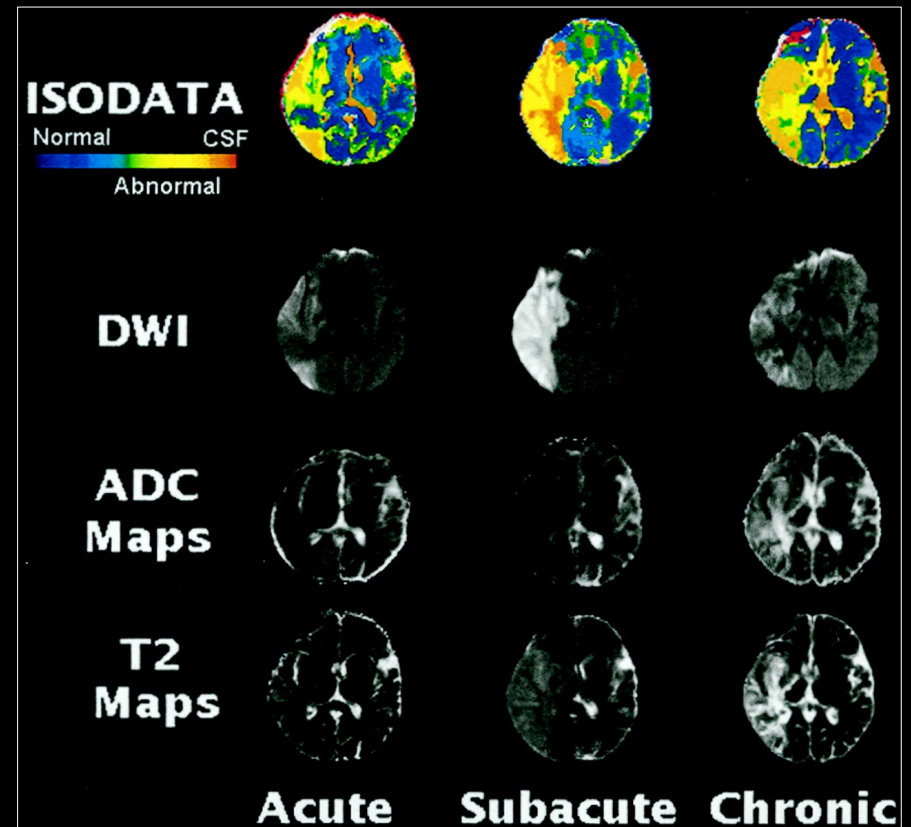
# Tissue Characterization

- **Routine**

- T<sub>1</sub>, T<sub>2</sub>, T<sub>2</sub><sup>\*</sup>, proton weighted
- Perfusion
- Diffusion
- Contrast enhancement
  - Tumor evaluation

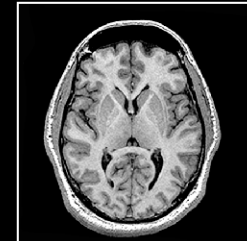
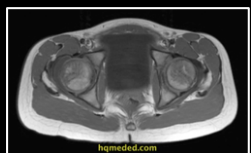
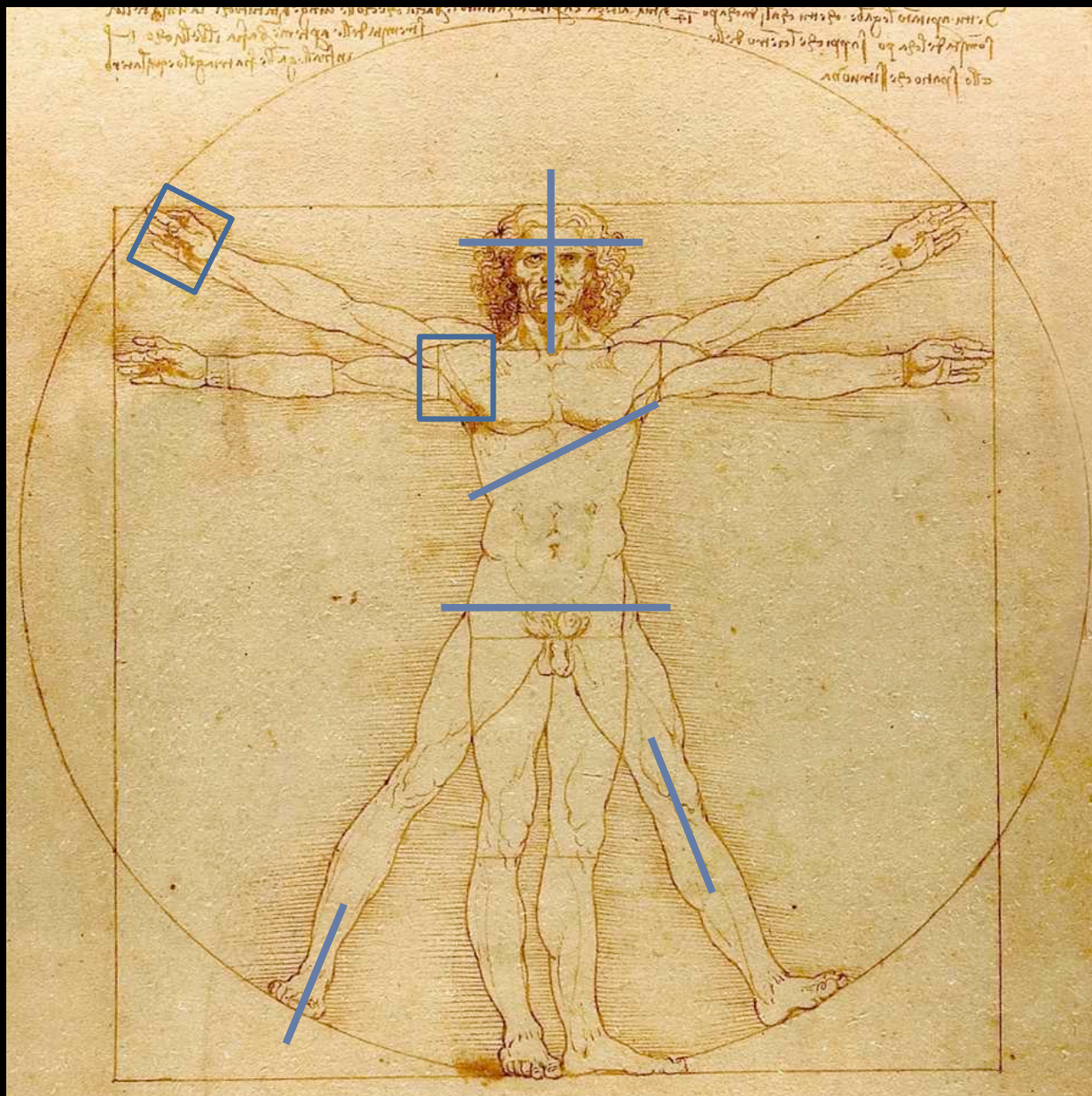
- **Advanced**

- T1- and T2-mapping
- Fat/Water & Iron quantification
- Spectroscopy (molecular)
- Susceptibility weighted imaging (SWI) for blood products and calcium
- Non-contrast angiography



Demonstration of the multiparametric ISODATA segmentation methodology and corresponding DWI (b=1000 s/mm<sup>2</sup>), ADC map, and T2 map at different times after stroke. *Jacobs M A et al. Stroke. 2001;32:950-957*

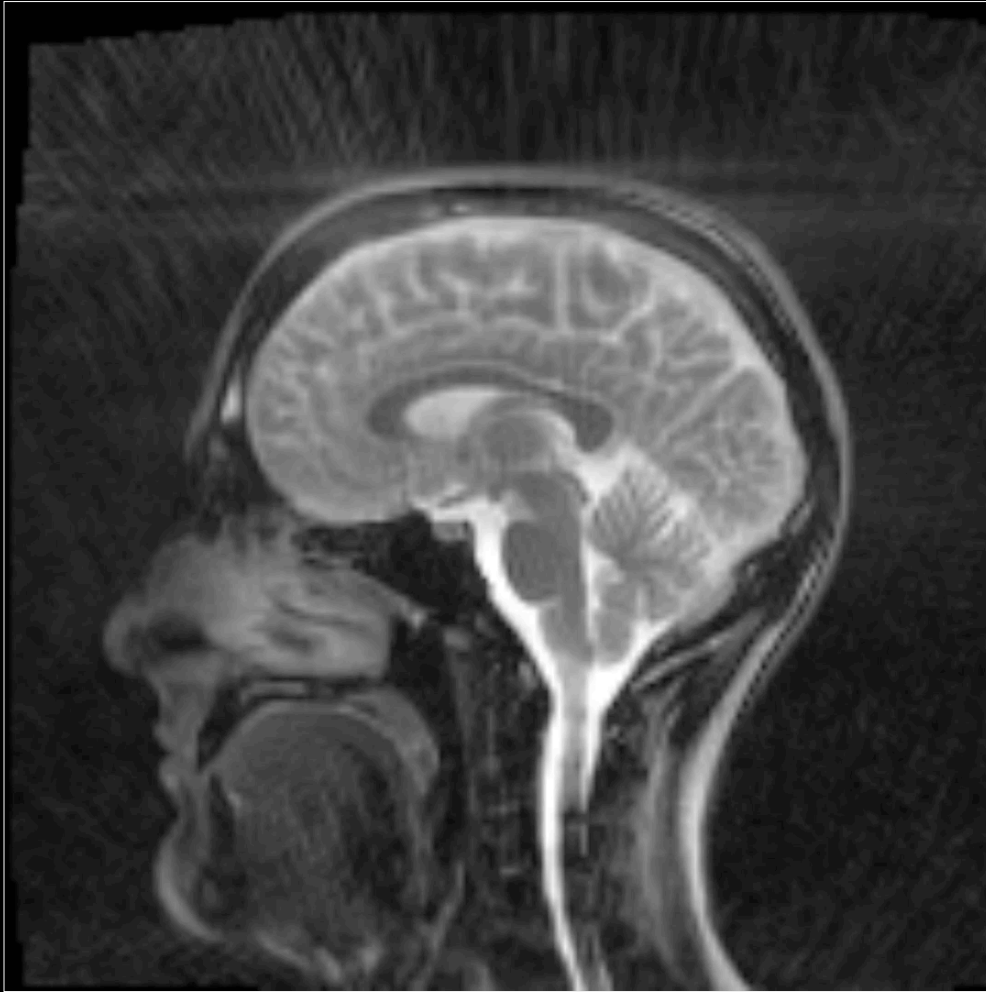
# Arbitrary Imaging Planes



# No Ionizing Radiation



# Image Physiologic Motion





# MRI Disadvantages

# MRI - Disadvantages

- **Safety**
  - Main Field ( $B_0$ )
  - Radiofrequency Field ( $B_1$ )
  - Gradients ( $G_x$ ,  $G_y$ , and  $G_z$ )
- **Slow**
- **Expensive**
- **Technically challenging**



# Patient Screening Forms

## MAGNETIC RESONANCE (MR) PROCEDURE SCREENING FORM FOR PATIENTS

Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Patient Number \_\_\_\_\_

Name \_\_\_\_\_ Age \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_  
Last name First name Middle Initial

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Male  Female  Body Part to be Examined \_\_\_\_\_  
month day year

Address \_\_\_\_\_ Telephone (home) (\_\_\_\_) \_\_\_\_-\_\_\_\_

City \_\_\_\_\_ Telephone (work) (\_\_\_\_) \_\_\_\_-\_\_\_\_

State \_\_\_\_\_ Zip Code \_\_\_\_\_

Reason for MRI and/or Symptoms \_\_\_\_\_

Referring Physician \_\_\_\_\_ Telephone (\_\_\_\_) \_\_\_\_-\_\_\_\_

1. Have you had prior surgery or an operation (e.g., arthroscopy, endoscopy, etc.) of any kind?  No  Yes  
 If yes, please indicate the date and type of surgery:  
 Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Type of surgery \_\_\_\_\_  
 Date \_\_\_\_/\_\_\_\_/\_\_\_\_ Type of surgery \_\_\_\_\_
2. Have you had a prior diagnostic imaging study or examination (MRI, CT, Ultrasound, X-ray, etc.)?  No  Yes  
 If yes, please list: Body part \_\_\_\_\_ Date \_\_\_\_\_ Facility \_\_\_\_\_
- | MRI   | CT/CAT Scan | X-Ray | Ultrasound | Nuclear Medicine | Other |
|-------|-------------|-------|------------|------------------|-------|
| _____ | _____       | _____ | _____      | _____            | _____ |
| _____ | _____       | _____ | _____      | _____            | _____ |
| _____ | _____       | _____ | _____      | _____            | _____ |
| _____ | _____       | _____ | _____      | _____            | _____ |
3. Have you experienced any problem related to a previous MRI examination or MR procedure?  No  Yes  
 If yes, please describe: \_\_\_\_\_
4. Have you had an injury to the eye involving a metallic object or fragment (e.g., metallic slivers, shavings, foreign body, etc.)?  No  Yes  
 If yes, please describe: \_\_\_\_\_
5. Have you ever been injured by a metallic object or foreign body (e.g., BB, bullet, shrapnel, etc.)?  No  Yes  
 If yes, please describe: \_\_\_\_\_
6. Are you currently taking or have you recently taken any medication or drug?  No  Yes  
 If yes, please list: \_\_\_\_\_
7. Are you allergic to any medication?  No  Yes  
 If yes, please list: \_\_\_\_\_
8. Do you have a history of asthma, allergic reaction, respiratory disease, or reaction to a contrast medium or dye used for an MRI, CT, or X-ray examination?  No  Yes
9. Do you have anemia or any disease(s) that affects your blood, a history of renal (kidney) disease, renal (kidney) failure, renal (kidney) transplant, high blood pressure (hypertension), liver (hepatic) disease or seizures?  No  Yes  
 If yes, please describe: \_\_\_\_\_
- For female patients:**
10. Date of last menstrual period: \_\_\_\_/\_\_\_\_/\_\_\_\_ Post menopausal?  No  Yes
11. Are you pregnant or experiencing a late menstrual period?  No  Yes
12. Are you taking oral contraceptives or receiving hormonal treatment?  No  Yes
13. Are you taking any type of fertility medication or having fertility treatments?  No  Yes  
 If yes, please describe: \_\_\_\_\_
14. Are you currently breastfeeding?  No  Yes

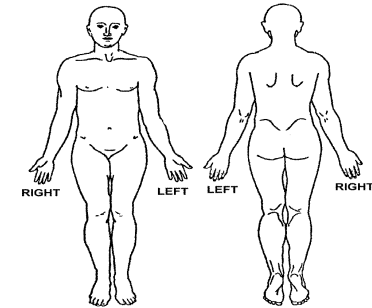


**WARNING:** Certain implants, devices, or objects may be hazardous to you and/or may interfere with the MR procedure (i.e., MRI, MR angiography, functional MRI, MR spectroscopy). **Do not enter** the MR system room or MR environment if you have any question or concern regarding an implant, device, or object. Consult the MRI Technologist or Radiologist **BEFORE** entering the MR system room. The MR system magnet is **ALWAYS** on.

### Please indicate if you have any of the following:

- |                              |                             |  |
|------------------------------|-----------------------------|--|
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Aneurysm clip(s)                               |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Cardiac pacemaker                              |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Implanted cardioverter defibrillator (ICD)     |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Electronic implant or device                   |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Magnetically-activated implant or device       |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Neurostimulation system                        |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Spinal cord stimulator                         |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Internal electrodes or wires                   |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Bone growth/bone fusion stimulator             |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Cochlear, otologic, or other ear implant       |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Insulin or other infusion pump                 |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Implanted drug infusion device                 |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Any type of prosthesis (eye, penile, etc.)     |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Heart valve prosthesis                         |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Eyelid spring or wire                          |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Artificial or prosthetic limb                  |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Metallic stent, filter, or coil                |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Shunt (spinal or intraventricular)             |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Vascular access port and/or catheter           |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Radiation seeds or implants                    |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Swan-Ganz or thermodilution catheter           |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Medication patch (Nicotine, Nitroglycerine)    |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Any metallic fragment or foreign body          |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Wire mesh implant                              |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Tissue expander (e.g., breast)                 |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Surgical staples, clips, or metallic sutures   |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Joint replacement (hip, knee, etc.)            |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Bone/joint pin, screw, nail, wire, plate, etc. |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | IUD, diaphragm, or pessary                     |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Dentures or partial plates                     |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Tattoo or permanent makeup                     |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Body piercing jewelry                          |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Hearing aid                                    |
|                              |                             | (Remove before entering MR system room)        |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Other implant _____                            |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Breathing problem or motion disorder           |
| <input type="checkbox"/> Yes | <input type="checkbox"/> No | Claustrophobia                                 |

Please mark on the figure(s) below the location of any implant or metal inside of or on your body.



### IMPORTANT INSTRUCTIONS

**Before entering the MR environment or MR system room, you must remove all metallic objects including hearing aids, dentures, partial plates, keys, beeper, cell phone, eyeglasses, hair pins, barrettes, jewelry, body piercing jewelry, watch, safety pins, paperclips, money clip, credit cards, bank cards, magnetic strip cards, coins, pens, pocket knife, nail clipper, tools, clothing with metal fasteners, & clothing with metallic threads.**

**Please consult the MRI Technologist or Radiologist if you have any question or concern BEFORE you enter the MR system room.**

**NOTE: You may be advised or required to wear earplugs or other hearing protection during the MR procedure to prevent possible problems or hazards related to acoustic noise.**

I attest that the above information is correct to the best of my knowledge. I read and understand the contents of this form and had the opportunity to ask questions regarding the information on this form and regarding the MR procedure that I am about to undergo.

Signature of Person Completing Form: \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_  
Signature

Form Completed By:  Patient  Relative  Nurse \_\_\_\_\_  
Print name Relationship to patient

Form Information Reviewed By: \_\_\_\_\_  
Print name Signature

MRI Technologist  Nurse  Radiologist  Other \_\_\_\_\_

**Patient and personnel screening before an MRI exam is critical.**

# MRI - Contraindication?

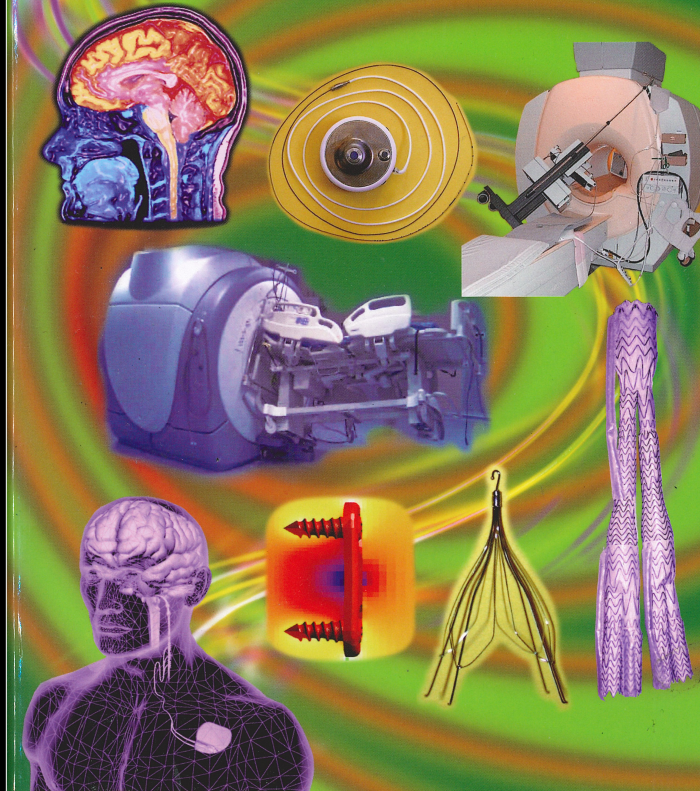
## Box 2 Example of a check list with potential contraindications to an MRI examination

If any of the following is checked, evaluation of the individual risk has to be performed before the MRI examination

- ▶ Aneurysm clip(s)
- ▶ Any metallic fragment or foreign body
- ▶ Coronary and peripheral artery stents
- ▶ Aortic stent graft
- ▶ Prosthetic heart valves and annuloplasty rings
- ▶ Cardiac occluder devices
- ▶ Vena cava filters and embolisation coils
- ▶ Haemodynamic monitoring and temporary pacing devices, eg, Swan-Ganz catheter
- ▶ Haemodynamic support devices
- ▶ Cardiac pacemaker
- ▶ Implanted cardioverter-defibrillator (ICD)
- ▶ Retained transvenous pacemaker and defibrillator leads
- ▶ Electronic implant or device, eg, insulin pump or other infusion pump
- ▶ Permanent contraceptive devices, diaphragm, or pessary
- ▶ Cochlear, otologic, or other ear implant
- ▶ Neurostimulation system
- ▶ Shunt (spinal or intraventricular)
- ▶ Vascular access port and/or catheter
- ▶ Tissue expander (eg, breast)
- ▶ Joint replacement (eg, hip, knee, etc)
- ▶ Any type of prosthesis (eg, eye, penile, etc)
- ▶ Tattoo or permanent makeup
- ▶ Known claustrophobia
- ▶ Body piercing jewellery
- ▶ Hearing aid
- ▶ Renal insufficiency
- ▶ Known/possible pregnancy or breast feeding

Modified from: Shellock FG, Crues JV. MR procedures: biologic effects, safety, and patient care. *Radiology* 2004;232:635-52.

## Reference Manual for Magnetic Resonance Safety, Implants, and Devices: 2014 Edition



*Frank G. Shellock, Ph.D.*

# MRI Safety Designations



**MR Safe:** “An item that poses no known hazards in all MR environments.” (e.g. a plastic Petri dish)



**MR Conditional:** “An item that has been demonstrated to pose no known hazards in a specified MR environment with specified conditions of use. Field conditions that define the specified MR environment include field strength, spatial gradient, dB/dt (time rate of change of the magnetic field), radio frequency fields, and specific absorption rate. Additional conditions, including specific configurations of the item, may be required.” (e.g. a Patient Monitor)



**MR Unsafe:** “An item that is known to pose hazards in all MR environments.” (e.g. Floor Buffer)

**“MRI Compatible” is not an FDA term.**

# B<sub>0</sub> Safety – Room Safety



\$2.9 Million Settlement Closes Colombini MRI Death Case

[5 Replies](#)

This week the settlement documents were released — closing the chapter on the lawsuit that arose from the seminal event in MRI safety, the 2001 oxygen tank fatality of then-six-year-old Michael Colombini.

Not MRI Compatible



MRI Compatible



B<sub>0</sub> is VERY strong and ALWAYS on.

# $B_0$ Safety – Implanted Devices



$B_0$  exerts a force or torque on implanted ferromagnetic devices.

# RF (B<sub>1</sub>) Safety - SAR Limits

- RF pulses deposit energy in the body.
- **Specific Absorption Rate [W/kg]**
  - Rate of energy absorption during exposure to RF
- High-field (>1.5T) imaging with high flip angles (>45-90°) can be challenging.  $SAR \propto \omega_0^2 B_1^2 \propto B_0^2 \alpha^2$

Limit	Whole-Body Average
<b>Normal (all patients)</b>	<b>2 W/kg (0.5°C)</b>
<b>First level (supervised)</b>	<b>4 W/kg (1°C)</b>

**The scanner (FDA!) limits SAR, which in turn limits the max. flip angle.**



# RF (B<sub>1</sub>) Safety - Burns & Heating

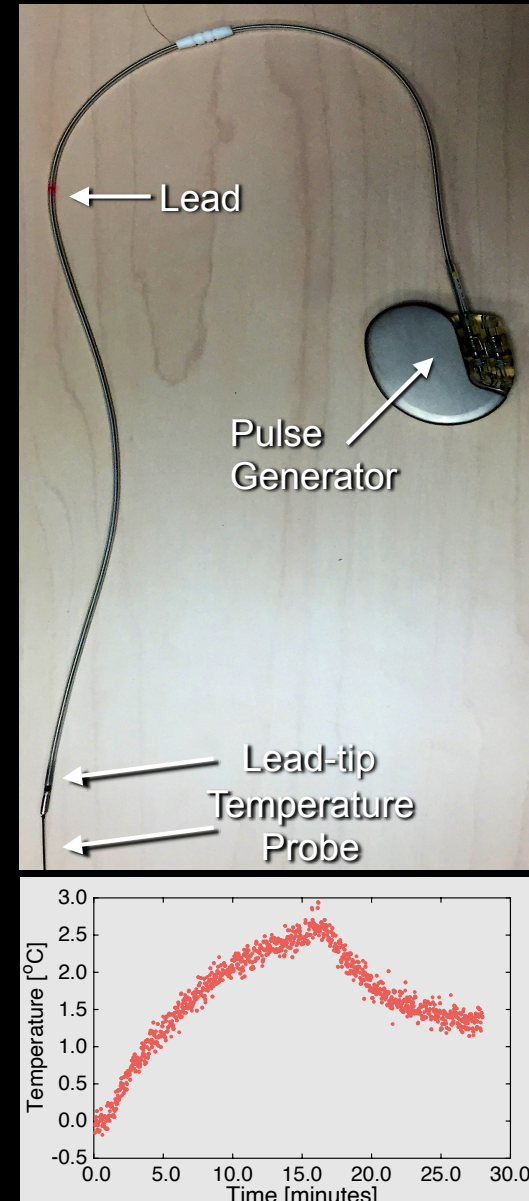
- Tissue burns
- RF induced heating of implanted devices



Eising EG et al. J. Clin. Imaging 2010;34(4):293-297.

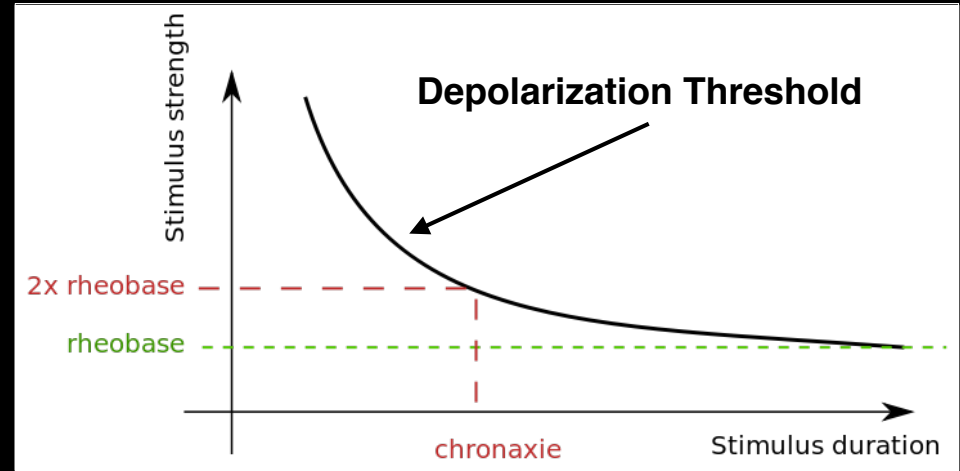
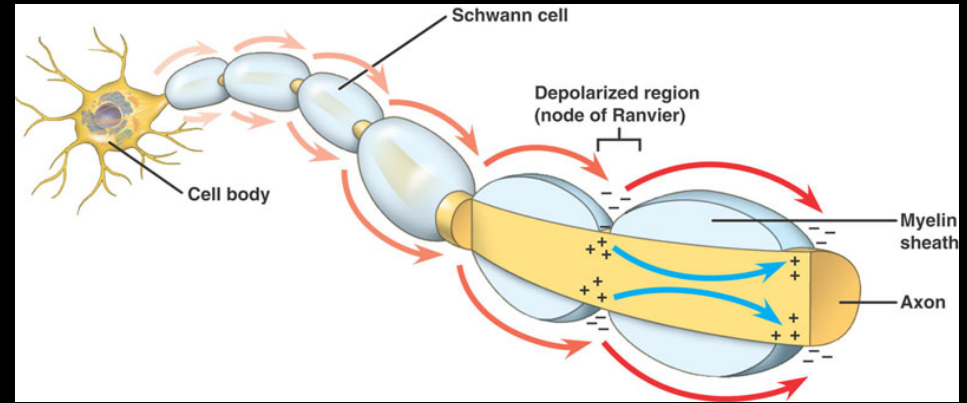
**Solution:** Avoid skin-to-skin loops; avoid arms directly touching scanner bore.

**RF energy contributes to patient and device heating (or burns!).**



# Gradient Safety

- Noise
- Peripheral nerve stimulation (PNS)



Solution: De-rate gradient slew rates, but this increases scan time.



Solution:

Ear plugs



Head phones

**Time-varying gradients induce mechanical vibrations and PNS.**

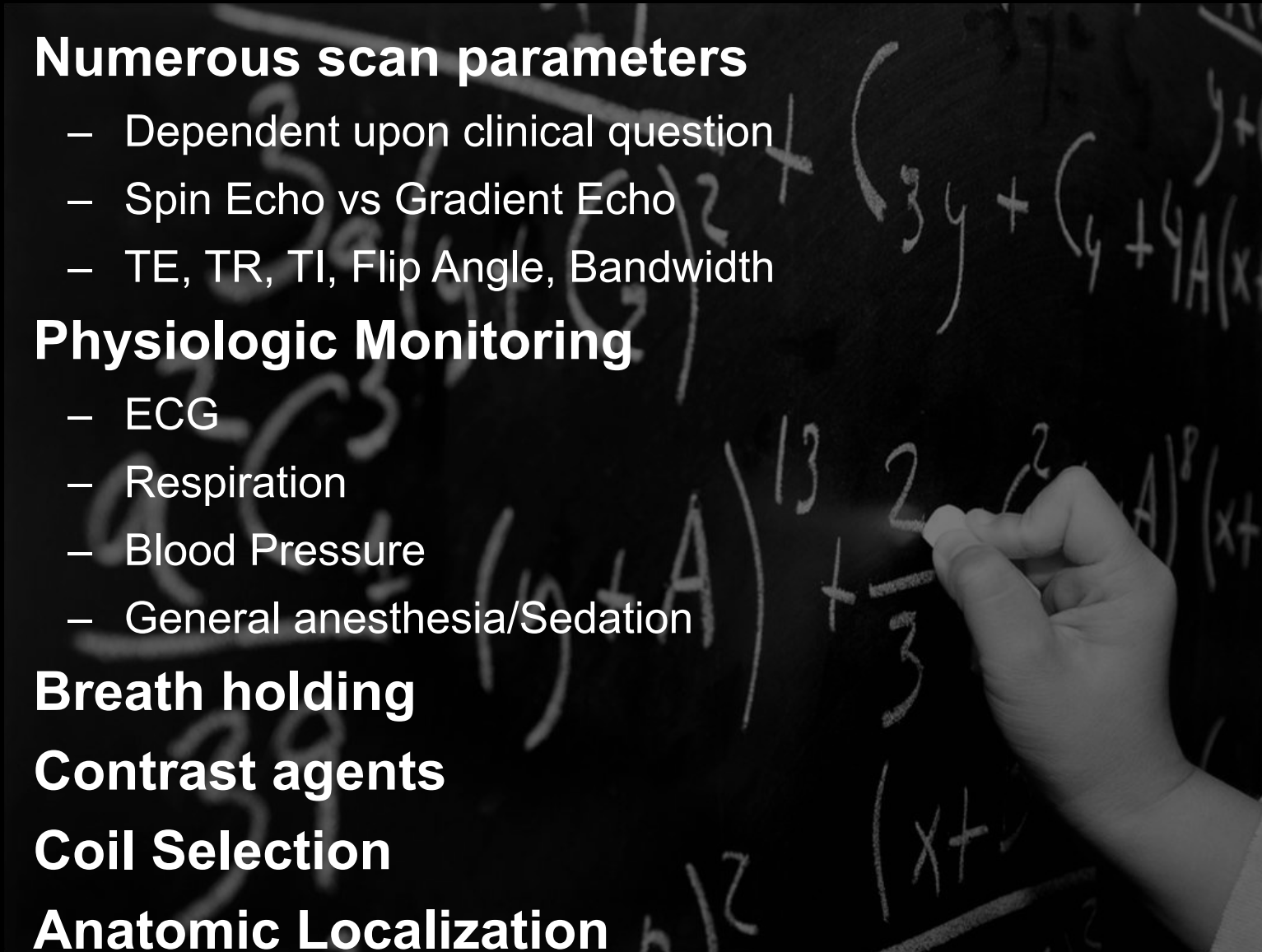
# MRI is Expensive

- **Purchase**
  - \$1-3 million
- **Site**
  - \$0.5-1.0 million
- **Maintain (Service Contract)**
  - \$100,000 per year
- **Operate**
  - \$500-1000/hour



# Technically Challenging

- **Numerous scan parameters**
  - Dependent upon clinical question
  - Spin Echo vs Gradient Echo
  - TE, TR, TI, Flip Angle, Bandwidth
- **Physiologic Monitoring**
  - ECG
  - Respiration
  - Blood Pressure
  - General anesthesia/Sedation
- **Breath holding**
- **Contrast agents**
- **Coil Selection**
- **Anatomic Localization**



Next time...

# Bulk Magnetization and Nuclear Precession



Kyung Sung, Ph.D.

[KSung@mednet.ucla.edu](mailto:KSung@mednet.ucla.edu)

<http://mrrl.ucla.edu/sunglab>